

The Claims Defining the Invention are as Follows:

1. A topical composition comprising boswellic acid, one or more derivatives of boswellic acid, or a mixture thereof, wherein the boswellic acid, derivative of boswellic acid or mixture thereof is encapsulated in a nanoemulsion having a liquid lipid core and a negative surface charge.
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2. The composition of claim 1, wherein the size of each nanoemulsion is within the range of 50-200 nm.
3. The composition of claim 1 or claim 2, wherein the surface charge of the nanoemulsion is in the range of -50 to -90 mV.
- 10 4. The composition of any one of claims 1 to 3, wherein the boswellic acid, one or more derivatives of boswellic acid or a mixture thereof, is present in an amount of 0.001% to 2.0% by weight of the composition.
5. The topical composition of any one of claims 1 to 4, wherein the boswellic acid, one or more derivatives of boswellic acid or a mixture thereof comprises 3-O-acetyl-11-keto- β -boswellic acid (AKBA).
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6. The topical composition of any one of claims 1 to 5, wherein the boswellic acid, one or more derivatives of boswellic acid or a mixture thereof is 3-O-acetyl-11-keto- β -boswellic acid (AKBA).
7. The topical composition of any one of claims 1 to 6, wherein the boswellic acid, one or more derivatives of boswellic acid or a mixture thereof is obtained from or contained within a plant extract.
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8. The topical composition of claim 7 wherein the plant extract is an extract of *Boswellia serrata*.
9. The topical composition of claim 8 wherein the composition comprises *Boswellia serrata* extract.
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10. The topical composition of any one of claims 1 to 9 wherein the nanoemulsion comprising a liquid lipid core and a negative surface charge further comprises, in addition to the boswellic acid, one or more boswellic acid derivatives or a mixture thereof, at least one emulsifier, a stabilizer and at least one emollient.
- 30 11. The topical composition of claim 10 wherein the nanoemulsion comprises an emulsifier and a co-emulsifier.

12. The topical composition of claim 10 or 11 wherein the one or more emulsifier comprises glyceryl citrate/lactate/linoleate/oleate.
13. The topical composition of claim 11 or claim 12 wherein the co-emulsifier is diglyceryl monooleate.
- 5 14. The topical composition of any one of claims 10 to 13 wherein the stabilizer is pentylene glycol.
15. The topical composition of any one of claims 10 to 14 wherein the one or more emollients comprises C₁₂₋₁₅ alkyl benzoate.
16. The topical composition of any one of claims 1 to 15 further comprising one or more
10 ingredients selected from vitamins and vitamin derivatives, cosmetic peptides, plant extracts, polyphenol compounds, preservatives, emollients, humectants, rheological modifiers, surfactants, foaming agents, sunscreen agents, sensorial additives or texturizers, color pigments, natural extracts, essential oils, macro or micro capsules containing vitamins and vitamin derivatives, peptides, plant extracts, sunscreens and essential oils.
- 15 17. The topical composition of any one of claims 1 to 16 wherein the composition is formulated as a leave-on skin toner, skin serum, skin ampoule, skin lotion and cream, skin cleanser, facial and eye make-up remover, shampoo, conditioner, hair tonic, leave on hair conditioner or hair vitamin, hair styling aid, shower gel/cream, toilet bar, antiperspirant, deodorant, depilatory, all color cosmetics not limited to lipstick and foundation, sunless
20 tanner or sunscreen lotion.
18. A composition according to any one of claims 1 to 17, for use in alleviating a subclinical symptom of sensitive skin in a subject.
19. The composition of claim 18, wherein the subclinical symptom of sensitive skin in a
25 subject is selected from one or both of impaired skin barrier function and skin neuro-sensitivity.
20. The composition of any one of claims 1 to 17, for use in normalising the skin microbiome profile of a subject with sensitive skin.
21. The composition of claim 20, wherein normalizing the skin microbiome profile reduces
abundance of bacterial species belonging to the phylum Firmicutes.
- 30 22. The composition of claim 21 wherein the species of bacteria is selected from the group consisting of *Staphylococcus epidermidis*, *Staphylococcus aureus*, *Staphylococcus hominis* or *Staphylococcus capitis*.

23. The composition of any one of claims 1 to 17, for use on a subject with healthy skin without causing disruption of the skin microbiome profile.
24. A method of treating a subclinical symptom of sensitive skin in a subject, comprising applying to the skin of said subject the composition of any one of claims 1 to 17.
- 5 25. Use of the composition of any one of claims 1 to 17, in the manufacture of a medicament for treating a subclinical symptom of sensitive skin.
26. A composition of any one of claims 1 to 17 for use in treating or preventing acne or acne prone skin, oily skin, oily scalp, dry skin, dry scalp, irritated skin, irritated scalp, aged skin, aged scalp, hair loss, hair greying, hyper-pigmented skin, dandruff, atopic dermatitis or seborrheic dermatitis.
- 10 27. A method of treating or preventing acne skin or acne prone skin, oily skin, oily scalp, dry skin, dry scalp, irritated skin, irritated scalp, aged skin, aged scalp, hair loss, hair greying, hyper-pigmented skin, dandruff, atopic dermatitis or seborrheic dermatitis, comprising applying to the skin of a subject the composition of any one of claims 1 to 17.
- 15 28. Use of a composition according to any one of claims 1 to 17 in the manufacture of a medicament for treating or preventing acne or acne prone skin, oily skin, oily scalp, dry skin, dry scalp, irritated skin, irritated scalp, hair loss, hair greying, aged skin, aged scalp, hyper-pigmented skin, dandruff, atopic dermatitis or seborrheic dermatitis.