

ABSTRACT

The present invention relates to an aromatic composition for suppressing appetite comprising medicinal herbal components. Specifically, the aromatic composition comprises
5 ethanol and mixed extracts of a *Platycodon grandiflorum* extract, a *Rhubarb* extract, a *Mentha arvensis* extract, an *Atractylodis rhizoma* extract, a *Cnidium officinale* extract, a *Schizonepeta tenuifolia* extract and the like. The aromatic composition is used as a fragrant agent for refreshing an
10 indoor atmosphere and providing a pleasant and comfortable peeling or as a deodorizing agent for removing an offensive odor from a refrigerator and the like. In addition, the aromatic composition suppresses appetite when the natural fragrances of the medicinal herbs enter the human body,
15 thereby reducing bodyweight.