

COMMUNICATION METHOD AND APPARATUS

ABSTRACT

This application pertains to the field of communication technologies, and provides a communication method and an apparatus, to improve communication performance of SL
5 communication. In the method, after receiving an SL RRC reconfiguration complete message, a terminal determines, based on an inclusion relationship between a first carrier list and a second carrier list, to perform sidelink SL communication by using a first resource set or a second resource set, where the first resource set is a resource set determined based on the first carrier list and the second carrier list, and the second resource set is a resource set determined based on the second
10 carrier list. According to the method, the terminal can appropriately use two carrier lists, to improve the communication performance of the SL communication.

FIG. 2