

ABSTRACT

The present invention aims to provide a composition for promoting uric acid excretion. Specifically, the
5 present invention aims to provide a composition for promoting uric acid excretion, wherein the composition promotes uric acid excretion by URAT1 inhibition, a composition for inhibiting URAT1, a composition for lowering blood uric acid level, a method of promoting uric
10 acid excretion, a method of inhibiting URAT1, and a method of lowering blood uric acid level. The present invention relates to a composition for promoting uric acid excretion and the like, containing at least one flavanone compound selected from the group consisting of a flavanone free of
15 methoxy groups or having one methoxy group and a flavanone glycoside free of methoxy groups or having one methoxy group as an active ingredient.