

METHOD FOR REPORTING POWER HEADROOM REPORT AND TERMINAL

CROSS-REFERENCE TO RELATED APPLICATIONS

5 [0001] This application claims priority to Chinese Patent Application No. 202010152859.X in China on March 6, 2020, which is incorporated herein by reference in its entirety.

TECHNICAL FIELD

10 [0002] Embodiments of the present invention relate to the field of wireless communications technologies, and in particular, to a method for reporting a power headroom report and a terminal.

BACKGROUND

15 [0003] User equipment (User Equipment, UE, also referred to as terminal) triggers reporting of a power headroom report (Power Headroom Report, PHR) based on a trigger condition specified in a protocol. However, the PHR in the related art includes only a power headroom (Power Headroom, PH) corresponding to a cell. When the UE uses different antenna panels (antenna panel) or different beams (beam) to perform transmission with a network side, PHs corresponding to the panels or beams are usually different. However, the PHR in the related art does not include such information, and consequently accurate and precise power control cannot be
20 guaranteed.

SUMMARY

[0004] Embodiments of the present invention provide a method for reporting a power headroom report and a terminal, so as to resolve the problem in the related art that only a PH corresponding to a cell is included in a PHR, and it is difficult to ensure accurate and precise power control.

[0005] In order to resolve the foregoing technical problem, the present invention is implemented as follows:

[0006] According to a first aspect, an embodiment of the present invention provides a method for reporting a power headroom report, applied to a terminal and including: in a case that a trigger condition for reporting a power headroom report is satisfied, reporting a power headroom report, where the power headroom report includes power headroom report information of at least one power control object, and the power control object is an antenna panel or a beam.

[0007] According to a second aspect, an embodiment of the present invention provides a terminal, including:

a reporting module, configured to: in a case that a trigger condition for reporting a power headroom report is satisfied, report a power headroom report, where the power headroom report includes power headroom report information of at least one power control object, and the power control object is an antenna panel or a beam.

[0008] According to a third aspect, an embodiment of the present invention further provides a terminal, including a processor, a memory, and a computer program stored in the memory and capable of running on the processor, where when the computer program is executed by the processor, the steps of the method for reporting a power headroom report according to the first aspect are implemented.

[0009] According to a fourth aspect, an embodiment of the present invention provides a computer-readable storage medium, where a computer program is stored in the computer-readable storage medium, and when the computer program is

executed by a processor, the steps of the method for reporting a power headroom report according to the first aspect are implemented.

5 [0010] In the embodiments of the present invention, the terminal can report a power headroom of an antenna panel or a beam when reporting the power headroom report, not limited to reporting only a power headroom corresponding to a cell, thereby ensuring accurate and precise power control.

BRIEF DESCRIPTION OF DRAWINGS

[0011] Other advantages and benefits will become apparent to those of ordinary skill in the art by reading detailed description of the exemplary embodiments below.
10 The accompanying drawings are merely intended to illustrate the objectives of the preferred embodiments and are not intended to limit the present invention. Throughout the accompanying drawings, the same reference numerals represent the same components. In the accompanying drawings:

[0012] FIG. 1 is a schematic architectural diagram of a wireless communications system according to an embodiment of the present invention;
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[0013] FIG. 2 is a schematic flowchart of a method for reporting a power headroom report according to an embodiment of the present invention;

[0014] FIG. 3 is a schematic diagram of a format of a single-entry PHR MAC CE in the related art;

20 [0015] FIG. 4 and FIG. 5 are schematic diagrams of a format of a multi-entry PHR MAC CE in the related art;

[0016] FIG. 6 is a schematic structural diagram of a terminal according to an embodiment of the present invention;

[0017] FIG. 7 is a schematic structural diagram of a terminal according to
25 another embodiment of the present invention; and

[0018] FIG. 8 is a schematic structural diagram of a terminal according to still another embodiment of the present invention.

DETAILED DESCRIPTION OF EMBODIMENTS

[0019] In the specification and claims of this application, the term "include" and any other variants thereof are intended to cover the non-exclusive inclusion, for example, a process, method, system, product, or device that includes a list of steps or units is not necessarily limited to those expressly listed steps or units, but may include other steps or units not expressly listed or inherent to such a process, method, system, product, or device. In addition, in the specification and claims, the use of "and/or" represents presence of at least one of the connected objects, for example, "A and/or B" indicates the following three cases: A alone, B alone, or both A and B.

[0020] In the embodiments of the present invention, the terms "an example" or "for example" are used to represent an example, an illustration, or a description. Any embodiment or design scheme described as "an example" or "for example" in the embodiments of the present invention should not be construed as being more preferred or advantageous than other embodiments or design schemes. To be precise, the words such as "an example" or "for example" are intended to present a related concept in a specific manner.

[0021] The following describes the embodiments of the present invention with reference to the accompanying drawings. A method for reporting a power headroom report and a terminal that are provided by the embodiments of the present invention may be applied to a wireless communications system. The wireless communications system may be a 5G system, an evolved long term evolution (Evolved Long Term Evolution, eLTE) system, or a subsequent evolved communications system.

[0022] Referring to FIG. 1, FIG. 1 is a schematic architectural diagram of a wireless communications system according to an embodiment of the present invention. As shown in FIG. 1, the wireless communications system may include a network-side device 11 and a terminal 12. The terminal 12 may be connected to the network-side device 11. In an actual application, connection between the foregoing devices may be wireless connection. To conveniently and intuitively represent a connection relationship between the devices, a solid line is used in FIG. 1.

[0023] It should be noted that the foregoing communications system may include a plurality of terminals 12, and the network-side device 11 may communicate with the plurality of terminals 12 (transmitting signaling or data).

[0024] The network-side device 11 provided in this embodiment of the present invention may be a base station. The base station may be a commonly used base station, or may be an evolved node base station (evolved node base station, eNB), or may be a device such as a network-side device (for example, a next generation base station (next generation node base station, gNB)), a transmission and reception point (transmission and reception point, TRP), or a cell (cell) in a 5G system; or a network-side device in a later evolved communications system.

[0025] The terminal 12 provided in some embodiments of the present invention may be a mobile phone, a tablet computer, a notebook computer, an ultra-mobile personal computer (Ultra-Mobile Personal Computer, UMPC), a netbook, a personal digital assistant (Personal Digital Assistant, PDA), or the like.

[0026] Referring to FIG. 1, the present invention provides a method for reporting a power headroom report, applied to a terminal and including:

[0027] Step 11: In a case that a trigger condition for reporting a power headroom report is satisfied, report a power headroom report, where the power headroom report includes power headroom report information of at least one power control object, and the power control object is an antenna panel (panel) or a beam (beam).

[0028] In this embodiment of the present invention, the antenna panel may also be referred to as: an antenna group, an antenna port group, an antenna set, an antenna port set, a beam set, a beam sub-set, an antenna array, an antenna port array, an antenna sub-array, an antenna port sub-array, a logical entity, an entity, an antenna entity, or the like.

[0029] In this embodiment of the present invention, the beam may also be referred to as: beam information, spatial relation (spatial relation) information, spatial domain transmission filter (spatial domain transmission filter) information, spatial filter (spatial filter) information, transmission configuration indicator state (TCI state) information, quasi-colocation (QCL) information, a QCL parameter, or

the like. The downlink beam information may be usually represented by TCI state information or QCL information. Uplink beam information may be usually represented by using spatial relation information.

[0030] In this embodiment of the present invention, the terminal can report a power headroom of an antenna panel or a beam when reporting the power headroom report, not limited to reporting only a power headroom corresponding to a cell, thereby ensuring accurate and precise power control.

[0031] The following briefly describes the power headroom reporting (Power Headroom reporting, PHR).

[0032] The PHR is used to provide the following information to a network side:

[0033] Type 1 power headroom (Type 1 power headroom): indicates a difference between a nominal UE maximum transmit power (nominal UE maximum transmit power) and an estimated power for transmitting an uplink shared channel (Uplink Shared Channel, UL-SCH) of each active serving cell (serving cell).

[0034] Type 2 power headroom (Type 2 power headroom): indicates a difference between a nominal UE maximum transmit power and an estimated power for transmitting an UL-SCH and a physical uplink control channel (Physical Uplink Control Channel, PUCCH) of a special cell (Special Cell, SpCell) of other MAC entities (MAC entity), where the other MAC entities herein may be an evolved UMTS terrestrial radio access (E-UTRA) MAC entity for dual connectivity of MCG in E-UTRA and SCG in NR (EN-DC), NR-E-UTRA dual connectivity (NE-DC), and NG-RAN E-UTRA-NR dual connectivity (NGEN-DC).

[0035] Type 3 power headroom (Type 3 power headroom): indicates a difference between a nominal UE maximum transmit power (nominal UE maximum transmit power) and an estimated power for transmitting a sounding reference signal (SRS) of each active serving cell.

[0036] In this embodiment of the present invention, optionally, the power headroom report information includes at least one of the following:

power headroom (PH);

information about the serving cell, for example, an index (index) of a cell;

maximum transmit power;

P-MPR;

5 duty cycle (duty cycle); and

indication information used to indicate whether there is power backoff.

[0037] The following describes the trigger condition for reporting the power headroom report.

10 [0038] In this embodiment of the present invention, optionally, the trigger condition includes at least one of the following:

[0039] (1) A current power control object has changed.

[0040] Changing may be to change or having changed from the current power control object to another power control object.

15 [0041] In this embodiment of the present invention, optionally, the current power control object is a power control object currently used by the terminal to connect to or perform transmission with the network side.

[0042] The another power control object may be a power control object that is currently not used by the terminal, not activated, not enabled, or not added.

20 [0043] In this embodiment of the present invention, optionally, that the current power control object has changed includes:

a network side indicates to change the current power control object; or

the terminal has changed the current power control object based on a preset change trigger condition.

25 [0044] (2) A pathloss measurement value or a variation of a pathloss measurement value of the current power control object satisfies a first preset condition.

[0045] The first preset condition is, for example, that the pathloss measurement value is greater than, equal to, or less than a first preset threshold, or the variation of a pathloss measurement value is greater than or equal to a second preset threshold.

[0046] (3) A power backoff value or a variation of a power backoff value of the current power control object satisfies a second preset condition.

[0047] The second preset condition is, for example, that the power backoff value is greater than or equal to a third preset threshold, or the variation of a power backoff value is greater than or equal to a fourth preset threshold.

[0048] (4) A power management maximum power reduction (Power Management Maximum Power Reduction, P-MPR) value or a variation of a P-MPR value of the current power control object satisfies a third preset condition.

[0049] The third preset condition is, for example, that the P-MPR value is greater than or equal to a fifth preset threshold, or the variation of a P-MPR value is greater than or equal to a sixth preset threshold.

[0050] (5) A P-MPR difference between the current power control object and a first power control object satisfies a fourth preset condition.

[0051] In this embodiment of the present invention, the first power control object is any power control object or a specified power control object in power control objects of the terminal, other than the current power control object. The specified control object may be, for example, a power control object with a smallest P-MPR in the power control objects, other than the current power control object.

[0052] The fourth preset condition is, for example, that the P-MPR difference is greater than, equal to, or less than a seventh preset threshold.

[0053] For example, assuming that the terminal has four antenna panels, a currently used antenna panel is an antenna panel 1, and unused antenna panels are antenna panels 2, 3, and 4. Assuming that a P-MPR difference between the antenna panel 2 and the antenna panel 1 is a, a P-MPR difference between the antenna panel 3 and the antenna panel 1 is b, and a P-MPR difference between the antenna panel 4 and the antenna panel 1 is c, where c is greater than the seventh preset threshold, it can be determined that the trigger condition for reporting a power headroom report is satisfied. The antenna panel 4 may or may not be an antenna panel to be currently changed to.

[0054] (6) A link quality value or a variation of a link quality value of the current power control object satisfies a fifth preset condition.

[0055] The fifth preset condition is, for example, that the link quality value is less than or equal to an eighth preset threshold, or the variation of a link quality value is greater than or equal to a ninth preset threshold.

[0056] In this embodiment of the present invention, optionally, link quality may be a reference signal received power (RSRP) and/or a signal-to-interference-plus-noise ratio (SINR). If the link quality includes both the RSRP and SINR, the RSRP and the SINR correspond to different determining thresholds.

[0057] (7) A link quality difference between the current power control object and the first power control object satisfies a sixth preset condition.

[0058] In this embodiment of the present invention, the first power control object is any power control object or a specified power control object in power control objects of the terminal, other than the current power control object. The specified control object may be, for example, a power control object with best link quality in the power control objects, other than the current power control object.

[0059] In this embodiment of the present invention, optionally, the link quality may be a reference signal received power (RSRP) and/or a signal-to-interference-plus-noise ratio (SINR).

[0060] (8) A power control object is activated, enabled, or added.

[0061] (9) Configuration information of the current power control object or the first power control object has changed.

[0062] In this embodiment of the present invention, the first power control object is any power control object or a specified power control object in power control objects of the terminal, other than the current power control object.

[0063] Configuration information of the power control object may include at least one of the following: a power control parameter (such as a pathloss reference signal, a maximum transmit power, and/or TPC), indication information for switching the power control object, indication information for enabling or disabling

the power control object, beam indication or beam update information of a channel (such as TCI state information of a downlink channel or downlink reference signal (RS) or spatial relation information of an uplink channel or uplink reference signal), control channel resource information (such as CORESET configuration information) corresponding to the power control object, and cell information corresponding to the power control object, or transmission and reception point (Transmission and Reception Point, TRP) identification information.

[0064] (10) Information about a serving transmission and reception point has changed.

[0065] The serving transmission and reception point is a transmission and reception point that is connected to or performs transmission with the terminal.

[0066] In this embodiment of the present invention, optionally, that information about the serving transmission and reception point has changed includes:

a network side configures or activates information about a new transmission and reception point; or

configuration information corresponding to the information about the serving transmission and reception point has changed; or

related configuration information of a control resource set has changed.

[0067] Optionally, the related configuration information includes at least one of control resource set pool index (CORESETPoolIndex) information, transmission configuration indicator state (TCI state) information, and search space (search space) information.

[0068] Optionally, the configuration information corresponding to the information about the serving transmission and reception point includes: at least one of a transmission and reception point identifier, CORESETPoolIndex information, a group identifier, a cell identity, and a physical cell identifier (PCI).

[0069] The following describes how to report the power headroom report.

[0070] In this embodiment of the present invention, at least one medium access control control element (MAC CE) may be used for reporting the power headroom report.

[0071] In this embodiment of the present invention, when reporting the power headroom report, the terminal may use a single-entry power headroom report medium access control control element (single entry PHR MAC CE) and a multi-entry power headroom report medium access control control element (multiple entry PHR MAC CE).

[0072] Referring to FIG. 3, the related single-entry PHR MAC CE includes the following reporting content:

cell power headroom (Power Headroom, PH); and

maximum cell transmit power (PCMAX,f,c), which may be used for calculating the PH.

[0073] Referring to FIG. 4 and FIG. 5, the related multi-entry PHR MAC CE includes the following reporting content:

whether there is a PH field (field) corresponding to a serving cell index (ServCellIndex);

whether the PH value is based on actual transmission or a reference format (reference format);

cell power headroom (PH) corresponding to ServCellIndex;

maximum cell transmit power corresponding to ServCellIndex (PCMAX, f, c); and

whether an MAC entity (MAC entity) adopts power backoff (power backoff) according to power management.

[0074] The following describes the MAC CE in this embodiment of the present invention.

[0075] (I) In some embodiments of the present invention, the power headroom report is reported by using one MAC CE, where the MAC CE carries power headroom report information of a preset power control object.

[0076] That is, the power headroom report information (such as the cell index, maximum transmit power, and/or PH) carried in the MAC CE all corresponds to the preset power control object.

[0077] In this embodiment of the present invention, the power headroom report may be reported by using an existing MAC CE format.

[0078] Optionally, the preset power control object is specified by the protocol or configured by the network side.

5 [0079] Optionally, the preset power control object is a current power control object, a to-be-changed-to power control object, or a changed-to power control object.

[0080] In this embodiment of the present invention, optionally, the network side may learn of the preset power control object corresponding to the power headroom report information carried by the MAC CE, and therefore the MAC CE may not
10 carry an identifier or corresponding number of the preset power control object.

[0081] In this embodiment of the present invention, optionally, the power headroom report information includes at least one of the following:

power headroom;
15 information about a serving cell;
maximum transmit power;
P-MPR;
duty cycle; and
indication information used to indicate whether there is power backoff.

20 [0082] (II) In some embodiments of the present invention, the power headroom report is reported by using one MAC CE, where the MAC CE carries power headroom report information of at least one power control object.

[0083] In some embodiments of the present invention, optionally, the MAC CE further carries identification information or corresponding index information of the
25 at least one power control object.

[0084] In some embodiments of the present invention, when the MAC CE carries power headroom report information of a plurality of power control objects, the power headroom report information of the plurality of power control objects is arranged in a preset order, for example, being arranged in an order of identifiers or
30 an order of corresponding numbers of the power control objects.

[0085] In this embodiment of the present invention, the identification information or the corresponding index information includes at least one of the following:

identification information or corresponding index information of an antenna panel;

identification information or corresponding index information of a beam; and

identification information or corresponding index information of an antenna panel, and identification information or corresponding index information of a beam corresponding to the antenna panel.

[0086] In this embodiment of the present invention, an identifier of the antenna panel may be: an antenna group identifier, an antenna port group identifier, antenna set identifier, an antenna port set identifier, a beam set identifier, a beam subset identifier, an antenna array identifier, an antenna port array identifier, an antenna subarray identifier, an antenna port subarray identifier, a logical entity identifier, an entity identifier, an antenna entity identifier, a reference signal resource configuration identifier, a reference signal resource identifier, a reference signal resource set identifier, a TCI state identifier, a Quasi-colocation (QCL) information identifier, a spatial relation identifier, or the like.

[0087] In this embodiment of the present invention, the at least one power control object may be all or part of the power control objects of the terminal.

[0088] In this embodiment of the present invention, optionally, the power control object includes a current power control object.

[0089] In this embodiment of the present invention, optionally, the power headroom report information includes at least one of the following:

power headroom;

information about a serving cell;

maximum transmit power;

P-MPR;

duty cycle; and

indication information used to indicate whether there is power backoff.

[0090] In this embodiment of the present invention, any one piece of information in the power headroom report information is specific to the serving cell (cell specific), or specific to the power control object (for example, panel specific or beam specific), or specific to a power control object corresponding to the serving cell.

[0091] (III) In some embodiments of the present invention, the power headroom report is reported by using a plurality of MAC CEs, where each of the MAC CEs carries power headroom report information of at least one power control object.

[0092] This embodiment includes two cases: one is that one MAC CE carries power headroom report information of one power control object; the other is that one MAC CE carries power headroom report information of a plurality of power control objects.

[0093] In some embodiments, each of the MAC CEs further carries identification information or corresponding index information of the power control object, for distinguishing.

[0094] In some embodiments, identification information of each of the MAC CEs corresponds to identification information of a corresponding power control object.

[0095] In this manner, a correspondence between identification information of MAC CEs and identification information of power control objects needs to be prescribed in advance or indicated by the network. For example, when one MAC CE carries power headroom report information of one power control object, the correspondence may be as follows: a MAC CE with an identifier 1 corresponds to an antenna panel A, and a MAC CE with an identifier 2 corresponds to an antenna panel B. For example, when one MAC CE carries power headroom report information of a plurality of power control objects, the correspondence may be as follows: the MAC CE with the identifier 1 corresponds to the antenna panels A and B, and the MAC CE with the identifier 2 corresponds to antenna panels C and D.

[0096] In some embodiments, optionally, when the MAC CE carries power headroom report information of a plurality of power control objects, the power

headroom report information of the plurality of power control objects is arranged in a preset order, for example, being arranged in an order of identifiers or an order of corresponding numbers of the power control objects.

[0097] In this embodiment of the present invention, the identification information or the corresponding index information includes at least one of the following:

identification information or corresponding index information of an antenna panel;

identification information or corresponding index information of a beam;

and

identification information or corresponding index information of an antenna panel, and identification information or corresponding index information of a beam corresponding to the antenna panel, for example, a specific beam of a specific antenna panel.

[0098] In this embodiment of the present invention, an identifier of the antenna panel may be: an antenna group identifier, an antenna port group identifier, antenna set identifier, an antenna port set identifier, a beam set identifier, a beam subset identifier, an antenna array identifier, an antenna port array identifier, an antenna subarray identifier, an antenna port subarray identifier, a logical entity identifier, an entity identifier, an antenna entity identifier, a reference signal resource configuration identifier, a reference signal resource identifier, a reference signal resource set identifier, a TCI state identifier, a Quasi-colocation (QCL) information identifier, a spatial relation identifier, or the like.

[0099] In this embodiment of the present invention, optionally, the power headroom report information includes at least one of the following:

power headroom;

information about a serving cell;

maximum transmit power;

P-MPR;

duty cycle; and

indication information used to indicate whether there is power backoff.

[00100] In this embodiment of the present invention, optionally, in a case that the MAC CE carries the power headroom report information of the at least one power control object, any one piece of information in the power headroom report
5 information is specific to the serving cell, or is specific to the power control object, or is specific to a power control object corresponding to the serving cell.

[00101] Further optionally, the power headroom and the maximum transmit power are specific to the power control object, or are specific to the power control object corresponding to the serving cell. Certainly, other information (such as
10 P-MPR) may also be specific to the power control object, or specific to the power control object corresponding to the serving cell.

[00102] In the foregoing embodiments, the power control object is:
an antenna panel;
a beam; and
15 a beam corresponding to an antenna panel.

[00103] When the MAC CE includes the identification information or corresponding index information of the power control object, and the power control object is a beam corresponding to an antenna panel, the MAC CE includes not only the identification information or corresponding index information of the antenna
20 panel, but also identification information or corresponding index information of the beam corresponding to the antenna panel.

[00104] The MAC CE used for reporting the power headroom report may carry power headroom report information of at least one antenna panel, or carry power headroom report information of at least one beam, or carry power headroom report
25 information of a beam corresponding to at least one antenna panel.

[00105] In some embodiments of the present invention, optionally, before the reporting a power headroom report, the method further includes: determining power headroom information based on a measurement result corresponding to the power control object.

[00106] The measurement result is, for example, a measurement result of a downlink reference signal (DL RS), such as a pathloss RS. For a pathloss reference (Path loss reference) in a 5G NR system, the network side may configure a plurality of downlink pathloss references for one cell simultaneously (for example, each pathloss reference corresponds to a different reference signal (for example, path_loss_reference_1 corresponds to a synchronization signal block 1 (Synchronous Signal Block 1, SSB1), and path_loss_reference_2 corresponds to an SSB2)). The plurality of downlink pathloss references of each cell may correspond to different power control objects, that is, being used for pathloss measurement corresponding to different power control objects. For uplink transmission (such as PUCCH, PUSCH, or SRS) of the terminal, the network side may indicate, by using RRC, MAC CE or, PDCCH, to change a pathloss reference currently used by the terminal.

[00107] In this embodiment of the present invention, the P-MPR and the like may alternatively be determined through other measurements.

[00108] For a power control object that is currently not used, not activated, not enabled, or not added, power headroom information may alternatively be determined based on a measurement result corresponding to the power control object, and the determined power headroom information is virtual power headroom information (virtual PH).

[00109] In some embodiments of the present invention, optionally, the determining power headroom information based on a measurement result corresponding to the power control object includes:

measuring a downlink reference signal corresponding to the power control object; and

determining a power headroom of the power control object based on a measurement result of the downlink reference signal.

[00110] In this embodiment of the present invention, optionally, all or part of calculation parameters used in determining the power headroom information are specific to the power control object.

[00111] That is, the power headroom information may be calculated by using a calculation formula in an existing 3GPP protocol. However, calculation parameters in the existing calculation formula are all cell-specific (cell specific). In implementation of the present invention, all or part of the calculation parameters used in the calculation formula may be changed to be specific to the power control object. Changing the calculation parameters to be specific to the power control object may be configured by a network-side device by using radio resource control (RRC) signaling. Alternatively, the formula is directly specified by the protocol.

[00112] In this embodiment of the present invention, optionally, the following formula is used for calculating the power headroom:

$$\begin{aligned}
 PH_{type1,b,f,c}(i,j,q_d,l) &= P_{MAX,f,c}(i) \\
 &- \{P_{O_{PUSCH},b,f,c}(j) + 10\log_{10}(2^\mu \cdot M_{RB,b,f,c}^{PUSCH}(i)) + \alpha_{b,f,c}(j) \\
 &\cdot PL_{b,f,c}(q_d) + \Delta_{TF,b,f,c}(i) + f_{b,f,c}(i,l)\} \\
 PH_{type2,b,f,c}(i,q_s) &= P_{MAX,f,c}(i) \\
 &- \{P_{O_{SRS},b,f,c}(q_s) + 10\log_{10}(2^\mu \cdot M_{SRS,b,f,c}(i)) + \alpha_{SRS,b,f,c}(q_s) \\
 &\cdot PL_{b,f,c}(q_d) + h_{b,f,c}(i)\}
 \end{aligned}$$

where, the calculation parameters include: a maximum transmit power $P_{MAX,f,c}(i)$, open-loop receive-end power target values $P_{O_{PUSCH},b,f,c}(j)$ and $P_{O_{SRS},b,f,c}(q_s)$, the number of resource blocks RBs $M_{RB,b,f,c}^{PUSCH}(i)$ and $M_{SRS,b,f,c}(i)$, partial pathloss compensation factors $\alpha_{b,f,c}(j)$ and $\alpha_{SRS,b,f,c}(q_s)$, pathloss estimation $PL_{b,f,c}(q_d)$, a transmission format related parameter $\Delta_{TF,b,f,c}(i)$, power control adjustment state values $f_{b,f,c}(i,l)$ and $h_{b,f,c}(i)$, and the like.

[00113] In the foregoing calculation parameters, the maximum transmit power, partial pathloss compensation factor, pathloss estimation, and the like may be

specific to the power control object, for example, being panel-specific or beam-specific.

[00114] Referring to FIG. 6, an embodiment of the present invention further provides a terminal 60, including:

5 a reporting module 61, configured to: in a case that a trigger condition for reporting a power headroom report is satisfied, report a power headroom report, where the power headroom report includes power headroom report information of at least one power control object, and the power control object is an antenna panel or a beam.

10 **[00115]** In this embodiment of the present invention, the antenna panel may also be referred to as: an antenna group, an antenna port group, an antenna set, an antenna port set, a beam set, a beam sub-set, an antenna array, an antenna port array, an antenna sub-array, an antenna port sub-array, a logical entity, an entity, an antenna entity, or the like.

15 **[00116]** In this embodiment of the present invention, the beam may also be referred to as: beam information, spatial relation information, spatial domain transmission filter information, spatial filter information, transmission configuration indicator state information, QCL information, a QCL parameter, or the like. The downlink beam information may be usually represented by TCI state information or
20 QCL information. Uplink beam information may be usually represented by using spatial relation information.

[00117] In this embodiment of the present invention, the terminal can report a power headroom of an antenna panel or a beam when reporting the power headroom report, not limited to reporting only a power headroom corresponding to a cell,
25 thereby ensuring accurate and precise power control.

[00118] Optionally, the trigger condition includes at least one of the following:

 a current power control object has changed;

 a pathloss measurement value or a variation of a pathloss measurement value of the current power control object satisfies a first preset condition;

a power backoff value or a variation of a power backoff value of the current power control object satisfies a second preset condition;

a power management maximum power reduction P-MPR value or a variation of a P-MPR value of the current power control object satisfies a third preset condition;

a P-MPR difference between the current power control object and a first power control object satisfies a fourth preset condition;

a link quality value or a variation of a link quality value of the current power control object satisfies a fifth preset condition;

a link quality difference between the current power control object and the first power control object satisfies a sixth preset condition;

a power control object is activated, enabled, or added;

configuration information of the current power control object or the first power control object has changed; and

information about a serving transmission and reception point has changed; where

the first power control object is any power control object or a specified power control object in power control objects of the terminal, other than the current power control object.

[00119] Optionally, that the current power control object has changed includes:

a network side indicates to change the current power control object; or

the terminal has changed the current power control object based on a preset change trigger condition.

[00120] Optionally, that the serving transmission and reception point information has changed includes:

a network side configures or activates information about a new transmission and reception point; or

configuration information corresponding to the information about the serving transmission and reception point has changed; or

related configuration information of a control resource set has changed.

[00121] Optionally, the related configuration information includes at least one of control resource set pool index CORESETPoolIndex information, transmission configuration indicator state information, and search space information.

5 **[00122]** Optionally, the configuration information corresponding to the information about the serving transmission and reception point includes: at least one of a transmission and reception point identifier, CORESETPoolIndex information, a group identifier, a cell identity, and a physical cell identifier.

[00123] Optionally, the reporting a power headroom report includes:

reporting the power headroom report by using at least one MAC CE.

10 **[00124]** Optionally, the reporting module 61 reports the power headroom report by using one MAC CE, where the MAC CE carries power headroom report information of a preset power control object.

[00125] Optionally, the preset power control object is specified by the protocol or configured by the network side.

15 **[00126]** Optionally, the preset power control object is a current power control object, a to-be-changed-to power control object, or a changed-to power control object.

[00127] Optionally, the reporting module 61 reports the power headroom report by using one MAC CE, where the MAC CE carries power headroom report
20 information of at least one power control object.

[00128] Optionally, the MAC CE further carries identification information or corresponding index information of the at least one power control object.

[00129] Optionally, the power control object includes a current power control object.

25 **[00130]** Optionally, the reporting module 61 reports the power headroom report by using a plurality of MAC CEs, where each of the MAC CEs carries power headroom report information of at least one power control object.

[00131] Optionally, when the MAC CE carries power headroom report
30 information of a plurality of power control objects, the power headroom report information of the plurality of power control objects is arranged in a preset order.

[00132] Optionally, each of the MAC CEs further carries identification information or corresponding index information of the power control object; or

identification information of each of the MAC CEs corresponds to identification information of a corresponding power control object.

5 **[00133]** Optionally, the identification information or the corresponding index information includes at least one of the following:

identification information or corresponding index information of an antenna panel;

identification information or corresponding index information of a beam;

10 and

identification information or corresponding index information of an antenna panel, and identification information or corresponding index information of a beam corresponding to the antenna panel.

[00134] In this embodiment of the present invention, an identifier of the antenna
15 panel may be: an antenna group identifier, an antenna port group identifier, antenna set identifier, an antenna port set identifier, a beam set identifier, a beam subset identifier, an antenna array identifier, an antenna port array identifier, an antenna subarray identifier, an antenna port subarray identifier, a logical entity identifier, an entity identifier, an antenna entity identifier, a reference signal resource
20 configuration identifier, a reference signal resource identifier, a reference signal resource set identifier, a TCI state identifier, a Quasi-colocation (QCL) information identifier, a spatial relation identifier, or the like.

[00135] Optionally, the power headroom report information includes at least one of the following:

25 power headroom;

information about a serving cell;

maximum transmit power;

P-MPR;

duty cycle; and

30 indication information used to indicate whether there is power backoff.

[00136] Optionally, in a case that the MAC CE carries the power headroom report information of the at least one power control object, any one piece of information in the power headroom report information is specific to the serving cell (cell specific), or specific to the power control object (for example, panel specific or beam specific),
5 or specific to a power control object corresponding to the serving cell.

[00137] Further optionally, the power headroom and the maximum transmit power are specific to the power control object, or are specific to the power control object corresponding to the serving cell. Certainly, other information (such as P-MPR) may also be specific to the power control object, or specific to the power
10 control object corresponding to the serving cell.

[00138] Optionally, the power control object is:
an antenna panel;
a beam; and
a beam corresponding to an antenna panel.

15 **[00139]** Optionally, the terminal further includes:
a determining module, configured to determine power headroom information based on a measurement result corresponding to the power control object.

20 **[00140]** Optionally, the determining module is configured to measure a downlink reference signal corresponding to the power control object; and determine a power headroom of the power control object based on a measurement result of the downlink reference signal.

[00141] Optionally, all or part of calculation parameters used in determining the power headroom information are specific to the power control object.

25 **[00142]** That is, the power headroom information may be calculated by using a calculation formula in an existing 3GPP protocol. However, calculation parameters in the existing calculation formula are all cell-specific (cell specific). In implementation of the present invention, all or part of the calculation parameters used in the calculation formula may be changed to be specific to the power control
30 object. Changing the calculation parameters to be specific to the power control

object may be configured by a network-side device by using radio resource control (RRC) signaling. Alternatively, the formula is directly specified by the protocol.

[00143] In this embodiment of the present invention, optionally, the following formula is used for calculating the power headroom:

$$\begin{aligned}
 & PH_{type1,b,f,c}(i,j,q_d,l) \\
 & = P_{MAX,f,c}(i) \\
 & - \left\{ P_{O_{PUSCH},b,f,c}(j) + 10\log_{10} \left(2^\mu \cdot M_{RB,b,f,c}^{PUSCH}(i) \right) + \alpha_{b,f,c}(j) \right. \\
 & \quad \cdot PL_{b,f,c}(q_d) + \Delta_{TF,b,f,c}(i) + f_{b,f,c}(i,l) \left. \right\} \\
 & PH_{type2,b,f,c}(i,q_s) \\
 & = P_{MAX,f,c}(i) \\
 & - \left\{ P_{O_{SRS},b,f,c}(q_s) + 10\log_{10} \left(2^\mu \cdot M_{SRS,b,f,c}(i) \right) + \alpha_{SRS,b,f,c}(q_s) \right. \\
 & \quad \cdot PL_{b,f,c}(q_d) + h_{b,f,c}(i) \left. \right\}
 \end{aligned}$$

where, the calculation parameters include: a maximum transmit power $P_{MAX,f,c}(i)$, open-loop receive-end power target values $P_{O_PUSCH,b,f,c}(j)$ and $P_{O_SRS,b,f,c}(q_s)$, the number of resource blocks RBs $M_{RB,b,f,c}^{PUSCH}(i)$ and $M_{SRS,b,f,c}(i)$, partial pathloss compensation factors $\alpha_{b,f,c}(j)$ and $\alpha_{SRS,b,f,c}(q_s)$, pathloss estimation $PL_{b,f,c}(q_d)$, a transmission format related parameter $\Delta_{TF,b,f,c}(i)$, power control adjustment state values $f_{b,f,c}(i,l)$ and $h_{b,f,c}(i)$, and the like.

[00144] In the foregoing calculation parameters, the maximum transmit power, partial pathloss compensation factor, pathloss estimation, and the like may be specific to the power control object, for example, being panel-specific or beam-specific.

[00145] The terminal provided in this embodiment of the present invention is capable of implementing the processes implemented by the terminal in the method embodiment in FIG. 2. To avoid repetition, details are not described herein again.

[00146] FIG. 7 is a schematic structural diagram of hardware of a terminal for implementing the embodiments of the present invention. The terminal 70 includes

but is not limited to components such as a radio frequency unit 71, a network module 72, an audio output unit 73, an input unit 74, a sensor 75, a display unit 76, a user input unit 77, an interface unit 78, a memory 79, a processor 710, and a power supply 711. A person skilled in the art may understand that the structure of the terminal shown in FIG. 7 does not constitute any limitation on the terminal device. The terminal may include more or fewer components than those shown in the figure, or a combination of some components, or the components disposed differently. In this embodiment of the present invention, the terminal includes, but is not limited to, a mobile phone, a tablet computer, a laptop computer, a personal digital assistant, an in-vehicle terminal, a wearable device, a pedometer, and the like.

[00147] The processor 710 is configured to: in a case that a trigger condition for reporting a power headroom report is satisfied, report a power headroom report, where the power headroom report includes power headroom report information of at least one power control object, and the power control object is an antenna panel or a beam.

[00148] In this embodiment of the present invention, the terminal can report a power headroom of an antenna panel or a beam when reporting the power headroom report, not limited to reporting only a power headroom corresponding to a cell, thereby ensuring accurate and precise power control.

[00149] The terminal provided in this embodiment of the present invention is capable of implementing the processes implemented by the terminal in the method embodiment in FIG. 2. To avoid repetition, details are not described herein again.

[00150] It should be understood that in this embodiment of the present invention, the radio frequency unit 71 may be configured to: receive and transmit signals in an information receiving/sending process or a call process; and specifically, after receiving downlink data from a base station, transmit the downlink information to the processor 710 for processing, and in addition, transmit uplink data to the base station. Generally, the radio frequency unit 71 includes but is not limited to an antenna, at least one amplifier, a transceiver, a coupler, a low noise amplifier, a duplexer, and the like. In addition, the radio frequency unit 71 may also

communicate with a network and other devices via a wireless communications system.

[00151] The terminal provides a user with wireless broadband internet access through the network module 72, for example, helping the user to transmit and receive e-mails, browse web pages, and access streaming media.

[00152] The audio output unit 73 may convert audio data received by the radio frequency unit 71 or the network module 72 or stored in the memory 79 into an audio signal and output the audio signal as a sound. Furthermore, the audio output unit 73 may also provide audio output (for example, a call signal received sound or a message received sound) related to a specific function performed by the terminal 70. The audio output unit 73 includes a speaker, a buzzer, a receiver, and the like.

[00153] The input unit 74 is configured to receive an audio or video signal. The input unit 74 may include a graphics processing unit (Graphics Processing Unit, GPU) 741 and a microphone 742. The graphics processing unit 741 processes image data of a still picture or a video obtained by an image capture apparatus (for example, a camera) in an image capture mode or a video capture mode. A processed image frame may be displayed on the display unit 76. The image frame processed by the graphics processing unit 741 may be stored in the memory 79 (or another storage medium) or be sent by the radio frequency unit 71 or the network module 72. The microphone 742 is capable of receiving sounds and processing such sounds into audio data. The processed audio data may be converted in a telephone call mode into a format that can be transmitted by the radio frequency unit 71 to a mobile communications base station, for outputting.

[00154] The terminal 70 further includes at least one sensor 75, for example, an optical sensor, a motion sensor, and other sensors. Specifically, the optical sensor may include an ambient light sensor and a proximity sensor. The ambient light sensor may adjust luminance of the display panel 761 based on brightness of ambient light, and the proximity sensor may turn off the display panel 761 and/or backlight when the terminal 70 moves close to an ear. As a type of motion sensor, an accelerometer sensor can detect magnitudes of accelerations in all directions (usually

three axes), can detect a magnitude and a direction of gravity when the mobile phone is in a static state, and can be applied to posture recognition (such as screen switching between portrait and landscape, related games, and magnetometer posture calibration) of the terminal, functions related to vibration recognition (such as pedometer and tapping), and the like. The sensor 75 may also include a fingerprint sensor, a pressure sensor, an iris sensor, a molecular sensor, a gyroscope, a barometer, a hygrometer, a thermometer, an infrared sensor, and the like. Details are not described herein.

[00155] The display unit 76 is configured to display information input by the user or information provided to the user. The display unit 76 may include a display panel 761, and the display panel 761 may be configured in a form of a liquid crystal display (Liquid Crystal Display, LCD), an organic light-emitting diode (Organic Light-Emitting Diode, OLED), or the like.

[00156] The user input unit 77 may be configured to: receive a digit or character information that is input, and generate signal input related to user settings and function control of the terminal. Specifically, the user input unit 77 may include a touch panel 771 and other input devices 772. The touch panel 771 is also referred to as a touchscreen and can collect a touch operation (such as an operation performed by the user on the touch panel 771 or near the touch panel 771 with a finger or by using any proper object or accessory such as a stylus) of the user on or near the touch panel 771. The touch panel 771 may include two parts: a touch detection apparatus and a touch controller. The touch detection apparatus detects a touch azimuth of a user, detects a signal brought by a touch operation, and transmits the signal to the touch controller. The touch controller receives touch information from the touch detection apparatus, converts the touch information into touchpoint coordinates, and transmits the touchpoint coordinates to the processor 710, and can receive a command transmitted by the processor 710 and execute the command. In addition, the touch panel 771 may be implemented in a plurality of forms, for example, as a resistive, capacitive, infrared, or surface acoustic wave touch panel. The user input unit 77 may further include the other input devices 772 in addition to the touch panel

771. Specifically, the other input devices 772 may include but are not limited to a physical keyboard, a function key (such as a volume control key or an on/off key), a trackball, a mouse, and a joystick. Details are not described herein.

[00157] Further, the touch panel 771 may cover the display panel 761. When
5 detecting a touch operation on or near the touch panel 771, the touch panel 771 transmits the touch operation to the processor 710 to determine a type of a touch event. Then, the processor 710 provides a corresponding visual output on the display panel 761 based on the type of the touch event. In FIG. 7, the touch panel 771 and the display panel 761 serve as two independent components to implement input and
10 output functions of the terminal. In some embodiments, however, the touch panel 771 may be integrated with the display panel 761 to implement the input and output functions of the terminal. This is not specifically limited herein.

[00158] The interface unit 78 is an interface between an external apparatus and the terminal 70. For example, the external apparatus may include a wired or wireless
15 headphone port, an external power (or battery charger) port, a wired or wireless data port, a memory card port, a port for connecting an apparatus provided with a recognition module, an audio input/output (I/O) port, a video I/O port, an earphone port, and the like. The interface unit 78 may be configured to: receive input (for example, data information and power) from the external apparatus, and transmit the
20 received input to one or more elements in the terminal 70, or may be configured to transmit data between the terminal 70 and the external apparatus.

[00159] The memory 79 may be configured to store software programs and various data. The memory 79 may mainly include a program storage area and a data storage area. The program storage area may store an operating system, and an
25 application program required by at least one function (for example, a sound playback function or an image playback function). The data storage area may store data (for example, audio data or a phone book) created according to use of the mobile phone. In addition, the memory 79 may include a high-speed random access memory, and may further include a non-volatile memory such as at least one disk storage device, a
30 flash memory device, or another volatile solid-state storage device.

[00160] The processor 710 is a control center of the terminal, and is connected to all components of the terminal by using various interfaces and lines. By running or executing a software program and/or module that is stored in the memory 79 and calling data stored in the memory 79, the processor 710 executes various functions of the terminal and processes data, so as to perform overall monitoring on the terminal. The processor 710 may include one or more processing units. Preferably, the processor 710 may integrate an application processor and a modem processor. The application processor mainly processes the operating system, a user interface, an application program, and the like. The modem processor mainly processes wireless communication. It can be understood that the modem processor may alternatively be not integrated in the processor 710.

[00161] The terminal 70 may further include the power supply 711 (such as a battery) supplying power to each component. Preferably, the power supply 711 may be logically connected to the processor 710 by using a power management system, so that functions such as charge and discharge management and power consumption management are implemented by using the power management system.

[00162] In addition, the terminal 70 includes some functional modules that are not illustrated. Details are not described herein.

[00163] Referring to FIG. 8, an embodiment of the present invention further provides a terminal 80, including a processor 81, a memory 82, and a computer program stored in the memory 82 and capable of running on the processor 81. When the computer program is executed by the processor 81, the processes in the foregoing embodiment of the method for reporting a power headroom report are implemented, with the same technical effects achieved. To avoid repetition, details are not described herein again.

[00164] An embodiment of the present invention further provides a computer-readable storage medium, where a computer program is stored in the computer-readable storage medium. When the computer program is executed by a processor, the processes in the foregoing embodiment of the method for reporting a power headroom report are implemented, with the same technical effects achieved.

To avoid repetition, details are not described herein again. The computer-readable storage medium is, for example, a read-only memory (Read-Only Memory, ROM), a random access memory (Random Access Memory, RAM), a magnetic disk, or an optical disc.

5 **[00165]** It should be noted that the terms "include", "comprise", or any of their variants are intended to cover a non-exclusive inclusion, such that a process, a method, an article, or an apparatus that includes a list of elements not only includes those elements but also includes other elements that are not expressly listed, or further includes elements inherent to such process, method, article, or apparatus. In
10 absence of more constraints, an element preceded by "includes a..." does not preclude the existence of other identical elements in the process, method, article, or apparatus that includes the element.

[00166] According to the foregoing description of the implementations, a person skilled in the art may clearly understand that the methods in the foregoing
15 embodiments may be implemented by using software in combination with a necessary common hardware platform, and certainly may alternatively be implemented by using hardware. However, in most cases, the former is a preferred implementation. Based on such an understanding, the technical solutions of the present invention essentially, or the part contributing to the related art, may be
20 implemented in a form of a software product. The software product is stored in a storage medium (such as a ROM/RAM, a magnetic disk, or an optical disc), and includes several instructions for instructing a terminal (which may be a mobile phone, a computer, a server, an air conditioner, a network device, or the like) to perform the methods described in the embodiments of the present invention.

25 **[00167]** Some embodiments of the present invention have been described with reference to the attached drawings; however, the present invention is not limited to the aforesaid embodiments, and these embodiments are merely illustrative but are not intended to limit the present invention. Persons of ordinary skill in the art may further derive many other implementations according to the teachings of the present

invention and within the scope defined in the claims, and all of the implementations shall fall within the scope of the present invention.

CLAIMS

What is claimed is:

1. A method for reporting a power headroom report, applied to a terminal and comprising:

5 in a case that a trigger condition for reporting a power headroom report is satisfied, reporting a power headroom report, wherein the power headroom report comprises power headroom report information of at least one power control object, and the power control object is an antenna panel or a beam.

10 2. The method according to claim 1, wherein the trigger condition comprises at least one of the following:

 a current power control object has changed;

 a pathloss measurement value or a variation of a pathloss measurement value of the current power control object satisfies a first preset condition;

15 a power backoff value or a variation of a power backoff value of the current power control object satisfies a second preset condition;

 a power management maximum power reduction P-MPR value or a variation of a P-MPR value of the current power control object satisfies a third preset condition;

 a P-MPR difference between the current power control object and a first power control object satisfies a fourth preset condition;

20 a link quality value or a variation of a link quality value of the current power control object satisfies a fifth preset condition;

 a link quality difference between the current power control object and the first power control object satisfies a sixth preset condition;

25 a power control object is activated, enabled, or added;

 configuration information of the current power control object or the first power control object has changed; and

 information about a serving transmission and reception point has changed; wherein

the first power control object is any power control object or a specified power control object in power control objects of the terminal, other than the current power control object.

5 3. The method according to claim 2, wherein that the current power control object has changed comprises:

a network side indicates to change the current power control object; or

the terminal has changed the current power control object based on a preset change trigger condition.

10 4. The method according to claim 2, wherein that information about the serving transmission and reception point has changed comprises:

a network side configures or activates information about a new transmission and reception point; or

configuration information corresponding to the information about the serving transmission and reception point has changed; or

15 related configuration information of a control resource set has changed.

5. The method according to claim 4, wherein the related configuration information comprises at least one of control resource set pool index CORESETPoolIndex information, transmission configuration indicator state information, and search space information.

20 6. The method according to claim 4, wherein the configuration information corresponding to the information about the serving transmission and reception point comprises: at least one of a transmission and reception point identifier, CORESETPoolIndex information, a group identifier, a cell identity, and a physical cell identifier.

25 7. The method according to claim 1, wherein the reporting a power headroom report comprises:

reporting the power headroom report by using at least one MAC CE.

30 8. The method according to claim 7, wherein the reporting the power headroom report by using at least one medium access control control element MAC CE comprises:

reporting the power headroom report by using one MAC CE, wherein the MAC CE carries power headroom report information of a preset power control object.

9. The method according to claim 8, wherein the preset power control object is specified by a protocol or configured by a network side.

5 10. The method according to claim 8, wherein the preset power control object is a current power control object, a to-be-changed-to power control object, or a changed-to power control object.

11. The method according to claim 7, wherein the reporting the power headroom report by using at least one MAC CE comprises:

10 reporting the power headroom report by using one MAC CE, wherein the MAC CE carries power headroom report information of at least one power control object.

12. The method according to claim 11, wherein the MAC CE further carries identification information or corresponding index information of the at least one power control object.

15 13. The method according to claim 11, wherein the power control object comprises a current power control object.

14. The method according to claim 7, wherein the reporting the power headroom report by using at least one MAC CE comprises:

20 reporting the power headroom report by using a plurality of MAC CEs, wherein each of the MAC CEs carries power headroom report information of at least one power control object.

25 15. The method according to claim 11 or 14, wherein when the MAC CE carries power headroom report information of a plurality of power control objects, the power headroom report information of the plurality of power control objects is arranged in a preset order.

16. The method according to claim 14, wherein

each of the MAC CEs further carries identification information or corresponding index information of the power control object; or

30 identification information of each of the MAC CEs corresponds to identification information of a corresponding power control object.

17. The method according to claim 12 or 16, wherein the identification information or the corresponding index information comprises at least one of the following:

identification information or corresponding index information of an antenna
5 panel;

identification information or corresponding index information of a beam; and

identification information or corresponding index information of an antenna panel, and identification information or corresponding index information of a beam corresponding to the antenna panel.

10 18. The method according to claim 8, 11, or 14, wherein the power headroom report information comprises at least one of the following:

power headroom;

information about a serving cell;

maximum transmit power;

15 P-MPR;

duty cycle (duty cycle); and

indication information used to indicate whether there is power backoff.

19. The method according to claim 18, wherein

in a case that the MAC CE carries the power headroom report information of
20 the at least one power control object, any one piece of information in the power headroom report information is specific to the serving cell, or is specific to the power control object, or is specific to a power control object corresponding to the serving cell.

20. The method according to claim 1, before the reporting a power headroom
25 report, further comprising:

determining power headroom information based on a measurement result corresponding to the power control object.

21. The method according to claim 20, wherein the determining power headroom information based on a measurement result corresponding to the power
30 control object comprises:

measuring a downlink reference signal corresponding to the power control object; and

determining a power headroom of the power control object based on a measurement result of the downlink reference signal.

5 22. The method according to claim 20 or 21, wherein all or part of calculation parameters used in determining the power headroom information are specific to the power control object.

23. A terminal, comprising:

10 a reporting module, configured to: in a case that a trigger condition for reporting a power headroom report is satisfied, report a power headroom report, wherein the power headroom report comprises power headroom report information of at least one power control object, and the power control object is an antenna panel or a beam.

15 24. The terminal according to claim 23, wherein the trigger condition comprises at least one of the following:

 a current power control object has changed;

 a pathloss measurement value or a variation of a pathloss measurement value of the current power control object satisfies a first preset condition;

20 a power backoff value or a variation of a power backoff value of the current power control object satisfies a second preset condition;

 a power management maximum power reduction P-MPR value or a variation of a P-MPR value of the current power control object satisfies a third preset condition;

 a P-MPR difference between the current power control object and a first power control object satisfies a fourth preset condition;

25 a link quality value or a variation of a link quality value of the current power control object satisfies a fifth preset condition;

 a link quality difference between the current power control object and the first power control object satisfies a sixth preset condition;

 a power control object is activated, enabled, or added;

configuration information of the current power control object or the first power control object has changed; and

information about a serving transmission and reception point has changed; wherein

5 the first power control object is any power control object or a specified power control object in power control objects of the terminal, other than the current power control object.

25. The terminal according to claim 24, wherein that the current power control object has changed comprises:

10 a network side indicates to change the current power control object; or

the terminal has changed the current power control object based on a preset change trigger condition.

26. The terminal according to claim 24, wherein that information about the serving transmission and reception point has changed comprises:

15 a network side configures or activates information about a new transmission and reception point; or

configuration information corresponding to the information about the serving transmission and reception point has changed; or

related configuration information of a control resource set has changed.

20 27. A terminal, comprising a processor, a memory, and a computer program stored in the memory and capable of running on the processor, wherein when the computer program is executed by the processor, the steps of the method for reporting a power headroom report according to any one of claims 1 to 22 are implemented.

25 28. A computer-readable storage medium, wherein a computer program is stored in the computer-readable storage medium, and when the computer program is executed by the processor, the steps of the method for reporting a power headroom report according to any one of claims 1 to 22 are implemented.