

ABSTRACT

A method according to one aspect of the present disclosure is a method of cooling down a liquid container that stores a cryogenic liquid. The method includes: combining spraying supply of supplying the cryogenic liquid into the liquid container by spraying and non-spraying supply of supplying the cryogenic liquid into the liquid container; and when a temperature of the liquid container becomes lower than a predetermined threshold, starting the non-spraying supply or increasing the amount of cryogenic liquid supplied in the non-spraying supply.