AGENT FOR IMPROVING BRAIN FUNCTION AND AGENT FOR PREVENTING OR TREATING COGNITIVE IMPAIRMENT

ABSTRACT

A problem to be solved by the invention is to provide a novel, safe and side-effect-free agent for improving brain function and a novel, safe and side-effect-free agent for preventing or treating cognitive impairment which can form a ketone body in the human body, and which do not cause diarrhea and/or nausea and are in a form that is easy to take. The invention provides an agent for improving brain function and agent for preventing or treating cognitive impairment, which comprises: 5 to 50 parts by weight of a protein; 5 to 80 parts by weight of a medium-chain fatty acid triglyceride as a lipid; and 1 to 50 parts by weight of a carbohydrate, per 100 parts by weight.

[Fig. 3]