CLAIMS

1. A skin moisturizing composition, comprising:
0.01% to 10% phosphatidylcholine;
at least two demulcents, wherein the demulcents comprise:
0% w/w to 5% w/w propylene glycol, and
0% w/w to 5% w/w glycerol;
0.005% to 0.01% w/w of sodium hyaluronate;
0.05% to 10% w/w polysorbate 20; and
purified water,
wherein the composition has an osmolality in the range of 80 mOsm/kg to 500 mOsm/kg, and wherein the composition is configured as a non-irritant to the skin and non-toxic to eye tissue.

2. The composition according to Claim 1, comprising 0.1% to 5% w/w of phosphatidylcholine.

3. The composition according to Claim 1, further comprising a mixture of vitamins, the vitamins selected from the group consisting of Vitamin A and its derivatives, Vitamin C and its derivatives, Vitamin E and derivatives and mixtures thereof.

4. The composition according to Claim 3, comprising 0.001% to 1.5% w/w of Vitamin A, 0.001% to 1.5% w/w of Vitamin C and 0.005% to 1.5% w/w of Vitamin E.

5. The composition according to Claim 1, further comprising 0.05% to 2% w/w of a preservative.

6. The composition according to Claim 5, wherein the preservative preferably is phenoxyethanol.

7. The composition according to Claim 1, further comprising a nonionic surfactant.

8. The composition according to Claim 1, comprising 60%-98% w/w purified water.

9. The composition according to Claim 1, wherein the composition is encapsulated in a plurality of liposomes or dispersed with a plurality of liposomes.

10. The composition according to Claim 1, wherein the composition has a pH in the range of 4.0 to 7.0.

11. The composition according to Claim 1, wherein the composition is in a liquid, spray, mist, gel, cream or lotion form.

12. A skin moisturizing kit, comprising:
a spray bottle; and
the composition according to Claim 1, wherein the spray bottle is configured to retain the composition.

13. The kit according to Claim 12, wherein the spray bottle preferably is configured to dispense a dose equal to or less than 160 µL per spray

14. A skin moisturizing kit, comprising:
a wipe; and
the composition according to Claim 1, wherein the wipe is pre-moistened with the composition.

15. A method for moisturizing the skin, comprising:
providing the composition according to Claim 1, wherein the composition is encapsulated in/dispersed with a liposome carrier; and
topically applying a desired amount of the composition to skin in need thereof.