

ABSTRACT

The application provides a battery and a battery module. The battery includes a battery cell and an insulation sheet. The battery cell includes a top surface and a bottom surface opposite to each other. At least one electrode column is disposed on the top surface. The insulation sheet is disposed on a side of the top surface away from bottom surface. A connection region is defined on the insulation sheet. The connection region exposes the top surface. A pressing strip is connected to the battery cell through the connection region.

(Figure 1)