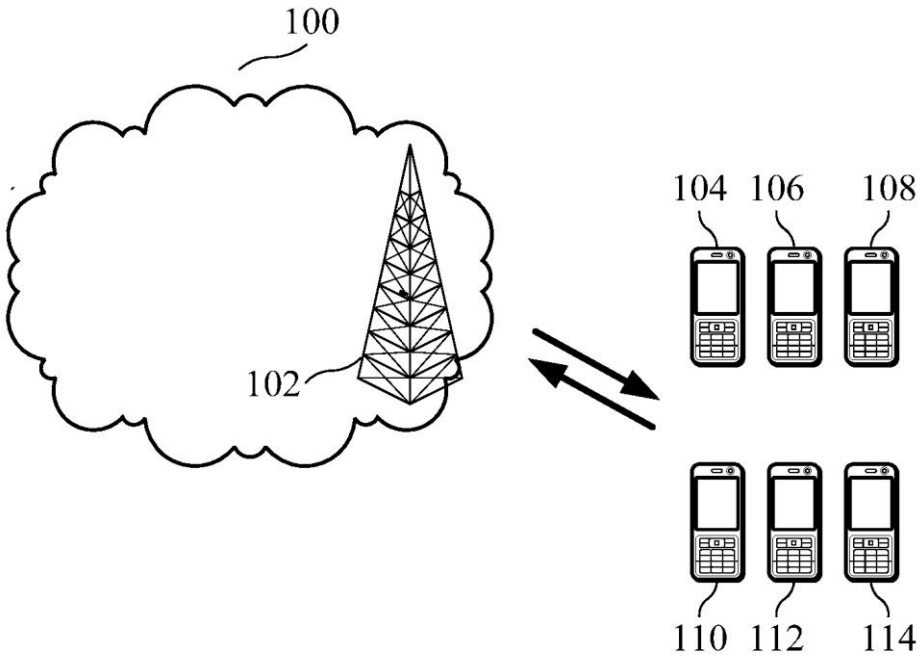
100
102
104
106
108
110
112
114

FIG. 1

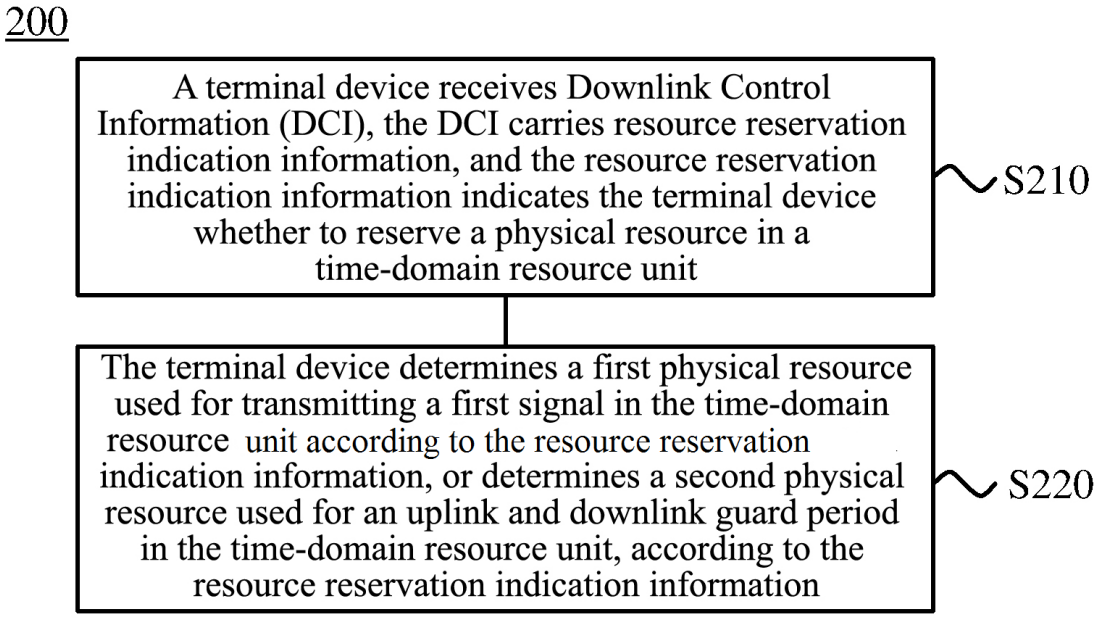
200
A terminal device receives Downlink Control Information (DCI), the DCI carries resource reservation indication information, and the resource reservation indication information indicates the terminal device whether to reserve a physical resource in a time-domain resource unit
S210
The terminal device determines a first physical resource used for transmitting a first signal in the time-domain resource unit according to the resource reservation indication information, or determines a second physical resource used for an uplink and downlink guard period in the time-domain resource unit, according to the resource reservation indication information
S220

FIG. 2