

INFORMATION TRANSMISSION METHOD AND APPARATUS

ABSTRACT

This application provides an information transmission method and an apparatus, to reduce interference between networks, and relates to the field of wireless communication technologies.

5 In the method, a first apparatus may receive a first data packet, where the first data packet includes first information and second information. The first information indicates at least one ranging block occupied by a session corresponding to the first information, the second information indicates that the first information is associated with a plurality of ranging blocks, and the plurality of ranging blocks include the at least one ranging block. The first apparatus may determine, on the plurality
10 of ranging blocks based on the first information, the ranging block occupied by the session. According to this solution, the first information associated with the plurality of ranging blocks indicates the at least one ranging block occupied by the session, and the first apparatus may determine, on the plurality of ranging blocks, the ranging block occupied by the session, so that the occupied ranging block can be avoided during ranging, to reduce interference.

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FIG. 4