Abstract

Provided is a water absorbent. The water absorbent has continuous pores and a continuous skeleton containing a crosslinked polymer. The crosslinked polymer contains a structural unit derived from (meth)acrylic acid (salt) as a main component. In the water absorbent, a centrifuge retention capacity (CRC) is from 5 to 25 g/g; a bulk specific gravity is less than 0.3 g/ml; and a rate of neutralization of the crosslinked polymer is less than 70 mol%. The water absorbent can reduce skin roughness and the like of a user, as compared with known water absorbents and is excellent in water absorption speed and water separation percentage.

No Figure