6) The extract according to any preceding claim, wherein the herbal composition comprises the following dried plants: *Rheum palmatum, Rosmarinus officinalis, Filipendula ulmaria, Camellia sinensis, Vitis vinifera tinctoria, Eugenia caryophyllus and Arctostaphylos uva-ursi*.

7) The extract according to any preceding claim, wherein the herbal composition comprises the following dried plants: *Rheum palmatum, Rosmarinus officinalis, Filipendula ulmaria, Camellia sinensis, Vitis vinifera tinctoria, Eucalyptus globulus, Arctostaphylos uva-ursi, Mentha spicata* and *Rubia tinctorium*.

8) The extract according to any preceding claim, wherein the herbal composition comprises at least fourteen or fifteen dried plants selected among the following sixteen: *Rheum palmatum, Rosmarinus officinalis, Filipendula ulmaria, Satureja montana, Valeriana officinalis, Camellia sinensis, Vitis vinifera tinctoria, Fucus vesiculosus, Foeniculum vulgare, Arctostaphylos uva-ursi, Arbutus unedo, Eugenia caryophyllus, Juniperus communis, Combretum micranthum, Lippia citrodora* and *Tanacetum vulgare*.

9) The extract according to any preceding claim, wherein the herbal composition comprises the following dried plants: *Rheum palmatum, Rosmarinus officinalis, Filipendula ulmaria, Satureja montana, Valeriana officinalis, Camellia sinensis, Vitis vinifera tinctoria, Fucus vesiculosus, Foeniculum vulgare, Arctostaphylos uva-ursi, Arbutus unedo, Eugenia caryophyllus, Juniperus communis, Combretum micranthum* and *Lippia citrodora*.

10) The extract according to any preceding claim, wherein the herbal composition comprises the following dried plants: *Rheum palmatum, Rosmarinus officinalis, Filipendula ulmaria, Satureja montana, Valeriana officinalis, Camellia sinensis, Vitis vinifera tinctoria, Fucus vesiculosus, Foeniculum vulgare, Arctostaphylos uva-ursi, Arbutus unedo, Eugenia caryophyllus, Juniperus communis, Combretum micranthum, Lippia citrodora* and *Tanacetum vulgare*.

11) A lyophilisate of the extract according to any of claims 1 to 10.

12) A food supplement, a nutraceutical, pharmaceutical, veterinary or cosmetic composition or a functional food or a food additive comprising the extract according to any of claims 1 to 10, or the lyophilisate of claim 11, as active ingredient, together with at least one excipient.

13) The food supplement, the nutraceutical, pharmaceutical, veterinary or cosmetic composition, the functional food, or the food additive according to claim 12, formulated for oral or topic administration.

14) The extract according to any of claims 1 to 10, the lyophilisate of claim 11 or the pharmaceutical or veterinary composition according to claims 12 or 13, for use as an antimicrobial and/or antibiofilm agent.

15) The extract according to any of claims 1 to 10, the lyophilisate of claim 11 or the pharmaceutical or veterinary composition according to claims 12 or 13, for use as an antimicrobial and/or antibiofilm agent in the treatment, prevention or diagnosis of microbial infections.

16) The extract, the lyophilisate or the pharmaceutical or veterinary composition according to claim 15, wherein the infections are caused by *Escherichia, Klebsiella*, *Listeria, Pseudomonas, Salmonella, Streptococcus, Candida* or *Staphylococcus.*

17) The extract, the lyophilisate or the pharmaceutical or veterinary composition according to claim 15, wherein the infections are caused by *Staphylococcus aureus, Staphylococcus epidermidis* or *Staphylococcus pseudintermedius.*

18) A process for preparing the extract according to any of claims 1 to 10, comprising a) chopping or grinding separately or in a mixture at least two single dried plants to obtain corresponding plant powders; b) mixing at least two different plant powders to obtain an herbal composition; c) adding an extraction solvent to said herbal composition to obtain a corresponding liquid preparation (or extract); d) incubating said liquid preparation at room temperature for a time ranging between 5 and 15 minutes; optionally, e) heating said liquid preparation at a temperature ranging from 60°C to 134°C for a time ranging from 5 to 60 minutes; optionally f) centrifuging, collecting the supernatant and filtering the collected supernatant; and, optionally, g) concentrating and/or drying or freeze drying the liquid preparation obtained from step e) or f).
19) The process according to claim 18, where the extraction solvent is water.
20) The process according to claim 19, where the water added in step (c) comprises a sugar dissolved in it at a concentration varying from 1 to 100 g/l, optionally from 50 to 75 g/l.
21) An herbal composition comprising at least two dried plants selected among *Filipendula ulmaria*, *Camellia sinensis* and *Arctostaphylos uva-ursi* and at least one plant selected among *Vitis vinifera* var. *tinctoria, Eugenia caryophyllus* and *Desmodium adscendens*, as intermediate in the process for preparing the extract according to any of claims 1 to 10.
22) The herbal composition according to claim 21, further comprising one or more additional dried plants selected among: *Achillea millefolium, Acorus calamus, Agrimonia eupatoria, Agropyrum repens, Agropyrum repens, Alchemilla vulgaris, Alkanna tinctoria, Althaea officinalis, Anethum graveolens, Angelica archangelica, Arbutus unedo, Arnica montana, Artemisia pontica, Artemisia vulgaris, Asparagus officinalis, Asparagus officinalis, Asperula odorata, Betula pendula, Borrago officinalis, Buxus sempervirens, Calamintha officinalis, Calendula officinalis, Calluna vulgaris, Carum carvi, Cassia angustifolia,Centaurea cyanus, Centaurium erythraea, Centella asiatica, Cetraria islandica, Chamaemelum nobile, Chamomilla recutita, Chrysanthellum americanum, Cichorium endivia, Cichorium intybus, Cinnamomum zeylanicum, Citrus aurantium, Combretum micranthum, Crataegus oxyacantha, Cuminum cyminum, Cupressus sempervirens, Curcuma zedoaria,Cynara scolymus, Cytisus scoparius,Desmodium adscendens, Elettaria cardamomum, Eleutherococcus senticosus, Epilobium parviflorum, Erysimum officinale, Eucalyptus globulus, Eugenia caryophyllus, Eupatorium cannabinum, Foeniculum vulgare, Fraxinus excelsior, Fucus vesiculosus, Fumaria officinalis, Galium odoratum, Gentiana lutea, Geranium robertianum, Ginkgo biloba, Glechoma hederacea, Glycyrrhiza glabra, Handroanthus impetiginosus, Harpagophytum procumbens, Hieracium pilosella, Humulus lupulus, Hypericum perforatum, Hyssopus officinalis, Illicium verum, Inula helenium, Juglans regia, Juniperus communis, Lamium album, Lavandula angustifolia, Levisticum officinale, Lippia citriodora, Lotus comiculatus, Lythrum salicaria, Malva sylvestris, Marrubium vulgare, Medicago sativa, Melissa officinalis, Mentha x piperita, Morus nigra, Myrtus communis, Olea europaea, Origanum majorana, Pan ax ginseng, Popover rhoeas, Parietaria officinalis, Passiflora incarnata, Petroselinum crispum, Peumus boldus, Phaseolus vulgaris, Pimpinella anisum, Plantago lanceolata, Plantago ovata, Potentilla anserina, Quercus robur, Rhamnus frangula, Rheum palmatum, Rosa centifolia, Rosmarinus officinalis, Rubia tinctorum, Rubus idaeus, Salix alba, Salvia officinalis, Sambucus nigra, Satureja montana, Silybum marianum, Solanum dulcamara, Tabebuia impetiginosa, Tanacetum vulgare, Taraxacum officinalis, Thymus serpyllum, Thymus vulgaris, Tilia tomentosa, Tilia cordata, Trigonella foenumgraecum, Tussilago farfara, Vaccinium myrtillus, Valeriana officinalis, Verbascum thapsus, Verbena officinalis, Viscum album, Vitis vinifera var. tinctoria, Zea mays and Zingiber officinale.*
23) A process for preparing the food supplement, the nutraceutical, pharmaceutical, veterinary or cosmetic composition, the functional food, or the food additive according to claims 12 or 13, comprising mixing the extract according to any of claims 1 to 10, or the lyophilisate of claim 11, with at least one excipient.