WHERE IS CLAIMED IS:

1. A single-use pouch comprising:

a web folded to form a pouch having a front panel, a back panel, a top edge, a bottom edge, and two side edges, wherein the top edge, the bottom edge and one of the two side edges are sealed, the other of the two side edges is a fold line, ~~and~~ the front panel and the back panel define an interior space, and at least the majority of at least one of the front panel and the back panel is transparent; and

———a liquid ~~product~~human milk fortifier contained in the interior space~~;~~, and the liquid human milk fortifier is visible through at least one of the front panel and the back panel,

wherein the interior space includes a body and a spout, one side of the spout defined by the fold line, and the spout in fluid communication with the body and through which the ~~product~~liquid human milk fortifier is dispensed from the pouch.

2. The single-use pouch of claim 1 wherein the fold line acts as a channel to guide liquid product from the body towards an opening at the end of the spout.

3. The single-use pouch of claim 1 wherein a width of the pouch is at least three times a width of the spout.

4. The single-use pouch of claim 1 wherein the interior space includes a transition portion connecting the spout and the body, wherein the transition portion defines a travel path for the liquid product, and the travel path is at an angle to the fold line.

5. The single-use pouch of claim 1 wherein at least one of the front panel and the rear panel includes a line of weakness positioned between the top edge and the body, and in a path transverse to the spout.

6. The single-use pouch of claim 1 further comprising a gripping portion positioned between the top edge and the body.

7. The single-use pouch of claim 6 wherein the gripping portion includes a portion of the front panel sealed to a portion of the back panel.

8. The single-use pouch of claim 7 wherein at least one of the front panel and the rear panel includes a line of weakness positioned entirely within the gripping portion.

9. The single-use pouch of claim 6 wherein the gripping portion defines a side of the spout opposite the fold line.

10. The single-use pouch of claim 1 wherein the liquid product is aseptically processed.

~~11. The single-use pouch of claim 1 wherein the liquid product is a human milk fortifier.~~

~~12~~

11. The single-use pouch of claim 1 wherein the liquid product is manually kneadable within the interior space.

~~13~~12. The single-use pouch of claim ~~1 wherein the liquid product is visible through at least one of the front panel and the back panel.~~

~~14. The single-use pouch of claim 13~~11 wherein indicia is printed on the front panel and the back panel~~, and at least the majority of at least one of the front panel and the back panel is transparent.~~.

~~15~~13. The single-use pouch of claim 1 wherein the web is a multi-layer plastic laminate.

14. The single-use pouch of claim 1 wherein an amount of the liquid human milk fortifier contained in the interior space is 5 mil.