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(54) Title: HERBAL COMPOSITIONS FOR THE TREATMENT AND PREVENTION OF PROSTATE DISORDERS

(57) Abstract: Disclosed are compositions comprising: a) silymarin or components thereof, in free form or complexed with phospholipids; b) lycopene, in pure form or in the form of *Lycopersicum aesculentum* extract; c) lauric acid or a non-toxic ester or salt thereof or the lipophilic extract of *Serenoa repens;* d) optionally, zinc salts and/or selenium compounds.

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