CLAIMS

1. A softgel formulation, comprising:
polyethylene glycol;
polyvinylpyrrolidone; and
an edible bird's nest extract having a nitrite content of less than 15 ppm, wherein the edible bird's nest extract is obtainable by cleaning raw edible bird's nest using a solution containing an emulsifier and extracting the edible bird's nest with water in an oven for 24 to 48 hours.

2. The formulation according to claim 1, further comprising resveratrol.

3. The formulation according to claim 1, wherein the polyethylene glycol is present in an amount of 50% to 70% by weight of the total weight of the softgel formulation.

4. The formulation according to claim 1 or 3, wherein the polyvinylpyrrolidone is present in an amount of 5% to 15% by weight of the total weight of the softgel formulation.

5. The formulation according to claim 3, wherein the polyethylene glycol has an average molecular weight of from 2,000 to 54,000.

6. The formulation according to claim 2, wherein the resveratrol is present in an amount of 4% to 6% by weight of the total weight of the softgel formulation.

7. The formulation according to claim 1 or 2, wherein the edible bird's nest extract is present in an amount of 0.1% to 1.9% by weight of the total weight of the softgel formulation.

8. The formulation according to claim 1 or 2, further comprising a plasticizer.

9. The formulation according to claim 8, wherein the plasticizer is present in an amount of 1% to 10% by weight of the total weight of the softgel formulation.

10. The formulation according to claim 9, wherein the plasticizer is glycerin.

11. The formulation according to claim 8, further comprising a surfactant and an emulsifier.

12. The formulation according to claim 11, wherein the surfactant is present in an amount of 1% to 20% by weight of the total weight of the softgel formulation.

13. The formulation according to claim 11, wherein the emulsifier is present in an amount of 1% to 20% by weight of the total weight of the softgel formulation.

14. The formulation according to claim 12, wherein the surfactant is polyoxyethylene (20) sorbitan monolaurate.

15. The formulation according to claim 13, wherein the emulsifier is oleic acid.

16. A softgel formulation comprising:

a soft gelatin capsule; and

a fill material within the soft gelatin capsule, the fill material comprising the formulation according to claim 1 or 2.

17. A method for producing a formulation containing edible bird's nest extract, suitable for encapsulation in a softgel, the method comprising:

cleaning raw edible bird's nest using a solution containing a first emulsifier;

extracting the edible bird's nest with water in an oven for 24 to 48 hours;

subjecting the solution containing the edible bird's nest extract to separation to obtain a supernatant containing the edible bird's nest extract;

freeze-drying the supernatant containing the edible bird's nest extract to obtain an edible bird's nest extract in powder form;

mixing the edible bird's nest extract in powder form with polyvinylpyrrolidone to form a first mixture; and

mixing the first mixture with a second mixture comprising polyethylene glycol to obtain a formulation containing the edible bird's nest extract having a nitrite content of less than 15 ppm.

18. The method according to claim 17, further comprising mixing resveratrol with the edible bird's nest extract in powder form with the polyvinylpyrrolidone to form the first mixture.