

COMMUNICATION METHOD AND APPARATUS

ABSTRACT

This application discloses a communication method and apparatus, and relates to the field of WLAN technologies. An initial control frame can be checked quickly and effectively, thereby
5 improving data transmission efficiency. The method includes: obtaining an initial control frame, where the initial control frame includes a first field and a frame check sequence field, the first field is used to carry a second frame check sequence, the second frame check sequence is used to check a field before the first field in the initial control frame and some or all bits in the first field excluding the second frame check sequence, the frame check sequence field is used to carry a first frame
10 check sequence, and the first field is located before the frame check sequence field; and sending the initial control frame to a first multi-link device, where the initial control frame is used to indicate the first multi-link device to switch from a listening state to an awake state.
(FIG.4)