

WHAT IS CLAIMED IS:

1. A nutritional ingredient comprising an agglomerated calcium source, wherein the agglomerated calcium source comprises particles of a calcium source adhered together with a lecithin binder.
2. The nutritional ingredient of claim 1, wherein the calcium source is selected from tricalcium phosphate, calcium citrate, calcium phosphate, dicalcium phosphate, calcium carbonate, and combinations thereof.
3. The nutritional ingredient of claim 1 or claim 2, wherein the lecithin binder comprises a lecithin having a hydrophilic-lipophilic balance (HLB) of about 4 to about 12.
4. The nutritional ingredient of any one of claims 1 to 3, wherein the calcium source comprises tricalcium phosphate and the lecithin binder comprises a lecithin having an HLB of about 4 to about 12.
5. The nutritional ingredient of any one of claims 1 to 4, wherein the agglomerated calcium source comprises from 55 wt% to 99.5 wt% particles of the calcium source and from 0.5 wt% to 40 wt% lecithin binder.
6. The nutritional ingredient of any one of claims 1 to 5, wherein the agglomerated calcium source has a mean particle size of 4.95 μm to 30 μm .
7. The nutritional ingredient of any one of claims 1 to 6, wherein the agglomerated calcium source has an x90 particle size of 10 μm to 50 μm .
8. The nutritional ingredient of any one of claims 1 to 7, wherein the agglomerated calcium source has a flow factor of 1.7 to 4.

9. The nutritional ingredient of any one of claims 1 to 8, wherein the agglomerated calcium source has a loose bulk density of 0.35 g/cm^3 to 0.7 g/cm^3 .
10. The nutritional ingredient of any one of claims 1 to 9, wherein the agglomerated calcium source has a skeletal density of 1.4 g/cm^3 to 3 g/cm^3 .
11. A nutritional powder comprising:
a base powder comprising one or more of a protein, a fat, and a carbohydrate; and
an agglomerated calcium source comprising particles of a calcium source adhered together with a lecithin binder.
12. The nutritional powder of claim 11, wherein the calcium source is selected from tricalcium phosphate, calcium citrate, calcium phosphate, dicalcium phosphate, calcium carbonate, and combinations thereof.
13. The nutritional powder of claim 11 or claim 12, wherein the lecithin binder comprises a lecithin having an HLB of about 4 to about 12.
14. The nutritional powder of any one of claims 11 to 13, wherein the calcium source is tricalcium phosphate and the lecithin binder comprises a lecithin having an HLB of about 4 to about 12.
15. The nutritional powder of any one of claims 11 to 14, wherein the agglomerated calcium source comprises from 55 wt% to 99.5 wt% particles of the calcium source and from 0.5 wt% to 40 wt% lecithin binder.
16. The nutritional powder of any one of claims 11 to 15, wherein the agglomerated calcium source comprises from 0.1 wt% to 3 wt% of the nutritional powder, based on the total weight of the nutritional powder.

17. The nutritional powder of any one of claims 11 to 16, wherein upon reconstitution with water, the nutritional powder yields from 10% to 88% less foam as compared to an otherwise identical nutritional powder that does not include the agglomerated calcium source.

18. The nutritional powder of any one of claims 11 to 16, wherein the nutritional powder exhibits an increase in flow factor of 15% to 75% as compared to an otherwise identical nutritional powder that does not include the agglomerated calcium source.