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(54) Title: COMPOSITION WITH EFFECTS OF DECLINE PREVENTION, IMPROVEMENT OR ENHANCEMENT OF NORMAL RESPONSES OF COGNITIVE ABILITIES OF A HEALTHY PERSON

(57) Abstract: Arachidonic acid and/or compounds containing arachidonic acid as a constituent fatty acid are used to obtain compounds which prevent decline of, improve or enhance normal responses of cognitive abilities of a healthy person, and which are highly suitable for pharmaceuticals as well as food products, with minimal side effects.