# CLAIMS

1. Shower jet outlet device, preferably for a sanitary shower device, comprising

- a jet disk (4) including at least one jet disk opening (5) and

- a jet outlet element (6) disposed in the jet disk opening,

- wherein the jet outlet element (6) is pot-shaped with an outlet-sided bottom (6a), a side wall (6b) and a hollow chamber (6c) delimited by the bottom and the side wall,

- wherein the bottom is arranged facing in the jet outlet direction and includes a plurality of fine jet openings (7), and

- wherein the bottom and the side wall of the jet outlet element are made of an elastic material and the jet outlet element is configured to deform by bulging of its bottom and its side wall, in response to a fluid operating pressure present in the hollow chamber.

2. Shower jet outlet device according to claim 1, wherein the fine jet openings have an outlet cross section of in each case at most 0.2mm2, preferably at most 0.1mm2.

3. Shower jet outlet device according to claim 1 or 2, wherein an outer diameter of the bottom and the side wall is at most 10mm, preferably at most 6mm.