

ABSTRACT

~~The present disclosure provides a communication method and a communication device. The communication method may comprise: determining a first message frame, the first message frame comprising first information, and the first information indicating the support capability for a single resource unit and/or a composite resource unit of a first size to be applied to 4096-QAM; and sending the first message frame. The technical solution provided in exemplary embodiments of the present disclosure can improve spectrum utilization.~~A communication method includes: determining a first message frame. The first message frame includes first information and the first information is configured to indicate at least one of a support capability of applying a single-type resource unit of a first size to a 4096-Quadrature Amplitude Modulation (QAM), or a support capability of applying a multi-type resource unit of the first size to the 4096-QAM. The method also includes sending the first message frame.

FIG. 2