Claims

[Claim 1] A solid preparation comprising a *Pelargonium sidoides* extract and a silicic acid compound.

[Claim 2] The solid preparation according to claim 1, wherein the silicic acid compound is one or more selected from the group consisting of calcium silicate, colloidal silicon dioxide and aluminium magnesium silicate.

[Claim 3] The solid preparation according to claim 1, wherein the silicic acid compound adsorbs the *Pelargonium sidoides* extract.

[Claim 4] The solid preparation according to claim 1, wherein the extract is obtained by performing extraction using one selected from the group consisting of water, ethanol, methanol, propanol and butanol, or a mixture of two or more thereof as a solvent.

[Claim 5] The solid preparation according to claim 1, wherein the *Pelargonium sidoides* extract and the silicic acid compound are mixed at a weight ratio of 1:0.5 to 1:6.

[Claim 6] The solid preparation according to claim 1, wherein the solid preparation is one or more selected from the group consisting of a tablet, a pill, a capsule, a powder and a granule.

[Claim 7] The solid preparation according to any one of claims 1 to 6, wherein the solid preparation is used for the treatment of respiratory diseases.

[Claim 8] The solid preparation according to claim 7, wherein the respiratory disease is one or more selected from the group consisting of cold, cough, asthma, tonsillitis, sore throat, tuberculosis, and chronic bronchitis.

[Claim 9] A method for preparing a solid preparation by mixing a *Pelargonium sidoides* extract with a silicic acid compound.

[Claim 10] The method according to claim 9, wherein the *Pelargonium sidoides* extract and the silicic acid compound are mixed at a weight ratio of 1:0.5 to 1:6.

【CLAIMS】

【Claim 1】

A tablet comprising a *Pelargonium sidoides* extract and calcium silicate, at a weight ratio of 1:1.5 to 1:5.

【Claim 2】

The tablet according to claim 1, further comprising povidone and croscarmellose sodium.

【Claim 3】

The tablet according to claim 1, wherein the calcium silicate adsorbs the *Pelargonium sidoides* extract.

【Claim 4】

The tablet according to claim 1, wherein the extract is obtained by performing extraction using one selected from the group consisting of water, ethanol, methanol, propanol and butanol, or a mixture of two or more thereof as a solvent.

【Claim 5】

The tablet according to any one of claims 1 to 4, wherein the tablet is used for the treatment of respiratory diseases.

【Claim 6】

The tablet according to claim 7, wherein the respiratory disease is one or more selected from the group consisting of cold, cough, asthma, tonsillitis, sore throat, tuberculosis, and chronic bronchitis.

【Claim 7】

A method for preparing a tablet by mixing a *Pelargonium sidoides* extract with calcium silicate, at a weight ratio of 1:1.5 to 1:5.