

ABSTRACT

An object of the present invention is to develop a urination disorder-alleviating agent which has a sufficient urination disorder improving effect and can be administered chronically.

The present invention relates to a urination disorder-alleviating agent comprising acotiamide or a salt thereof as an active ingredient, wherein the acotiamide or a salt thereof is orally administered in an amount of 200 to 300 mg per administration for a total of 600 to 900 mg per day to an adult.