Claims

1. Use of a composition comprising lipid, protein and digestible carbohydrates for inducing satiety in a healthy person, wherein the lipid comprises:
   i. 30 to 90 wt.% vegetable fat, and
   ii. 10 to 70 wt.% mammalian milk fat,
   wherein all wt.% are based on total lipid of the composition,
   characterized in that the lipid is present in the form of lipid globules with the volume % of lipid globules with a diameter below 2 µm is above 60%, preferably above 70%, more preferably above 80, most preferably above 90%.

2. The use of claim 1, wherein the lipid is present in the form of lipid globules with the volume % of lipid globules with a diameter below 1.0 µm is above 60%, preferably above 70%, more preferably above 80, most preferably 82%.

3. The use of claim 1 or 2, wherein the lipid globules have a mode diameter, based on volume, of between 0.1 µm and 1.0 µm, preferably of between 0.1 µm and 0.8 µm, more preferably of between 0.1 µm and 0.6 µm, most preferably between 0.3 µm and 0.5 µm.

4. The use of any of the preceding claims, wherein the lipid is present in the form of lipid globules with the volume % of lipid globules with a diameter above 0.10 µm is above 60%, preferably above 70%, more preferably above 80, most preferably above 85%.

5. The use of any of the preceding claims wherein the composition is selected from one or more of the group consisting of an infant formula, a follow-up formula and young child formula.

6. The use of any of the preceding claims, wherein the person is aged 0 to 12 months or 12 to 36 months; or wherein the person is aged 18 years and above.

7. The use according to any one of the preceding claims wherein the lipid comprises at least 10 wt.% palmitic acid based on total fatty acids and at least 15 wt.% of palmitic acid, based on total palmitic acid, is located at the sn-2 position of a glycerol molecule.

8. The use according to any one of the preceding claims wherein the lipid comprises at least 0.5 wt.% phospholipid based on total lipid.

9. The use according to any one of the preceding claims wherein the lipid globules comprise a coating comprising phospholipid.

10. The use according to any one of the preceding claims wherein the composition comprises 0.25 to 20 wt.% non-digestible oligosaccharides based on dry weight of the formula, preferably wherein the non-digestible oligosaccharides are selected from one or more of galacto-oligosaccharides, and fructo-oligosaccharides.

11. The use according to any of the preceding claims wherein the composition further comprises one or more human milk oligosaccharide (HMO), preferably wherein the HMO is selected from one or more selected from the group of core HMO, sialylated HMO, and fucosylated HMO, more preferably wherein the HMO is selected from the group consisting of 3'-Sialyllactose (3'SL); 6'-Sialyllactose (6'SL); 2'- Fucosyllactose (2'FL); 3-Fucosyllactose (3-FL); lacto-N-tetraose (LNT), lacto-N-neotetraose (LNnT) and disialyllacto-N-tetraose (DSLNT); most preferably wherein the HMO is 2’-FL.

12. The use according to any one of the preceding claims wherein the composition comprises 1.8 to 3.5 g protein/100 kcal, preferably 1.8 to 2.1 g protein/100 kcal; and 4 to 6 g lipid/100 kcal; and 5 to 20 g digestible carbohydrates/100 kcal; or alternatively wherein the composition, when ready to drink, comprises 60 to 70 kcal per 100 ml.