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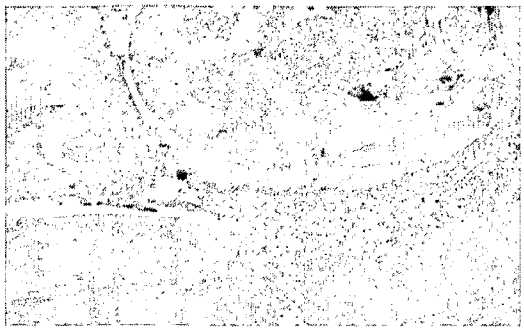
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(54) **Title:** NUTRITIONAL PRODUCTS FOR AMELIORATING SYMPTOMS OF RHEUMATOID ARTHRISTIS

Oxepa group. Elbow from the right fore limb of mouse no. 4. Mild synovial inflammation with few inflammatory cells, degree 1. H&E. 10x.



(57) **Abstract:** Disclosed are nutritional compositions for treating rheumatic diseases. The nutritional compositions contain a fat source containing at least one of: 1) at least one omega-3 long chain polyunsaturated fatty acid and 2) at least one omega-6 long chain polyunsaturated fatty acid; a carbohydrate source; a protein source; and at least one of a Boswellia extract and a Phlebodium extract. Also disclosed are methods of treating rheumatic diseases and symptoms thereof, involving administering to a subject an effective amount of the aforementioned nutritional composition.

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