CLAIMS

1. A method for masking the bitterness of a collagen peptide containing composition, which comprises incorporating glycerophospholipids in the composition, wherein:

the sum contents of Pro-Hyp and Hyp-Gly relative to the total amount of the collagen peptides contained in the collagen peptide containing composition are 0.01 to 10 wt%,

in the glycerophospholipids, the content of a neutral glycerophospholipid is at least 1.5 times the content of an acidic glycerophospholipid on a weight basis, and

the neutral glycerophospholipid is incorporated in 0.01 to 10 parts by weight per 100 parts by weight of the collagen peptides.

2. The method according to claim 1 wherein the collagen peptides have a weight average molecular weight of less than 5000.

3. The method according to claim 1 or 2 wherein the neutral glycerophospholipid is incorporated in 0.02 to 10 parts by weight per 100 parts by weight of the collagen peptides.

4. The method according to any one of claims 1 to 3 wherein the neutral glycerophospholipid is selected from the group consisting of phosphatidyl choline, phosphatidyl ethanolamine, and a combination thereof.

5. The method according to any one of claims 1 to 4 wherein the neutral glycerophospholipid is derived from a ceramide raw material and a ceramide raw material is incorporated in 0.01 to 200 parts by weight per 100 parts by weight of the collagen peptides.

6. The method according to claim 5 wherein the ceramide raw material is milk-derived ceramide.

7. A method for masking the bitterness of a collagen peptide containing composition, which comprises incorporating sphingoglycolipid(s) in the composition, wherein:

the sum contents of Pro-Hyp and Hyp-Gly relative to the total amount of collagen peptides contained in the collagen peptide containing composition are 0.01 to 10 wt%, and

the sphingoglycolipid(s) are incorporated in 0.01 to 100 parts by weight per 100 parts by weight of the collagen peptides.

8. The method according to claim 7 wherein the collagen peptides have a weight average molecular weight of less than 5000.

9. The method according to claim 7 or 8 wherein the sphingoglycolipid(s) are derived from a ceramide raw material and a ceramide raw material is incorporated in 0.01 to 200 parts by weight per 100 parts by weight of the collagen peptides.

10. The method according to any one of claims 7 to 9 wherein the ceramide raw material is a plant ceramide raw material.

11. A composition containing collagen peptides and glycerophospholipids, wherein:

the collagen peptides are contained in 0.01 to 99.9 wt% of the total amount of the composition and the sum contents of Pro-Hyp and Hyp-Gly relative to the total amount of the collagen peptides are 0.01 to 10 wt%; and

in the glycerophospholipids, the content of a neutral glycerophospholipid is at least 1.5 times the content of an acidic glycerophospholipids on a weight basis, with the neutral glycerophospholipid being contained in 0.01 to 10 parts by weight per 100 parts by weight of the collagen peptides.

12. The composition according to claim 11 wherein the collagen peptides have a weight average molecular weight of less than 5000.

13. The composition according to claim 11 or 12 wherein the neutral glycerophospholipid is selected from the group consisting of phosphatidyl choline, phosphatidyl ethanolamine, and a combination thereof.

14. The composition according to any one of claims 11 to 13 wherein the neutral glycerophospholipid is derived from a ceramide raw material and a ceramide raw material is incorporated in 0.01 to 200 parts by weight per 100 parts by weight of the collagen peptides.

15. The composition according to claim 14 wherein the ceramide raw material is milk-derived ceramide.

16. A composition containing collagen peptides and sphingoglycolipid(s), wherein:

the collagen peptides are contained in 0.01 to 99.9 wt% of the total amount of the composition and the sum contents of Pro-Hyp and Hyp-Gly relative to the total amount of the collagen peptides are 0.01 to 10 wt%; and

the sphingoglycolipid(s) are contained in 0.01 to 100 parts by weight per 100 parts by weight of the collagen peptides.

17. The composition according to claim 16 wherein the collagen peptides have a weight average molecular weight of less than 5000.

18. The composition according to claim 16 or 17 wherein the sphingoglycolipid(s) are derived from a ceramide raw material and a ceramide raw material is incorporated in 0.01 to 200 parts by weight per 100 parts by weight of the collagen peptides.

19. The composition according to claim 18 wherein the ceramide raw material is a plant ceramide raw material.

20. The method according to any one of claims 1 to 6, wherein the sum contents of Pro-Hyp and Hyp-Gly relative to the total amount of the collagen peptides contained in the collagen peptide containing composition are 0.05 to 10 wt%.

21. The method according to claim 20, wherein the sum contents of Pro-Hyp and Hyp-Gly relative to the total amount of the collagen peptides contained in the collagen peptide containing composition are 0.1 to 10 wt%.

22. The composition according to any one of claims 11 to 15, wherein the sum contents of Pro-Hyp and Hyp-Gly relative to the total amount of the collagen peptides contained in the collagen peptide containing composition are 0.05 to 10 wt%.

23. The composition according to claim 22, wherein the sum contents of Pro-Hyp and Hyp-Gly relative to the total amount of the collagen peptides contained in the collagen peptide containing composition are 0.1 to 10 wt%.