Claims:

1. A coupling device for coupling components, comprising:

a connector including a resiliently displaceable mechanism arranged to be inserted into aligned recesses of the coupling components, the resiliently displaceable mechanism including

two side members arranged to form an opening, and each side member having at least one resiliently displaceable leg pivotally connected to the corresponding side member; the at least one resiliently displaceable leg including a free end arranged to engage a part of the coupling components; and

a key element insertable into the opening of the two side members of the resiliently displaceable mechanism, and operable between a first position in which the key element is inserted into the opening to slidably engage the resiliently displaceable legs and flex outwardly the respective free ends of the resiliently displaceable legs, and a second position in which the key element is withdrawn to slidably disengage from the resiliently displaceable legs and to return the free ends of the resiliently displaceable legs to their unflexed state to enable withdrawal of the resiliently displaceable mechanism from the aligned recesses.

2. The coupling device according to claim 1, wherein the key element comprises an elongate slot.

3. The coupling device according to claim 2, wherein at least one of the side members includes a raised protrusion for engaging the elongate slot of the key element.

4. The coupling device according to any of claims 1 to 3, wherein the at least one resiliently displaceable leg includes a raised abutment member configured to engage the key element.

5. The coupling device according to claim 4, wherein the raised abutment member is positioned in proximity to a terminal end of the at least one resiliently displaceable leg.

6. The coupling device according to any of claims 1 to 5, wherein the key element includes a tapered tip portion.

7. A method for coupling/uncoupling components using a coupling device including a connector and a key element, comprising:

placing a coupling device at aligned recesses of the components, the coupling device including a connector and a key element, the connector including a resiliently displaceable

mechanism having two side members arranged to form an opening, and each side member having at least one resiliently displaceable leg pivotally connected to the corresponding side member, wherein the at least one resiliently displaceable leg includes a free end arranged to engage a part of the coupling components ;

inserting the connector into the aligned recesses of the components; and

inserting the key element into the opening of the two side members to slidably engage and flex outwardly the respective free ends of the resiliently displaceable legs in order for the respective free ends to engage a part of and couple the components together; wherein the key element is slidably withdrawable from the resiliently displaceable legs and to return the respective free ends of the resiliently displaceable legs to their unflexed state to enable withdrawable of the resiliently displaceable mechanism from the aligned recesses.