CLAIMS

1. A composition for reducing serum uric acid level, comprising glycine and tryptophan.

2. The composition according to claim 1, having a weight ratio of tryptophan to glycine in the range of 0.01 and 0.15.

3. The composition according to claim 1 or 2, wherein glycine intake is in the range of 1 g and 10 g per dose.

4. A food and drink product for reducing serum uric acid level, comprising the composition according to any one of claims 1 to 3.

5. A serum uric acid level reducer, comprising the composition according to any one of claims 1 to 3.