end to a second end, the body comprises one or more recesses; and one or more magnets disposed in the one or more recesses; and a second member releasably attached to the first member, the second member comprising: a cavity configured to receive the first member; and one or more magnetizable plate members disposed in the cavity, wherein the one or more magnetizable plate members are adjacent the one or more magnets when the first member is received in the cavity, wherein the second member is releasable from the first member by overcoming a magnetic attraction between the one or more magnets and the one or more magnetizable plate members.

[007] The second member may comprise a shell and a cover disposed on the shell, the shell defining the cavity.

[008] The one or more magnetizable plate members may be fixedly attached to the shell, and the one or more magnets may be securely retained in the one or more recesses.

[009] The cover may be releasably attached to the shell.

[0010] The cover may be fixedly attached to the shell.

[0011] The shell may comprise nylon-glass fiber composite and the cover disposed on the shell may comprise polyurethane foam.

[0012] The shell may comprise nylon-glass fiber composite and the cover disposed on the shell may comprise thermoplastic polyurethane.

[0013] The body of the first member may comprise a geometry matching a geometry of the cavity for retaining the first member against lateral movement when the first member is received in the cavity.

[0014] According to another aspect, there is provided an armrest for a chair, comprising: a first member having a body comprising one or more recesses, each of the one or more recesses configured to securely retain a corresponding magnet; and a second member releasably attached to the first member, the second member comprising: a bottom housing defining a cavity, the cavity configured to receive the first member; one or more magnetizable plate members disposed in the cavity, the one or more magnetizable plate members being adjacent the one or more magnets when the first member is received in the cavity; a rim member disposed on a periphery of the bottom housing; and a cushion member disposed on the rim member and configured to abut at least a surface of the bottom housing forming the cavity to snugly fit over the bottom housing.

[0015] The cushion member may be made of a memory foam material.