

ABSTRACT

A monitoring state switching control method and apparatus, and a storage medium. The monitoring state switching control method comprises: configuring, for a terminal, reception configuration information corresponding to a multicast broadcast service (MBS), the reception configuration information being used for the terminal to receive the MBS by means of discontinuous reception (201); and sending target control information to the terminal, the target control information being used for activating or deactivating the reception monitoring of the MBS of the terminal (202). In the method, a terminal can start or stop the reception monitoring of an MBS according to the instruction of target control information and reception configuration information, thereby better saving the energy consumption of the terminal.

Fig. 2