CLAIMS:

1. A method for determining a psychological counseling training scheme, comprising:

obtaining training feeling data of a user after each session of psychological counseling training through an interactive inquiry with the user, wherein the training feeling data is used to indicate feeling of the user after the psychological counseling training;

inputting the training feeling data into a first classification model, identifying a training result of the user after each session of psychological counseling training by using the first classification model, and collecting statistics about a training result of the user in a current training period, wherein the first classification model is a model obtained by training an initial ultra-long text classification model; and

determining a training scheme of the user for a next training period based on the training result in the current training period of the user,

wherein the inputting the training feeling data into a first classification model, identifying a training result of the user after each session of psychological counseling training by using the first classification model, and collecting statistics about a training result of the user in a current training period comprises:

inputting the training feeling data of the user after each session of psychological counseling training into the first classification model to generate an N1-dimensional vector corresponding to the training result, wherein each dimension vector in the N1-dimensional vector corresponds to one category of training feeling data, and each dimension vector indicates a training feeling level of the user by using a number;

performing same-position accumulation on N1-dimensional vectors corresponding to multiple training results of the user in the first training period when the user has completed multiple sessions of psychological counseling training in a first training period, to generate an N2-dimensional vector corresponding to the training result of the user in the first training period; and

generating an (N2*M)-dimensional vector for a training result in a second training period of the user, wherein M represents a quantity of first training periods contained in each second training period.

2. The method according to claim 1, wherein before the inputting the training feeling data of

the user after each session of psychological counseling training into the first classification model to generate an N1-dimensional vector corresponding to the training result, the method further comprises:

obtaining first sample data, wherein the first sample data comprises at least one of the following categories: data used to describe a post-training idea, data used to describe post-training body feelings, and data used to describe post-training emotional feeling;

annotating a training feeling level of each category of the first sample data; and

training the first classification model by using the annotated first sample data, wherein different categories of first sample data are used to correspondingly train different categories of first classification models.

3. The method according to claim 1, wherein after the generating an (N2*M)-dimensional vector for a training result in a second training period of the user, the method further comprises:

counting a quantity of training sessions of the user that are completed in the second training period to serve as an (N2*M+1)-dimensional vector.

4. The method according to claim 3, wherein the determining a training scheme in a next training period of the user based on the training result in the current training period of the user comprises:

obtaining a feedback result of the user after the current second training period ends through an interactive inquiry with the user;

determining a training scheme of the user for a next second training period according to a preset training procedure when the feedback result of the user indicates that expected effects are achieved; and

inputting the training result in the current second training period of the user into a second classification model when the feedback result of the user indicates that expected effects are not achieved or the user does not explicitly provide feedback, and determining the training scheme of the user for the next second training period by using the second classification model, wherein the second classification model is a model obtained by training an initial classifier model.

5. The method according to claim 4, wherein the determining the training scheme of the user for a next second training period by using the second classification model comprises:

inputting an L-dimensional vector corresponding to statistics of the user in the current second training period into the second classification model, wherein the L-dimensional vector comprises an (N2*M)-dimensional vector corresponding to the training result in the current training period of the user or an (N2*M+1)-dimensional vector corresponding to the training result and a quantity of training sessions of the user in the current training period;

outputting a psychological tendency result of the user by using the second classification model, wherein the psychological tendency result is used to indicate whether the training of the user in the current second training period achieves expected effects; and

determining the training scheme of the user for the next second training period based on the psychological tendency result of the user.

6. The method according to claim 4 or 5, wherein before the determining the training scheme of the user for a next second training period by using the second classification model, the method further comprises:

obtaining second sample data composed of an L-dimensional vector corresponding to statistics of the user in one second training period;

annotating a psychological tendency result corresponding to the second sample data, wherein the psychological tendency result comprises at least one of the following: satisfaction and dissatisfaction; and

training the second classification model by using the annotated second sample data.

7. The method according to claim 6, wherein when the feedback result of the user indicates that expected effects are achieved, the method further comprises:

obtaining a target L-dimensional vector corresponding to statistics of the user in the current second training period;

annotating a psychological tendency result corresponding to the target L-dimensional vector as satisfaction; and

inputting the annotated target L-dimensional vector into the second classification model for

training, and updating the second classification model.

8. An apparatus for determining a psychological counseling training scheme, comprising:

an obtaining module, configured to obtain training feeling data of a user after each session of psychological counseling training through an interactive inquiry with the user, wherein the training feeling data is used to indicate feeling of the user after the psychological counseling training;

a processing module, configured to input the training feeling data into a first classification model, identify a training result of the user after each session of psychological counseling training by using the first classification model, and collect statistics about a training result of the user in a current training period, wherein the first classification model is a model obtained by training an initial ultra-long text classification model; and

a determining module, configured to determine a training scheme of the user for a next training period based on the training result in the current training period of the user,

wherein the processing module is further configured to:

input the training feeling data of the user after each session of psychological counseling training into the first classification model to generate an N1-dimensional vector corresponding to the training result, wherein each dimension vector in the N1-dimensional vector corresponds to one category of training feeling data, and each dimension vector indicates a training feeling level of the user by using a number;

perform same-position accumulation on N1-dimensional vectors corresponding to multiple training results of the user in the first training period when the user has completed multiple sessions of psychological counseling training in a first training period, to generate an N2-dimensional vector corresponding to the training result of the user in the first training period; and

generate an (N2*M)-dimensional vector for a training result in a second training period of the user, wherein M represents a quantity of first training periods contained in each second training period.

9. A computer-readable storage medium, wherein the storage medium stores a computer program, and the computer program is configured to perform the method according to any one of claims 1 to 7 while being executed.

10. An electronic device, comprising a memory and a processor, wherein the memory stores a computer program, and the processor is configured to execute the computer program to perform the method according to any one of claims 1 to 7.