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(71) Applicant *(for all designated States except US)*: **WYETH** [US/US]; Five Giralda Farms, Madison, NJ 07940 (US).

(72) Inventors; and

(75) Inventors/Applicants *(for US only)*: **WHITTEMORE, Lise-Anne** [US/US]; 11 Tanglewood Road, East Walpole, Norfolk, MA 02032 (US). **LI, Xiangping** [US/US]; 30 Rice Road, Wayland, MA 01778 (US).

(74) Agent: **GARRETT, Arthur, S.**; Finnegan, Henderson, Farrabow Garrett & Dunner, L.L.P., 1300 I Street, N.W., Washington, DC 20005-3315 (US).

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(54) Title: THERAPEUTIC AND PROPHYLACTIC METHODS FOR NEUROMUSCULAR DISORDERS

(57) Abstract: The disclosure provides methods for treating neuromuscular disorders in mammals. The disclosed methods include administering therapeutically effective amounts of a GDF-8 inhibitor and a corticosteroid to a subject susceptible to, or having, a neuromuscular disorder, so as to maintain desirable levels of muscle function.