**CLAIMS:**

1. A face mask comprising:

a mask body portion configured to surround the mouth and at least part of the nose of a wearer; and

a sealed compressible cushion formed on the inner face of said mask body portion, that, when in use, is in contact with the user's face, and

wherein the middle of said cushion is placed in close proximity to the middle of the superior perimeter of said mask body portion, and

wherein said cushion is partially filled with a fluid so that it is flexible and adaptive to curvatures.

2. The face mask according to claim 1, wherein the cushion is comprised of two EVA (Ethylene-vinyl acetate) films.

3. The face mask according to claim 1, wherein the cushion is comprised of Polyethylene (PE) films.

4. The face mask according to claim 1, wherein the cushion is comprised of a laminate comprising Polyethylene (PE).

5. The face mask according to claim 1, the cushion is attached to the mask body portion and wherein the middle of said cushion is attached at close proximity to the middle of the superior perimeter of said mask body portion.

6. The face mask according to claim 1, wherein the mask body portion further comprises a holding element attached to the inner face of said mask body portion at close proximity to the middle of the superior perimeter of said mask body portion; wherein said holding element is configured to receive and hold a portion of the cushion threaded thereinto.

7. The face mask according to claim 1, wherein the cushion is comprised of films or sheets having a shape of two adjacent polygons having a common portion in the middle.

8. The face mask according to claim 7, wherein the polygons are trapezoids.

9. The face mask according to claim 1, wherein the cushion comprises two wider lateral pocket portions, wherein said lateral pocket portions have larger volumes than that of the middle section of said cushion, wherein the middle section is configured to fit on the bridge of the nose

of a wearer, and said two lateral pocket portions are configured to be deployed on the sides of the nose of a wearer, thus being configured to seal the area between the upper cheeks and the eye sockets of a wearer.

10. The face mask according to claim 1, wherein the cushion is partly filled with a fluid.

11. The face mask according to claim 1, wherein the mask body portion is comprised of layers of nonwoven fabrics.

12. The face mask according to claim 11, wherein the mask body portion comprises three functional layers.

13. The face mask according to claim 1, wherein the mask body portion comprises a portion that is folded into a series of pleats.

14. The face mask according to claim 13, wherein the pleats are formed along the width of the mask body portion and are made by folding a portion of the mask body portion into pleat layers and welding the edges together.

15. The face mask according to claim 1, wherein the cushion further comprises a one way inflation valve.

16. A face mask comprising:

a mask body portion configured to surround the mouth and at least part of the nose of a wearer; and

one or more sealed compressible cushions partially filled with fluid so that it is flexible and adaptive to curvatures, formed on the inner face of said mask body portion, that, when in use, are in contact with the user's face, and

wherein said one or more cushions extend over a portion of the perimeter of said mask body portion .

17. The face mask according to claim 16, wherein said mask comprises two distinct compressible cushions connected to each other at the midline of the superior border of the mask.

18. The face mask according to claim 16, wherein the one or more cushions extend around the entire perimeter of the mask body portion.

19. A face mask according to claim 1, further comprising:

a single adjustable elastic strap threaded into two threading channels, each threading channel located on the sides of the mask body portion; and

a tightening buckle wherein the edges of said elastic strap are passed therethrough, wherein said buckle is configured to hold said strap at a required length.

20. The face mask according to claim 19, wherein the strap is made of a material selected from the group consisting of Polyester, Lycra and rubber.

21. The face mask according to claim 19, further comprising grip tabs attached to the threading channels.

22. The face mask according to claim 19, wherein each threading channel and grip tab are made by plastic injection wherein said threading channels are welded to the side edges of the mask.

23. The face mask according to claim 19, wherein each threading channel and grip tab are made of a nonwoven fabric.

24. The face mask according to claim 19, wherein each threading channel and grip tab are made of the same material as the mask body portion, and is an integral part of said mask body portion.

25. The face mask according to claim 24, wherein the threading channels and grip tabs are welded to be stiffened and hardened.