CLAIMS

1. An anti-obesity oral composition, comprising:

(A) Bifidobacterium breve MCC1274 (FERM BP-11175); and

(B) broccoli.

2. A method for enhancing anti-obesity effects of a food additive composition or a food composition by using a combination of Bifidobacterium breve MCC1274 (FERM BP-11175) and broccoli in the composition (provided that the method excludes a method for treating humans).

3. A method for producing an anti-obesity oral composition, comprising the step of using a combination of Bifidobacterium breve MCC1274 (FERM BP-11175) and broccoli.