CLAIMS

We Claim:

1. A system for engaging and manipulating a median lobe of a prostate gland, comprising:

a delivery device comprising an elongate tissue access assembly, wherein the elongate tissue access assembly is configured to be inserted within an introducer sheath;

a tissue anchor housed within the anchor delivery device; and

a tissue engagement structure configured to engage and manipulate a median lobe of a prostate gland, wherein the tissue engagement structure is attached to a distal end portion of the elongate tissue access assembly, wherein the tissue engagement structure includes a distal end portion with an expandable member secured to the distal end portion of the elongate tissue access assembly, wherein the expandable member comprises curved portions having connected distal ends such that the tissue engagement structure can transition from a contracted state, in which the curved portions are compressed toward a midline defined by a longitudinal axis of the tissue engagement structure, to an expanded state, in which the curved portions expand outward from the midline defined by the longitudinal axis of the tissue engagement structure.

2. The system of claim 1, wherein the expandable member comprises arms with an asymmetrical cross-section such that a length along a first axis is different than a length along a second axis that is orthogonal to the first axis.

3. The system of claim 2, wherein a proximal portion of the expandable member is fixedly attached to the elongate tissue access assembly.

4. The system of claim 1, wherein the tissue engagement structure comprises a slidable portion coupled to the elongate tissue access assembly.

5. The system of claim 1, wherein movement of the tissue engagement structure relative to the elongate tissue access assembly transitions the tissue engagement structure from the contracted state to the expanded state.

6. The system of claim 1, wherein the expandable member comprises a first pair of arms.

7. The system of claim 6, wherein the expandable member further comprises a second pair of arms.