

Abstract

There is provided a scrambled-egg-like food product capable of reproducing a scrambled egg that has well-balanced softness and elasticity and has a smooth texture with a soft-boiled taste, and a cooked-egg-like food product using it. A scrambled-egg-like food product according to the present invention contains a gelled product and a fluid composition. The gelled product includes one or more plant-based milks selected from soy milk, oat milk, and almond milk, and alginic acid and/or a salt thereof. The fluid composition includes the plant-based milk.

No Figure