ABSTRACT

An image decoding method according to the present invention comprises the steps of: generating a merge candidate list for a first block; selecting one from among merge candidates included in the merge candidate list; and performing motion compensation on the first block on the basis of motion information about the selected merge candidate, wherein inter region merge candidates included in an inter region motion information table can be added to the merge candidate list on the basis of the number of spatial merge candidates and temporal merge candidates included in the merge candidate list.

Fig. 1