

ABSTRACT

Various embodiments relate to an apparatus for adjusting a height of a resting plate comprising: a hydraulic means configured to support the resting plate, and configured to move along an axis to adjust the height of the resting plate; and an activator connected to the hydraulic means, and configured to activate and control the hydraulic means to move along the axis to adjust the height of the resting plate, or deactivate the hydraulic means to stop at the adjusted height, based on first external force on the activator.

FIG. 1