

Abstract

A more suitable eyewear lens color is selected. An eyewear lens color determination method has: a color acquisition step (step S1, step S2) of causing a person under evaluation of which trunk balance is to be measured to stand such that his/her posture becomes readily unstable upon external application of a force to the person under evaluation, then having the person under evaluation hold each of colored paper sheets of different colors in sequence, and measuring trunk balance of the person under evaluation based on a movement of the person under evaluation produced by externally applying a force thereto in order to acquire color information on the thing providing the result of good trunk balance; and a color determination step (step S3, step S4) of determining an eyewear lens color based on the color information acquired in the color acquisition step.

Fig. 2