

Device for Personal Use in Phototherapy

REFERENCE TO RELATED APPLICATIONS

This application claims the benefit of U.S. Provisional Application No. 61/255,300, filed October 27, 2009, the disclosure of which is incorporated herein by reference in its entirety.

BACKGROUND

(a) Field

[0001] The subject matter disclosed generally relates to a device for personal use in photodynamic therapy. More specifically, the subject matter disclosed generally relates to an applicator cartridge for delivery of a photoactivatable composition to a treatment site, which may be used with an illuminating member.

(b) Related Prior Art

[0002] Phototherapy has a wide range of applications to both the medical and cosmetic fields.

[0003] US Patent No. 6,056,548 to Neuberger et al. describes a method of destroying bacteria in the oral cavity, and promotes buccal hygiene using photoactive dyes and photodynamic therapy. This patent also describes using a bleaching agent, hydrogen peroxide, to photobleach and destroy the photoactive dye used for destroying bacteria. Photodynamic therapy of the skin using photoactive dyes such as Erythrosine B and/or Safranin O have been employed to destroy bacteria, as described in WO 05/032459 and WO 05/021094, both to Albrecht et al.. The photoactive dyes are employed to directly destroy bacteria.

[0004] Phototherapy to perform non-ablative skin rejuvenation to repair, or offset, the results of both chronological- and photo-aging in the skin of the face, neck, hands and exposed areas of the body has become extremely popular. Clinicians have rapidly adopted the use of ablative skin rejuvenation using lasers, albeit with the negative effects of severe morbidity (erythema and oedema) resulting in patient downtime. These disadvantages significantly

offset the good results of the treatment. Photorejuvenation techniques such as lasers and intense pulsed light (IPL) sources were then developed to deliver thermal damage to the dermis under cooling, termed non-ablative, skin rejuvenation. Laser ablative skin resurfacing has been a popular modality for the removal or improvement of major wrinkles and other severe symptoms of aging. The principles of ablative therapy are based on light-tissue interaction delivering the optimum amount of controlled residual thermal damage with precise epidermal ablation, therefore invoking a wound response and thus maximizing the clinical result while minimizing side effects and their associated downtime.

[0005] To date, photodynamic therapy has always been performed in a clinical setting. Trained professionals are needed to manipulate the substances and compositions used in the treatments, which may sometimes contain dangerous chemicals. Moreover, trained personnel are also required to operate the specialized equipment, such as laser lights, which may represent a hazard to the patient if improperly used. Additionally, the specialized equipment is relatively large and costly, thereby confining it to clinical settings.

[0006] Hence, there is a need for a compact, personal device that would simplify these treatment methods and allow individuals to safely and effectively perform these treatments in the privacy of their home, allow longer treatments to be performed without the trouble of travelling to clinics or hospitals, and release professionals to perform other more complex treatments. Additionally, there is a need for a personal device that reduces the amount of substances and compositions, as well as the size of the light source used in treatment to allow the device to be used in a home setting.

SUMMARY

[0007] This application discloses a personal photodynamic therapy device which addresses the problems stated above. The photodynamic therapy device is configured for delivery of a photoactivatable composition to a treatment site. In one embodiment the photodynamic therapy device is a hand-held device that photoactivates the photoactivatable composition. In an alternative embodiment the device is a finger-mounted device. In some embodiments the photodynamic therapy device includes an illuminating member and an applicator cartridge detachably connected to the illuminating member.

[0008] In a first embodiment there is disclosed an applicator cartridge for delivery of a photoactivatable composition to a treatment site, having an applicator head, and a reservoir adapted to receive the photoactivatable composition therein. When pressure is applied to the applicator cartridge, the photoactivatable composition in the reservoir is pushed through the applicator head and delivered to the treatment site.

[0009] The applicator cartridge may have a mounting portion for mounting of the applicator cartridge on an illuminating member. The mounting portion may be threaded.

[0010] The applicator cartridge may have a removable cover member adapted to cover the applicator head. The removable cover member may be light impermeable.

[0011] The applicator cartridge may be light permeable, and it may be made from a flexible and/or inert material.

[0012] The applicator head may have an absorbent pad attached thereon.

[0013] The applicator cartridge may contain a photoactivatable composition, and it may be vacuum sealed.

[0014] In a second embodiment, there is disclosed a photodynamic therapy device for delivery of a photoactivatable composition to a treatment site, which comprises an illuminating member having an illuminating element and a power source electrically connected thereto; a mounting member, and an applicator cartridge detachably mounted on the mounting member. The mounting member may be threaded. The photodynamic therapy device may have a holding member.

[0015] The illuminating member may have a waveguide connected to the illuminating element. The waveguide may have at least one optical fiber.

[0016] The illuminating element may be a light emitting diode (LED). The light emitting diode (LED) may be emitting an actinic visible light. The light emitting diode (LED) may be emitting an actinic visible light from about 400 nm and about 600 nm. The illuminating element may be emitting an actinic continuous light or an actinic pulsed light.

[0017] The applicator cartridge in the photodynamic therapy device may contain the photoactivatable composition.

[0018] In a third embodiment, there is disclosed a method for tooth whitening comprising the steps of a) topically applying a photoactivatable composition using an applicator cartridge to at least one tooth, and b) treating said tooth of step a) to an actinic light for a time sufficient for the activation of the photoactivatable composition. The tooth may be whitened by being exposed to light for a period of between 5 seconds and 10 minutes, or for a period of between 5 minutes and 10 minutes or for a period of 1 minute, or for a period of 30 seconds.

[0019] In a fourth embodiment, there is disclosed a method for tooth whitening comprising the step of a) topically applying a photoactivated composition using a photodynamic therapy device to at least one tooth for a time sufficient for tooth whitening. The tooth may be whitened by being exposed to light for a period of between 5 seconds and 10 minutes, or for a

period of between 5 minutes and 10 minutes, or for a period of 1 minute, or for a period of 30 seconds.

[0020] In a fifth embodiment, there is disclosed a method for wound healing comprising the steps of a) topically applying on a patient's skin a photoactivatable composition using an applicator cartridge, and b) treating said skin of step a) to an actinic light for a time sufficient for the activation of the photoactivatable composition.

[0021] In yet another embodiment, there is disclosed a method for wound healing comprising the step of a) topically applying on a patient's skin a photoactivated composition using a photodynamic therapy device for a time sufficient for stimulation of wound healing.

[0022] In yet another embodiment, there is disclosed a method for skin rejuvenation comprising the steps of a) topically applying on a patient's skin a photoactivatable composition using an applicator cartridge, and b) treating said skin of step a) to an actinic light for a time sufficient for the activation of the photoactivatable composition.

[0023] In yet another embodiment, there is disclosed a method for skin rejuvenation comprising the step of a) topically applying on a patient's skin a photoactivated composition using a photodynamic therapy device for a time sufficient for stimulation of skin rejuvenation.

[0024] In yet another embodiment, there is disclosed a method for treating a skin condition comprising the steps of a) topically applying on a patient's skin a photoactivatable composition using an applicator cartridge according, and b) treating said skin of step a) to an actinic light for a time sufficient for the activation of the photoactivatable composition.

[0025] In yet another embodiment, there is disclosed a method for treating a skin condition comprising the step of a) topically applying on a patient's skin a photoactivated composition using a photodynamic therapy device for a time sufficient for treating the skin condition.

[0026] In yet another embodiment, there is disclosed a method for full mouth disinfection and/or photodynamic assisted oral treatment of a patient comprising the steps of a) applying in a patient's mouth a photoactivatable composition using an applicator cartridge, and b) treating said mouth of step a) to an actinic light for a time sufficient for the activation of the photoactivatable composition.

[0027] In yet another embodiment, there is disclosed a method for full mouth disinfection and/or photodynamic assisted oral treatment of a patient comprising the step of a) topically applying in a patient's mouth a photoactivated composition using a photodynamic therapy device for a time sufficient for effecting full mouth disinfection.

[0028] In yet another embodiment, there is disclosed a method for healing neuropathic related skin lesions comprising the steps of a) topically applying on a patient's lesion a photoactivatable composition using an applicator cartridge, and b) treating said lesion of step a) to an actinic light for a time sufficient for the activation of the photoactivatable composition.

[0029] In yet another embodiment, there is disclosed a method for healing neuropathic related skin lesions comprising the step of a) topically applying in a patient's lesion a photoactivated composition using a photodynamic therapy device for a time sufficient for stimulating healing of the lesion.

[0030] The exposure to actinic light may be for a period of between 60 seconds and 5 minutes, or for a period of between 60 seconds and 5 minutes per cm² of an area to be treated. The actinic light may be visible light having a wavelength between about 400 nm and about 600 nm.

DEFINITIONS

[0031] The following terms are defined below.

[0032] The term "actinic light" is intended to mean light energy emitted from a specific light source (lamp, LED, or laser) and capable of being absorbed by matter (e.g., the photoactivator defined below) and produce an

identifiable or measurable change when it interacts with it; for example an identifiable change could be a change in the color of the photoactivator used (e.g., from red to transparent).

[0033] The term "photoactivator" is intended to mean a chemical compound capable of absorbing actinic light. The photoactivator readily undergoes photoexcitation and then transfers its energy to other molecules, such as oxidants, thus enhancing or accelerating the dispersion of light, and enhancing or activating the oxidants present to release oxygen radicals in the reaction mixture. Examples of photoactivators include xanthenes derivatives, azo dyes, biological stains, carotenoids, etc..

[0034] The term "photodynamic therapy" (PDT) is intended to mean the combination of light and light sensitive agents, such as photoactivators in an oxygen-rich environment to provide treatment of various conditions. The photosensitive agent can absorb energy from photons (particles of light) and transfer this energy to surrounding oxygen molecules. Toxic oxygen species such as singlet oxygen and free radicals are thus formed. These chemicals are very reactive and can damage proteins, lipids, nucleic acids and other cellular components, and they can be used in several applications, including the treatment of cancers.

[0035] The term "time of exposure to actinic light" is intended to mean the length of time a treatment site such as tissue, skin, teeth or wounds are exposed to actinic light per application of actinic light.

[0036] The term "total time of exposure to actinic light" is intended to mean the cumulative time a treatment site is exposed to actinic light after several applications of actinic light.

[0037] The term "rejuvenation" is intended to mean the mitigation of the aging process, or any other processes (e.g., abrasion caused by a fall, burns, etc.) that may have damaged or caused an accumulation of damage to macromolecules, cells, tissues and organs, including the skin. Rejuvenation is the mitigation of any of such damage.

[0038] The term “photorejuvenation” is intended to mean the use of light for the mitigation of the aging process, or any other processes (e.g., abrasion caused by a fall, burns, etc.) that may have damaged or caused an accumulation of damage to macromolecules, cells, tissues and organs, including the skin.

[0039] The term “teeth whitening,” also known as “teeth brightening,” is intended to mean dental bleaching, also known as tooth whitening, which is a common procedure in general dentistry but most especially in the field of cosmetic dentistry. Teeth may need to be whitened since as a person ages the adult teeth often become darker due to changes in the mineral structure of the tooth, as the enamel becomes less porous. Teeth can also become stained by bacterial pigments, foodstuffs and tobacco. Certain antibiotic medications (like tetracycline) can also lead to teeth stains or a reduction in the brilliance of the enamel.

[0040] The term “wound” is intended to mean a type of injury in which skin is torn, cut or punctured (an *open* wound), or where blunt force trauma causes a contusion (a *closed* wound). In pathology, it specifically refers to an injury which damages the dermis of the skin.

[0041] The term “mouth” is intended to mean the entire oral cavity, which includes the lips, gingiva (gums), the hard and soft palate, the uvula, palatine tonsils, the teeth, the inside of the cheeks, the tongue and the papillae of the tongue.

[0042] The term “oral hygiene” is intended to mean the formation of biofilms which lead to diseases of the oral cavity such as periodontitis and gingivitis. Biofilms are the formation of a film by microbes on teeth or on chronic wounds.

[0043] Features and advantages of the subject matter hereof will become more apparent in light of the following detailed description of selected embodiments, as illustrated in the accompanying figures. As will be realized, the subject matter disclosed and claimed is capable of modifications in

various respects, all without departing from the scope of the claims. Accordingly, the drawings and the description are to be regarded as illustrative in nature, and not as restrictive and the full scope of the subject matter is set forth in the claims.

BRIEF DESCRIPTION OF THE DRAWINGS

[0044] Fig. 1 illustrates a perspective view of a photodynamic therapy device according to one embodiment of the present invention.

[0045] Fig. 2 illustrates a side view of a photodynamic therapy device according to one embodiment of the present invention.

[0046] Fig. 3 illustrates a finger pressing down on an application cartridge according to one embodiment of the present invention.

[0047] Fig. 4 illustrates a side view of a photodynamic therapy device according one embodiment of the present invention being rubbed on a surface.

[0048] Fig. 5A illustrates a perspective view of an applicator cartridge according to one embodiment of the present invention.

[0049] Fig. 5B illustrates a front view of the applicator head of an applicator cartridge according to one embodiment of the present invention.

[0050] Fig. 5C illustrates a side view of the applicator head of an applicator cartridge according to one embodiment of the present invention.

[0051] Fig. 6 illustrates an applicator cartridge mounting portion according to one embodiment of the present invention.

[0052] Fig. 7 illustrates a front view (7A) and a side view (7B) of a photodynamic therapy device, and an exploded side view of an applicator cartridge (7C) according to one embodiment of the present invention.

[0053] Fig. 8 illustrates a photodynamic therapy device according to one embodiment of the present invention.

[0054] Fig. 9A illustrates a photodynamic therapy device according to one embodiment of the present invention.

[0055] Fig. 9B illustrates a side view of a photodynamic therapy device according to one embodiment of the present invention.

[0056] Fig. 9C illustrates an exploded view of a photodynamic therapy device according to one embodiment of the present invention.

[0057] Figs. 10A and 10B illustrate side views of a photodynamic therapy device according to one embodiment of the present invention.

DETAILED DESCRIPTION

[0058] Described herein are many examples of a photodynamic therapy devices and methods of use. The photodynamic therapy device is a compact hand-held device that may fit within the oral cavity. It will be noted that the systems and methods described herein may be implemented via any suitable combination of hardware (e.g., component parts). It will also be noted that examples of photodynamic therapy devices are described for ease of illustration, and that the systems and methods disclosed herein may be applied to any photodynamic therapy device. Figure 1 illustrates an example of a photodynamic therapy device **30** according to an embodiment. Photodynamic therapy device **30** includes applicator cartridge **10** and illuminating member **32**. Applicator cartridge **10** includes applicator head **12** and a reservoir **14**, which is adapted to receive at least one component of a photoactivatable composition therein.

[0059] The photoactivatable composition may include one or more compositions. For example, the photoactivatable composition may include at least one of a photoactivator component (e.g., xanthenes derivatives, azo dyes, biological stains, carotenoids, etc.) and an oxidant component (e.g., hydrogen peroxide, carbamide peroxide, urea peroxide, benzoyl peroxide, peroxy acids, alkali metal percarbonates, etc.) that are mixed prior to treatment. Photoactivatable compositions are compositions that, in a general manner, are activated by irradiation with light of specific wavelength (i.e., actinic light). These compositions contain one or more photoactivator molecules which are activated by actinic light and accelerate the dispersion of light energy, which leads to the photoactivator carrying on a therapeutic effect

on its own, or to the photochemical activation of other agents contained in the composition that could carry on a therapeutic effect (e.g., acceleration in the breakdown process of peroxide (an oxidant) when such compound is present in the composition). The included photoactivators are illuminated by photons of a certain wavelength and excited to a higher energy state. When the photoactivators' excited electrons return to a lower energy state, they emit photons with a lower energy level, thus causing the emission of light of a longer wavelength (Stokes shift). In the proper environment, much of this energy transfer is transferred to the other components of the photoactivatable composition or to the treatment site directly. Suitable photoactivators can be fluorescent dyes (or stains), although other dye groups or dyes (biological and histological dyes, food colorings, carotenoids) can also be used. Combining photoactivators may increase photo-absorption by the combined dye molecules and enhance absorption and photo-biomodulation selectivity. This creates multiple possibilities of generating new photosensitive, and/or selective photoactivator mixtures.

[0060] Photoactivatable compositions may contain other compounds, such as pH controlling agents (e.g., sodium acetate, sodium hydroxide), light diffracting agents (e.g., porcelain crystals, hydroxylapatite), healing factors (e.g., hyaluronic acid, glucosamine), chelating agents (e.g., EDTA, EGTA), lipolysis stimulating agents (e.g., caffeine), and/or hydrophilic gelling agents (e.g., glucose, celluloses). More information on the makeup of the photoactivatable composition and how they are mixed can be found in U.S. Patent Application Publication No. 2007/0128132, filed on November 9, 2006, PCT Publication No. WO/2010/051636, filed on November 6, 2009, PCT Publication No. WO/2010/051641, filed on November 6, 2009, and PCT Application No. PCT/CA/2010/001134, filed on July 19, 2010.

[0061] The Applicator head **12** may be made from any suitable oxidant resistive material for photodynamic therapy. Applicator head **12** may have multiple different surface types and sizes, or be made from various different materials depending on the intended use of the photodynamic therapy device

30. For example applicator head **12** may have a planar surface, it may have bristles or fingers extending from the surface, it may be smooth or textured, or may have any other suitable surface for applying the photoactivatable composition. In certain embodiments, the size of the applicator head **12** may increase depending on the size of the treatment area. For example, a large applicator head **12** may be used for treating large areas of the skin, and a small applicator head **12** may be used for treating teeth and/or gums. In certain embodiments, an applicator cartridge **10**, with an applicator head **12** having different surface features, may be swapped in and out of the photodynamic therapy device **30** to make use of the surface features of the applicator head **12** (e.g., size, texture) for the intended therapy.

[0062] The surface of the applicator head **12** may function to provide a mechanical force to a treatment surface to clean or otherwise remove a biofilm from the treatment surface. In certain embodiments, a composition may be applied directly to the surface of applicator head **12**. For example, composition stored in a tube may be applied directly onto the surface of the applicator head **12**. In certain embodiments, the applicator head **12** may have one or more pores for passing a composition from the reservoir **14** through to a treatment surface. For example, when pressure is applied to the applicator cartridge, the photoactivatable composition in the reservoir **14** is pushed through the applicator head **12** and delivered to the treatment site.

[0063] Pressure may be applied by pressing the applicator cartridge **10** against the surface to which the composition is to be applied. Fig. 4 illustrates an example where the applicator head **12** of applicator cartridge **10** is pressed against a treatment surface. The pressure created by pressing the applicator head **12** against the treatment surface may cause the photoactivatable composition to be pushed out of the reservoir **14**, through the applicator head **12** and onto the treatment surface. Additionally, as illustrated in Fig. 3, pressure may be applied by pressing the applicator cartridge **10** with fingers or other external means such as a pressure button on a holder for the cartridge.

[0064] In certain embodiments, at least one of an oxidant composition and an activator composition may be held in the reservoir **14**, and the cover member **18** may be coated with at least one of an activator composition and an oxidant composition. When a force is exerted against the cover member **18**, the cover member is pressed against reservoir **14** thereby mixing the oxidant composition with the activator composition prior to photoactivation and application to a treatment site. In certain embodiments, the cover member **18** may be made of a sufficiently flexible material that deforms upon application of a force. The oxidant composition may be a transparent, viscous gel that allows an actinic light to pass through the reservoir **14**.

[0065] In certain embodiments, the removable cover member **18** may be placed over the applicator head **12**, in order to prevent leakage of the photoactivatable composition from the applicator cartridge **10**. The removable cover member **18** may be impermeable to light, to prevent exposure of light sensitive components of the photoactivatable composition in the reservoir **14** to ambient light, and preserve the composition in a dormant or inactive state. The removable cover member **18** may be fabricated from any suitable opaque or dark colored material, such as dark plastics.

[0066] In certain embodiments the applicator cartridge **10** may comprise a mounting portion **16**, for mounting the applicator cartridge on a holder for the cartridge, or on an illuminating member **32**, to photoactivate the photoactivatable composition contained in the reservoir **14**. The mounting portion **16** may be threaded, or may include a clip or detent for receiving a clip. For example, the applicator cartridge **10** may be screwed on to an illuminating member **32** using a threaded mounting portion **16**. In certain embodiments, the applicator cartridge **10** may be connected (e.g., by a clip) to a holder, such as an elongated stem or waveguide **38**. The holder may then be connected to an illuminating member **32**.

[0067] The applicator cartridge may be fabricated from any suitable oxidant resistive material so that it is not reactive with the photoactivatable composition enclosed therein. The applicator cartridge **10** may be fabricated

from a light permeable material, such as any suitable polymeric films and/or plastic materials in order to allow the passage of actinic light from an illuminating element to the treatment site. Preferably, the material should be sufficiently flexible so as to allow deformation of the applicator cartridge **10** in order to facilitate extrusion of the photoactivatable composition enclosed therein, or allow mixing of the photoactivatable composition by simple repeated pressure thereupon.

[0068] Figure. 5A shows an example of applicator cartridge **10** according to an embodiment. The applicator cartridge **10** of Figure 5A includes a plurality of fingers **40** on the applicator head **12**, a rigid neck **42**, an integral light pipe within rigid neck **42**, and a snap interface **16**. The plurality of fingers **40**, may be made of any suitable flexible material which allows actinic light to pass through, such as silicone. The plurality of flexible fingers may provide a dual function of supplying a photoactivatable composition to a treatment site, and applying a mechanical force to the treatment surface. The mechanical force may function to remove a biological film, and to clean the treatment surface or prepare it for application of the photoactivatable composition. Snap interface **16**, allows applicator cartridge **10** to be removably connected to a cartridge holder or to an illuminating member. For example, snap interface **16** may be removably connected to one end of a stem **50**. The other end of stem **50** may be removably connected to an illuminating member **32**. For example, Figure 6 shows an example of an applicator cartridge **10** having clip detent **78**, and recess **80**. Applicator cartridge **10** may be connected to illuminating member **32** (or any other suitable cartridge holder, such as stem **50**) by sliding the end of the cartridge over the exposed light guide to snap into place. Detent **78** may be secured by a snap holder in light guide **32** to hold the applicator cartridge **10** in place. Additionally, recess **80** may be lined up with convex protrusion **82** to ensure proper orientation of the applicator cartridge **10**. As shown in Figure 7, the applicator cartridge **10** may also be fitted with an absorbent pad **20**, placed proximately, or over the applicator head **12**. The absorbent pad **20** is able to absorb the extruded photoactivatable composition and facilitate application on

any treatment surfaces. The absorbent pad **20** may be a cotton pad, or any absorbent or sponge-like material, from natural or synthetic origin resistant to oxidizing material. The consistency of the absorbent pad **20** material is not to interfere with the propagation of actinic light from the illuminating element. The absorbent pad **20**, when rubbed against the treatment area produces friction which enhances the cleaning of the treatment area. This is particularly advantageous in teeth bleaching applications, where the additional mechanical energy being input in the system results in more efficient cleaning and increases the bleaching of the teeth. The removable cover member **18** may press against the absorbent pad **20** and compress it.

[0069] In certain embodiments, the applicator cartridge **10** may be sold empty, to be filled with photoactivatable composition prior to application, or it may be sold containing a photoactivatable composition suitable to a specific treatment. Furthermore, the applicator cartridge **10** may be vacuum sealed to prevent reaction of compounds found in the photoactivatable composition (e.g., hydrogen or carbamide peroxide) enclosed therein. In certain embodiments, the applicator cartridge **10** may be disposed after one or more uses and replaced by another applicator cartridge. In certain embodiments, the applicator cartridge **10** may be refilled with composition as necessary. The applicator cartridge **10** may be color coded, or otherwise appropriately identified to provide an indication of what composition is inside.

[0070] In certain embodiments, the applicator cartridge **10** may be used alone, to dispense a composition onto a treatment site, which is then irradiated with an external light source. Alternatively, the applicator cartridge **10** may be used in combination with a photodynamic therapy device **30**, which comprises an illuminating member **32** containing an illuminating element **34**, which is electrically connected to a power source. The illuminating member also comprises a mounting member **36**, which is adapted to receive the applicator cartridge **10**, preferably by mounting the applicator cartridge **10** through the mounting portion **16**. After usage, the spent applicator cartridge

10 may be detached from the photodynamic therapy device **30** and refilled, or replaced with a fresh applicator cartridge **10**.

[0071] In certain embodiments, the illuminating member **32** may comprise a waveguide **38**, in order to separate the applicator cartridge **10** from the illuminating element **34**, and/or concentrate the actinic light for a more robust activation of the photoactive composition. The waveguide **38** may contain a light pipe, one or more optical fibres, or any other suitable waveguide known to those of skill in the art. The illuminating member **32** may be designed in any suitable shape to promote use of the photodynamic therapy device **32**. For example, the illuminating member **32** may also serve as a handle to be held by a user while using the photodynamic therapy device **32**. The illuminating element **34** may be any suitable source of light, such as a light emitting diode, halogen, plasma arc lamp, or laser. The primary characteristic of suitable sources of actinic light will be that they emit light in a wavelength (or wavelengths) appropriate for activating the one or more photoactivators present in the composition. In certain embodiments the illuminating element **34** is spaced anywhere from 0-10 cm away from the applicator cartridge **10**. For example, the illuminating element **34** may be spaced approximately 2 cm away from the applicator head so that the illuminating element is close enough to the photoactivatable composition to effectively photoactivate it. In certain embodiments, the illuminating element **34** emits actinic light in the visible spectrum. For example, the illuminating element **34** may emit actinic light in the 400 to 600 nm wavelength range to activate the composition. In certain embodiments, light sources that produce light outside of the visible region (e.g., infrared and ultraviolet) may be used. For example, certain compositions may require interaction with light in a particular spectrum to be photoactivated. Furthermore, the source of actinic light should have a suitable power density. Suitable power densities for non-collimated light sources (LED, halogen or plasma lamps) are in the range from about 50 mW/cm² to about 2000 mW/cm². Suitable power density for laser light sources are in the range from about 50 mW/cm² to about 2000 mW/cm². The illuminating element **34** may emit a continuous beam of actinic light, or it

may emit a pulsed beam of actinic light. In certain embodiments, the illuminating element may be adjustable to produce varying power outputs. For example, current to the light source may be limited to control light output. The current may be limited in varying steps. For example there may be 5 light output positions: 200mA, 300mA, 400mA, 500mA, 600mA. It will be recognized by those of skill in the art that any number of light output positions may be used. In certain embodiments, a continuous range may be used for the light output levels. The illuminating element **34** may be powered by any suitable power source such as one or more batteries, one or more capacitors, an outlet, or any other suitable power source known to those of skill in the art. The power source may be contained within the photodynamic therapy device **30** or the power source may be located external to the photodynamic therapy device **30**.

[0072] In use and according to one embodiment, an applicator cartridge **10** may be fitted onto the illuminating member **32**, and upon turning on the illuminating element **34**, the actinic light activates at least a portion of the mixed photoactivatable composition, including the activating composition and the oxidant gel from the reservoir **14**. The user or patient then applies the applicator head onto the treatment site, and dispenses the photoactivated composition to the treatment site, which will then carry on its therapeutic purpose in the presence of light emitted from the illuminating element **34**. In certain embodiments, the photoactivatable composition may be applied to the surface of the applicator cartridge **10**, and upon turning on of the illuminating element **34**, the actinic light activates the composition on the surface of the applicator cartridge **10**. The user then applies the applicator head to the treatment site. The photoactivatable composition may be photoactivated by the actinic light source prior to, as well as during, application to a treatment site.

[0073] Figure 8 illustrates an example of a finger-mounted photodynamic therapy device **30**. The finger-mounted photodynamic therapy device **30** may include a holding member **40**, so that the photodynamic

therapy device **30** may be, finger-mounted, or hand mounted. The holding member **40** may be in the shape of a loop so that one or more fingers may fit through to grasp the photodynamic therapy device **30**. The photodynamic therapy device **30** of Figure 8 may also include an illuminating member **32** including illuminating element **34**, applicator cartridge **10**, and mounting portion **16**, for removably mounting the applicator cartridge **10** to the illuminating member **32**. In the example shown in Figure 8, the illuminating element **34** may be illuminated by pressing on the back of illuminating member **32**, or may be illuminated by an external actuator. In certain embodiments, the finger-mounted photodynamic therapy device **30** may include a port to recharge the power source via an external charger. For example, the device may include a USB port charging the power source.

[0074] Figure 9A shows an example of a photodynamic therapy device **30** according to one embodiment. The photodynamic therapy device **30** of Figure 9A includes an applicator cartridge **10**, an illuminating member **32**, a stem **50** for connecting the applicator cartridge **10** to the illuminating member **32**, and base **52**. The applicator cartridge **10** removably connects to stem **50**, for example, by using a clip mechanism, threaded connector, snap connector, or any other suitable connection mechanism known to those of skill in the art. The stem **50** may slide over the end of the illuminating member **32** and connect to the illuminating member using a clip mechanism, threaded connector, snap connector, or any other suitable connection mechanism known to those of skill in the art.

[0075] In certain embodiments, different applicator cartridges **10** containing different compositions may be swapped in and out of photodynamic therapy device **30**. In certain embodiments, the stem **50** may be individualized for one or more users. For example, the stem **50** may be color-coded or otherwise labeled to indicate a distinct stem. In certain embodiments, illuminating member is designed to stand upright on a flat surface of to fit in base **52**. Additionally, illuminating member **32** may be designed to have a “swan” shape as shown in Figures 9A-9C, to promote

more efficient therapy for certain treatment sites (e.g., rear teeth). In certain embodiments, base **52** acts as a simple holder to hold the photodynamic therapy device **10** while it is not in use, or while it is being prepared for use. Additionally, base **52** may hold other components of the photodynamic therapy device **30**, such as extra applicator cartridges **10**, stems **50**, and/or tubes containing photoactivatable compositions. In certain embodiments, the base **52** may be used to recharge the photodynamic therapy device **30**. For example, the base **52** may include an induction coil for inductively charging batteries, capacitors, or other power sources connected to the photodynamic therapy device **30**.

[0076] Figure 9B shows an illustrative example of a photodynamic therapy device according to an embodiment. The photodynamic therapy device **30** of Figure 9B includes an applicator cartridge **10**, and an illuminating member **32**. The applicator cartridge **10** includes an applicator head **12**. The applicator head **12** may include any texture, size or surface feature as described above. The illuminating member **32** includes a stem **50** and a body **74**. The stem **50** may house a light guide, such as a light pipe, fiber optics cables or any other suitable light guide. In certain embodiments, the body **74** may include an illuminating element **34**, control circuitry, a power source (e.g., batteries), and an internal frame supporting the elements within the body **74**.

[0077] Figure 9C shows an illustrative example of an exploded version of the photodynamic therapy device **30** of Figure 9B. In addition to what is illustrated in Figure 9B, the photodynamic therapy device **30** includes a light pipe **54**, a light pipe protector **56**, a Printed Circuit Board (PCB) **58** including an illuminating element **34**, an internal frame **60**, a seal ring **62**, batteries **64**, a battery access cap **66**, an actuator button **68**, a button plate **70**, an internal frame screw **72**, and a removal screw **76**. The light pipe **54** is connected to the illuminating element **34** and concentrates light from the illuminating element to the applicator cartridge **10**. The light pipe **54** is surrounded by a light pipe protector **56** which connects to the body **74**. The stem **50** may be slid over the light pipe protector **56** and connected to the body **74**. The PCB

58 may include circuitry for driving the illuminating element **34**. For example, if the illuminating element is an LED, the PCB **58** includes LED drive circuitry to power the LED. The PCB **58** is secured in place by an internal frame **60** which is secured inside the body **74** by the seal ring **62**, battery access cap **66**, and the removal screw **76**. The batteries **64**, may be conveniently inserted and removed by removing and replacing the battery access cap **66**. The PCB **58** and the illuminating element **34** may be controlled by a user through actuator button **68**. For example, when a user activates actuator button **68**, the illuminating element **34** may be illuminated to photoactivate the composition within or on the surface of the applicator cartridge **10**.

[0078] In certain embodiments, the photodynamic therapy devices of Figures 9B and 9C are designed particularly for teeth brightening, however the devices depicted in Figures 9B and 9C, or any variation of them, may be used for applications other than teeth brightening as described in more detail below.

[0079] Figures 10A and 10B show an illustrative example of a photodynamic therapy device **30** according to an embodiment. The photodynamic therapy device **30** includes a cartridge **10**, an illuminating member **32**, a light guide **38**, a PCB **58**, a battery holder **86**, an actuator **68**, and a rotary switch **84**. In the example illustrated in Figures 10A and 10B, the rotary switch **84** may be used to variably control the output of an illuminating element within illuminating member **32**. For example, the rotary switch **84**, may be a current regulator for controlling the amount of current between a power source and the illuminating element. It will be understood by those of skill in the art that any suitable mechanism may be used in place of the rotary switch **84**, to control the output of an illuminating element.

[0080] The photodynamic therapy device **30**, as described in the various embodiments above, may be used to whiten teeth. For example, a photoactivatable composition comprising one or more suitable photoactivator compositions, along with a source of peroxide may be used for whitening teeth. The activation of the peroxide by actinic light dispersed by the

photoactivating agent within the composition leads to a prompt bleaching of the teeth.

[0081] The photodynamic therapy device **30**, as described in the various embodiments above, may be used in conjunction with a suitable photoactivatable composition to treat injuries to the different layers of the skin, including incisions, lacerations, abrasions, puncture wounds, penetrations wounds, gunshot wounds, contusions, hematomas and crushing injuries. Lesions to mucosae may also be treated with the composition of the present invention, which may be used, for example, to treat pathological lesions of the oral mucosa, such as periodontitis, ulcers, and cold sores (orofacial herpes).

[0082] The photodynamic therapy device **30**, as described in the various embodiments above, may be used in conjunction with a suitable photoactivatable composition to treat photoaging, fine lines, pigmentation, tactile roughness, sallowness damages caused by normal aging, as well as premature aging of the skin caused by exposure to the sun. These damages include but are not limited to photoaging, hyperpigmentation, large pores, skin irregularities, fine lines, and dark skin discoloration, hair growth (hirsutism), and sun damage, pigmented lesions (e.g., melanocytic proliferations, reticular melanotic hypermelanoses), hyperpigmented lesions (e.g., post-traumatic hyperpigmentation), wrinkles, sagging skin, and scars.

[0083] The photodynamic therapy device **30**, as described in the various embodiments above, may also be used to treat a wide array of skin conditions. These include but are not limited to acne and acne scars, rosacea, nevi (blemish on the skin), Mongolian spots, such as Becker's nevus, blue nevus, congenital nevus, pigmented nevus (mole), nevus of Ota and Ito, pigmented spindle cell nevus, and dysplastic nevus may also be treated with the composition.

[0084] Visible vascular lesions to the skin may also be treated with the the photodynamic therapy device **30**, as described in the various embodiments above, in conjunction with a suitable photoactivatable composition. These include but are not limited to matted telangiectasia,

lentigines, cherry angioma (a.k.a. "De Morgan spots", and "Senile angiomas"), spider angioma (a.k.a. nevus araneus, spider nevus, or vascular spider), vascular lesions such as vascular birthmarks, blue, red or purple port wine stains, red or blue facial and leg veins (a.k.a. spider veins).

[0085] The photodynamic therapy device **30**, as described in the various embodiments above, may be used in conjunction with a suitable photoactivatable composition to treat neuropathic lesions caused by any one of polyneuropathy, mononeuropathy, mononeuritis multiplex and autonomic neuropathy. These especially include, but are not limited to Herpes zoster (a.k.a. shingles).

[0086] The photodynamic therapy device **30**, as described in the various embodiments above, may be used in conjunction with a suitable photoactivatable composition to effect full mouth disinfection (e.g., containing a source of oxidant such as hydrogen peroxide and/or carbamide peroxide). The application cartridge **10** and the photodynamic therapy device **30** may be used in conjunction with a suitable photoactivatable composition to treat periodontal diseases caused by bacterial infection. Oral diseases, such as gingivitis, periodontitis, periodontal disease, oral thrush, lichen planus, and stomatitis may also be treated.

[0087] The duration of the exposure to actinic light will be dependent on the surface of the treated area, and on the type of lesion, trauma or injury that is being treated. The photoactivation of the composition may take place within seconds or even fragment of seconds, but a prolonged exposure period may be beneficial to exploit the synergistic effects of the absorbed, reflected and reemitted light on the composition of the present invention and its interaction with the treatment site. In one embodiment, the time of exposure to actinic light of the tooth, tissue, skin or wound on which the photoactivated composition has been applied is a period between 1 second and 10 minutes. In another embodiment, the period is between 60 seconds and 5 minutes. In another embodiment, the time of exposure to actinic light of the tooth, tissue, skin or wound on which the photoactivatable composition has been applied is

dependent on the area of the treatment site. For example, a period between 60 seconds and 5 minutes per cm^2 of the area may be treated, so that the total time of exposure of a 10 cm^2 area would be between 10 minutes and 50 minutes. In certain embodiments, the time of exposure of actinic light on the treatment site is for a duration sufficient to achieve the desired results. In yet another embodiment, the source of actinic light is in continuous motion over the treated area for the appropriate time of exposure. In yet another embodiment, multiple applications of the photoactivatable composition and actinic light are performed. In some embodiments, the tooth, tissue, skin or wound is exposed to actinic light at least two, three, four, five, six or more times in a given period, such as a day, a week or a month. For example, the treatment site may be exposed to actinic light twice a week, or any suitable amount of time to achieve the desired effect. In some embodiments, a fresh application of the photoactivatable composition is applied before exposure to actinic light.

[0088] One key aspect of the photodynamic therapy device of the present invention is that the illuminating element (the source of light) and the photoactivatable composition are in very close proximity (e.g, 0-10 cm), which results in very efficient transmission of light energy to the composition and therefore a rapid and efficient activation of the photoactivatable composition. For example, the illuminating element may be placed within a distance of 2 cm from the photoactivatable composition. The close proximity of the illuminating element to the photoactivatable composition also results in the photodynamic therapy device performing at least as well as standard phototherapy protocol where more powerful light sources are usually used. The photodynamic therapy device requires much smaller quantities of photoactivatable composition to treat the area of interest, as the composition is activated and applied at the same time, directly to the treatment area. Moreover, the composition used in the photodynamic therapy device described herein is non-toxic and thus safer for handling by a user. Also, greater activation of the photodynamic composition may be obtained through the use of a smaller reservoir, where light energy is concentrated, along with

the mechanical energy input (e.g., application of the applicator cartridge to the treatment surface).

EXAMPLE I

[0089] A user applies composition from a dual chambered tube to an applicator head having a plurality of fingers and/or bristles extending from the surface of the applicator head. For example, the applicator head **12** from Figures 5A-5B, having a plurality of fingers **40**, may be used. The dual chambered tube separates an active composition from an oxidizing composition. The compositions are mixed as they exit the dual chambered tube to be placed on the applicator head. The user turns the illuminating member on and applies the applicator head, including the plurality of fingers, on his teeth, with a motion similar to brushing teeth. Light application is applied to the incisors, while more vigorous application is applied to the canines, for about 1 second to 1 minute per tooth, or for a duration necessary to achieve the desired result. The patient then proceeds to rinse his mouth with water to flush away the photoactivatable composition. The procedure may be repeated one or more times until the desired result is achieved.

[0090] In another example, the photoactivatable device is used one time daily after brushing, at night. The total application time is approximately 3 minutes. During each use, 0.5 ml of composition is used. After approximately 10 days, the color shift of the teeth will be at least 2 shades of the Vita scale.

EXAMPLE II

[0091] A user applies antibacterial periodontal composition to an applicator head having a plurality of fingers and/or bristles extending from the surface of the applicator head. For example, the applicator head **12** from Figures 5A-5B, having a plurality of fingers **40**, may be used. The antibacterial periodontal composition is prepared by mixing the following components: an oxidant, healing factors, and photoactivators. The resulting composition is illuminated with actinic light for less than 5 minutes before

application to the mouth of a patient. Application of the applicator head to the user's mouth may be similar to the motion used for brushing teeth. In certain embodiments the applicator head is applied directly to at least one of the user's gums and tongue. After application, the composition is left in the mouth for less than 5 minutes. The composition is removed following treatment. The procedure may be repeated one or more times until the desired result is achieved.

EXAMPLE III

[0092] An applicator cartridge containing a wound healing composition is mounted on the illuminating member. The user presses a lid to mix one or more compositions coated on the lid with one or more compositions within the reservoir. For example, the applicator cartridge **10** illustrated in Figure 1 may be used. The user turns the illuminating member on and applies the applicator head to a wound, for example, on his left arm. Light application is applied to the wound, for about 1 second to 5 minutes, or for a duration necessary to achieve the desired result. The actinic light is concentrated on the treatment site during application. A second application may be made a few minutes later, again for a period of about 1 second to 5 minutes. The patient then wipes the composition from the treatment site and proceeds to cover wound with a sterile gauze. The above procedure may be repeated as many times as necessary to achieve the desired result (e.g., the wound is healed).

EXAMPLE IV

[0093] An applicator cartridge containing a skin condition treatment composition is mounted on the illuminating member. The user presses a lid to mix one or more compositions coated on the lid with one or more compositions within the reservoir. For example, the applicator cartridge **10** illustrated in Figure 1 may be used. The user turns the illuminating member on and applies the applicator head to a skin condition, such as on a port wine stain located on her left cheek. Light application is applied to the port wine stain, for about 1 second to 10 minutes, or until the skin condition is treated. The actinic light is concentrated on the treatment site during application. The

composition is left on the stain for a few minutes, and then wiped away. Subsequent applications are made in the following days, again for necessary periods (e.g., 5 minutes), until the skin condition has faded or disappeared.

EXAMPLE V

[0094] An applicator cartridge containing a skin rejuvenation composition is mounted on the illuminating member. The user presses a lid to mix one or more compositions coated on the lid with one or more compositions within the reservoir. For example, the applicator cartridge **10** illustrated in Figure 1 may be used. The user turns the illuminating member on and applies the applicator head to the skin, for example to create tighter skin. Light application is applied to the skin, for about 1 second to 10 minutes, or until the skin is rejuvenated. The actinic light is concentrated on the treatment site during application. The composition is left on the skin for a few minutes, and then wiped away. Subsequent applications are made in the following days, again for necessary periods (e.g., 5 minutes), until the skin has improved in appearance and/or becomes tighter.

[0095] It is to be understood that while various illustrative embodiments have been described, the foregoing description is merely illustrative and does not limit the scope of the invention. While several examples have been provided in the present disclosure, it should be understood that the disclosed systems, components, and methods may be embodied in many other specific forms without departing from the scope of the present disclosure.

[0096] The examples disclosed can be implemented in sub-combinations with one or more other features described herein. A variety of systems and methods may be implemented based on the disclosure and still fall within the scope of the invention. Also, the various features described or illustrated above may be combined or integrated in other systems or certain features may be omitted, or not implemented.

[0097] Examples of changes, substitutions, and alterations are ascertainable by one skilled in the art and could be made without departing

from the scope of the information disclosed herein. Certain particular aspects, advantages, and modifications are within the scope of the following claims.

[0098] The claims hereof are to be understood to include, without limitation, all alternative embodiments and equivalents of the subject matter hereof. Phrases, words and terms employed herein are illustrative and are not limiting. Where permissible by law, all references cited herein are incorporated by reference in their entirety. It will be appreciated that any aspects of the different embodiments disclosed herein may be combined in a range of possible alternative embodiments, and alternative combinations of features, all of which varied combinations of features are to be understood to form a part of the subject matter claimed.

CLAIMS

1. A photodynamic therapy device for delivery of a photoactivatable composition to a treatment site, the device comprising:
an illuminating member comprising an illuminating element and a power source electrically connected thereto, and
an applicator cartridge comprising a reservoir adapted to receive a composition comprising at least one component of the photoactivatable composition therein, and an applicator head, wherein the applicator cartridge is detachably connected to the illuminating member, and wherein the applicator head comprises one or more pores for passing the composition from the reservoir through the applicator head.
2. The photodynamic therapy device as claimed in claim 1, wherein the device is a hand-held device.
3. The photodynamic therapy device as claimed in claim 1 or claim 2, wherein the applicator cartridge comprises a mounting member for mounting the applicator cartridge on the illuminating member.
4. The photodynamic therapy device as claimed in claim 3, wherein the mounting member is threaded.
5. The photodynamic therapy device as claimed in claim 3 or claim 4, wherein the mounting member includes a clip.
6. The photodynamic therapy device as claimed in any one of claims 1 to 5, wherein when a pressure is applied to the applicator cartridge, the composition in the reservoir is pushed through the one or more pores of the applicator head.
7. The photodynamic therapy device as claimed in any one of the preceding claims, wherein the distance between the illuminating element and the applicator head is 0-10 cm.
8. The photodynamic therapy device according to any one of the preceding claims, wherein the illuminating member further comprises a waveguide, the waveguide being connected to the illuminating element.

9. The photodynamic therapy device according to claim 8, wherein the waveguide comprises at least one optical fiber.
10. The photodynamic therapy device according to claim 9, wherein the waveguide comprises at least one light pipe.
11. The photodynamic therapy device according to any one of the preceding claims, wherein the illuminating element is a light emitting diode (LED).
12. The photodynamic therapy device according to claim 11, wherein the light emitting diode (LED) is configured to emit an actinic visible light.
13. The photodynamic therapy device according to any one of the preceding claims, wherein the illuminating element is configured to emit an actinic continuous light.
14. The photodynamic therapy device according to any one of claims 1 to 12, wherein the illuminating element is configured to emit an actinic pulsed light.
15. The photodynamic therapy device according to any one of the preceding claims, wherein the device is hand mountable or finger mountable.
16. The photodynamic therapy device as claimed in any one of the preceding claims, wherein the reservoir contains the composition comprising the at least one component of the photoactivatable composition therein, the at least one component being selected from a photoactivator and an oxidant.
17. The photodynamic therapy device as claimed in any one of the preceding claims, wherein the applicator cartridge is light permeable in order to allow light from the illuminating element to pass therethrough.
18. The photodynamic therapy device as claimed in any one of the preceding claims, wherein the applicator cartridge is made from a flexible material.
19. The photodynamic therapy device as claimed in any one of the preceding claims, wherein the applicator cartridge is made from an inert material.

20. The photodynamic therapy device as claimed in any one of the preceding claims, wherein the applicator head comprises a plurality of fingers.

21. The photodynamic therapy device as claimed in any one of the preceding claims, wherein the applicator head further comprises an absorbent pad.

22. The photodynamic therapy device as claimed in any one of the preceding claims, wherein the applicator head comprises a removable cover member adapted to cover the applicator head.

23. The photodynamic therapy device as claimed in claim 22, wherein the removable cover member is coated with a composition comprising at least one component of the photoactivatable composition.

24. The photodynamic therapy device as claimed in any of claims 1 to 23, wherein the at least one component is selected from a photoactivator or an oxidant.

25. The photodynamic therapy device as claimed in any of claims 22 to 24, wherein the removable cover member is coated with a photoactivator and the reservoir contains the oxidant.

26. The photodynamic therapy device as claimed in any one of claims 22 to 25, wherein the removable cover member is impermeable to light.

27. An applicator cartridge for delivery of a photoactivatable composition to a treatment site, the applicator cartridge comprising:

an applicator head, and

a reservoir adapted to receive a composition comprising at least one component of the photoactivatable composition therein;

wherein the applicator head comprises one or more pores for passing the composition from the reservoir through the applicator head.

28. The applicator cartridge as claimed in claim 27, further comprising a mounting portion for mounting of the applicator cartridge to an illuminating member.

29. The applicator cartridge as claimed in claim 27 or claim 28, wherein the reservoir contains a composition comprising at least one component of the photoactivatable

composition therein, the at least one component being selected from a photoactivator and an oxidant.

30. The applicator cartridge as claimed in any one of claims 27 to 29, wherein the applicator cartridge is light permeable.

31. The applicator cartridge as claimed in any one of claims 27 to 30, wherein the applicator cartridge is made from a flexible material.

32. The applicator cartridge as claimed in any one of claims 27 to 31, wherein the applicator cartridge is made from an inert material.

33. The applicator cartridge as claimed in any one claims 27 to 32, wherein the applicator head comprises a plurality of fingers.

34. The applicator cartridge as claimed in any one of claims 27 to 33, wherein the applicator head further comprises an absorbent pad.

35. The applicator cartridge as claimed in any one of claims 27 to 34, wherein the applicator head comprises a removable cover member adapted to cover the applicator head.

36. The applicator cartridge as claimed in claim 35, wherein the removable cover member is coated with a composition comprising at least one component of the photoactivatable composition.

37. The applicator cartridge as claimed in any one of claims 27 to 36, wherein the at least one component comprises a photoactivator or an oxidant.

38. The applicator cartridge as claimed in any one of claims 27 to 37, wherein the removable cover member is impermeable to light.

39. The applicator cartridge as claimed in any one of claims 27 to 38, wherein when a pressure is applied to the applicator cartridge, the composition in the reservoir is pushed through the one or more pores of the applicator head.

40. Use of an applicator cartridge and/or a photodynamic therapy device according to any one of claims 1 to 39 for tooth whitening.