

ABSTRACT

The disclosure can provide a method for using a power saving signaling pattern, a terminal, and a computer readable storage medium. The method includes: determining, by a terminal, a Discontinuous Reception (DRX) timer in an operating state, the DRX timer being one of: an on duration timer with a long DRX cycle and an on duration timer with a short DRX cycle; determining, by the terminal, a pattern for monitoring the power saving signaling based on the DRX timer; and monitoring, by the terminal, the power saving signaling based on the determined pattern for monitoring the power saving signaling.

Fig. 4