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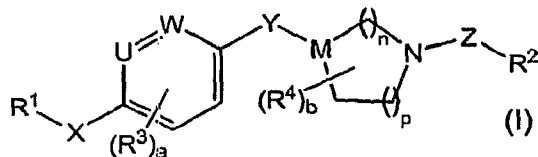
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(54) Title: PHENOXYPIPERIDINES AND ANALOGS THEREOF USEFUL AS HISTAMINE H₃ ANTAGONISTS

(57) Abstract: Disclosed are compounds of the formula or a pharmaceutically acceptable salt or solvate thereof, wherein: M is CH or N; U and W are each CH, or one of U and W is CH and the other is N; X is a bond, alkylene, -C(O)-, -C(N-OR⁵)-, -C(N-OR⁵)-CH(R⁶)-, -CH(R⁶)-C(N-OR⁵)-, -O-, -OCH₂-, -CH₂O- or -S(O)₀₋₂-; Y is -O-, -(CH₂)₂-, -C(=O)-, -C(=NOR⁷)- or -SO₀₋₂-; Z is a bond, optionally substituted alkylene or alkylene interrupted by a heteroatom or heterocyclic group; R¹ is optionally substituted alkyl, cycloalkyl, aryl, arylalkyl, heteroaryl, heterocycloalkyl, or benzimidazolyl or a derivative thereof; R² is optionally substituted alkyl, alkenyl, aryl, arylalkyl, heteroaryl, heteroarylalkyl, cycloalkyl or heterocycloalkyl; and the remaining variables are as defined in the specification; compositions and methods for treating an allergy-induced airway response, congestion, diabetes, obesity, an obesity-related disorder, metabolic syndrome and a cognition deficit disorder using said compounds, alone or in combination with other agents.