CLAIMS

1. Breadcrumbs having a grain size distribution in which the proportion of a fraction of breadcrumbs that have a grain size of 2.36 mm or more is 8 to 21 mass% and the proportion of a fraction of breadcrumbs that have a grain size of 1.18 mm or less is 45 mass% or less, and having a bulk density of 270 to 600 ml/100g, and an average grain size of 100 μm to 7 mm.

2. A breadcrumb mix comprising:

the breadcrumbs as set forth in claim 1; and

at least one selected from the group consisting of a protein material and a thickener.

3. A breadcrumb powder shaker container comprising:

the breadcrumbs as set forth in claim 1 or the breadcrumb mix as set forth in claim 2; and

a shaker container that contains a breadcrumb powder to be shaken out that includes the breadcrumbs or the breadcrumb mix, the shaker container including a shake-out hole through which the breadcrumb powder is shaken out,

wherein the shake-out hole has a maximum diametric length of 10 to 55 mm.

4. A breadcrumb-coated food item in which the breadcrumbs as set forth in claim 1 or the breadcrumb mix as set forth in claim 2 is attached to the surface of a food material.