## CLAIMS

1. A sacrum pressing tool comprising:

a solid pillar-like base;

a pair of protruding portions protruding in left-right symmetry from opposed side portions of the base; and

a belt configured to be fixed to a rear face of the base present opposite to the protruding portions and configured also to be wound around a human body for exerting a pressing force toward the protruding portions;

wherein a width between outer side faces of the pair of protruding portions being set smaller than a width between a pair of the superior posterior iliac spines, so that pressing faces of the pair of protruding portions press a sacrum solely.

2. The sacrum pressing tool of claim 1, wherein the pair of protruding portions are configured such that the respective outer side faces thereof comprise inclined faces which extend closer to each other as they extend away from the base.

3. The sacrum pressing tool of claim 1 or 2, wherein:

the rear face of the base is formed as a convexly curved face.

4. The sacrum pressing tool of claim 1 or 2, wherein:

a pair of outer side faces located on the opposed sides of the base are formed as tapered faces that extend closer to each other as they extend away from the protruding portions.

5. The sacrum pressing tool of any one of claims 1-4, wherein the pressing faces are formed as flat faces.

6. The sacrum pressing tool of any one of claims 1-5, further comprising a vertical extension portion that extends vertically from a top face of the base.

7. A sacrum pressing unit comprising:

a sacrum pressing tool having a pressing face for pressing the sacrum, a width between outermost lines of the pressing face being set smaller than a width between a pair of the superior posterior iliac spines; and

a lower body clothing article to which the sacrum pressing tool is fixed to an

inner side of a rear portion of the article;

wherein a fixing position of the sacrum pressing tool relative to the lower body clothing article being set so as to allow the pressing face to press the sacrum solely.

8. The sacrum pressing unit of claim 7, wherein:

the sacrum pressing unit further comprises a fastener belt that can be wound around an outer circumferential face of the lower body clothing article; and

in a rear face of the lower body clothing article at least at a position thereof where the sacrum pressing tool is to be located, there is provided a fixing portion for fixing a winding position of the fastener belt.

9. The sacrum pressing unit of claim 7 or 8, wherein the sacrum pressing tool further includes a first member fixed to the rear inner side of the lower body clothing article, a second member having the pressing face and a third member detachably connected between the first member and the second member.