

ABSTRACT

A packaging material according to one aspect of the present discourse includes a laminated structure that includes a paper base material, an adhesive resin layer, a gas barrier layer and a sealant layer in this order, wherein the sealant layer contains an ethylene-methacrylic acid copolymer, and the sealant layer has a melt flow rate of 3.0 g/10 minutes or more and 40 g/10 minutes or less measured under conditions of a temperature of 190° C and a load of 2.16 kg.

FIG. 1