WHAT IS CLAIMED IS:

1. A dressing member for adjusting a grindstone tool in which abrasive grains are fixed, the dressing member comprising:

a plurality of ceramic particles having cavities therein; and

a bonding material that fixes the ceramic particles,

wherein the dressing member is configured such that, during dressing of the grindstone tool, the ceramic particles are ground and crushed by the grindstone tool together with the bonding material, and the ceramic particles become fragments smaller than the abrasive grains contained in the grindstone tool.

2. The dressing member according to claim 1, wherein a particle diameter of the ceramic particles is 20 to 300 μm.

3. The dressing member according to claim 1, wherein a wall thickness of the ceramic particles is 2 to 100 μm.

4. The dressing member according to claim 3, wherein a width of the cavities in the ceramic particles is 10 to 290 μm.

5. The dressing member according to any one of

claims 1 to 4, wherein a material of the ceramic particles is aluminum silicate.