

## **A METHOD AND KIT OF PARTS FOR DECONTAMINATING A MATTRESS OR OTHER EFFECTS**

### **TECHNICAL FIELD**

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The present invention relates to a method and kit of parts for decontaminating a mattress or other effects, and more particularly to an effective method of treating bedbug infested mattresses or other effects. These include clothing, soft furnishings, such as curtains and bedding, luggage and valuable electronic  
10 devices such as televisions, phones and computers.

### **BACKGROUND OF THE INVENTION**

There are two main species of bedbugs:

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- *Cimex lectularius* (common bed bug); and
- *Cimex hemipterus* (tropical bed bug).

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Bed bugs are parasites that preferentially feed on humans. They are a persistent pest and have developed a number of highly evolved abilities to remain close to humans.

Bed bugs were common in the UK prior to World War II, after which time widespread use of synthetic insecticides such as DDT greatly reduced their numbers. At one stage in the 1930's 25% of all homes in the UK were infested.

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In the past decade, bed bugs have begun making a comeback across the world.

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Although they are not considered to be a major pest or health hazard they can be highly unpleasant to live with and can cause a severe lack of sleep. International travel and commerce are thought to facilitate the spread because eggs, young, and adult bed bugs are readily transported in luggage, clothing, bedding, and furniture. Bed bugs can infest aircraft, ships, trains, and buses. Bed bugs are most frequently found in dwellings with a high rate of occupant turnover, such as hotels, motels, hostels, dormitories, shelters, apartment complexes, tenements, and prisons. Adult bed bugs are brown to reddish-brown, oval-shaped, flattened,

and about 0.4cm to 0.45cm long. Their flat shape enables them to readily hide in cracks and crevices.

Female bed bugs lay from one to twelve eggs per day, which are deposited on rough surfaces or in cracks and crevices. The eggs are coated with a sticky  
5 substance so they adhere to the substrate. Eggs hatch in around 10 days, and nymphs can immediately begin to feed. They require a blood meal in order to moult and develop into the next stage. Bed bugs reach maturity after five moults. Developmental time (egg to adult) is affected by temperature and takes about 21 days at 30 °C to 120 days at 18 °C. The nymphal period is greatly prolonged when  
10 food is scarce. The adults' lifespan may be as much as 12-18 months and they are known to be able to survive for 12 months between feeds.

Bed bugs are fast moving insects that are nocturnal blood-feeders using a barbed spike to penetrate the skin by repeatedly hammering at the surface. Nymphs may become engorged with blood within three minutes, whereas a full-  
15 grown bed bug usually feeds for ten to fifteen minutes. They then crawl away to a hiding place to digest the meal. A full meal may take 3 or 4 days to digest.

Bed bugs hide during the day in dark protected sites; they prefer fabric, wood, and paper surfaces. They usually occur in fairly close proximity to the host, although they can travel relatively large distances. Bed bugs initially can be found  
20 in seams, and folds of mattresses, later spreading to crevices in the bedstead.

When infestations are found, hotel rooms in particular may undergo chemical treatments, but not all treatments are effective at killing all forms of the insect, namely: eggs, larvae and adults. As a consequence many of the upmarket hotels  
25 take the view that the mattress and soft furnishings should be destroyed. As the mattress is often the most expensive item this is a costly and wasteful exercise.

It is an object of the present invention to provide a relatively cheap and effective method for treating mattresses or other effects to decontaminate them after they  
30 have been the subject of an insect infestation, particularly one involving bed bugs.

US 2009/0068071 discloses an apparatus and method for sterilizing, disinfecting, and preserving objects by utilizing both electromagnetic radiation to kill anaerobic pathogens and oxygen depletion to kill aerobic pathogens. The device used comprises a canister constructed in order to achieve and maintain a vacuum into which the target object is placed. Airtight valves in the apparatus allow air to be evacuated and nitrogen to be pumped in.

The applicant is however unaware of any research into the killing of bed bugs using oxygen depletion.

## **PRESENT INVENTION**

According to a first aspect of the present invention there is provided a method for decontaminating a mattress or other effect of bed bugs comprising the steps of:

- Placing the mattress or other effect in a hermetically sealable container of a size and shape commensurate with that of the mattress or other effect;
- Inserting an appropriate quantity of an oxygen scavenger into the container;
- Hermetically sealing the container so as to prevent ingress of oxygen; and
- Leaving it for a time sufficient for the oxygen levels to be depleted to less than 0.2% and the bed bugs and their eggs and larvae to be destroyed.

Preferably the oxygen scavenger is provided in a pack comprising a permeable or semi permeable membrane (thereby containing it) which is wrapped in an air tight protective packaging. It can be activated by removing the air tight protective packaging whereupon it can be placed in the container along with the mattress and the container sealed.

In one embodiment the oxygen scavenger is a ferrous scavenger although the skilled person will readily recognise that other oxygen scavengers may be used.

An exemplary scavenger (and pack) is one provided by SJC Corp, Korea as described in Example 1.

This sachet formulation of the pack of Example 1 was however specifically developed by the manufacturer as a hand warmer and is provided in a pack size of 34g.

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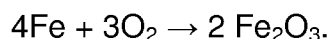
The pack contains a mixture of iron dust, activated charcoal powder, cellulose, zeolite, sodium chloride and moisture (bound). This is packaged in a semi-permeable 80mm x 50mm x 10mm sachet. The sachet is packed in a slightly larger outer sachet which is fabricated from a hermetically sealed oxygen barrier film. The pad automatically activates once the outer sachet is opened as atmospheric oxygen enters the sachet through the semi permeable membrane and reacts with the virgin iron dust which has been excluded from contact with air since its manufacture.

15 The oxygen oxidises the iron and the process is exothermic thereby generating heat. The sodium chloride acts as a catalyst. Once the reaction starts, heat is generated and the reaction continues until all the iron is converted. Under normal circumstances, the reaction of the unpackaged formulation is quite fast and high temperatures can be achieved in a short time. However the inclusion of other materials such as charcoal and zeolite controls and slows the rate of reaction.

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Packaging the mixture in a semi-permeable sachet further controls the reaction rate, by slowing the ingress of oxygen.

The reaction is:



30 In separate reactions, some water is also released, due to bound water evaporating from some of the other components present which include cellulose, zeolite and sodium chloride. The heat and moisture generated additionally serve to draw the bed buds from their hiding places in the mattress or the other effect.

The amount of scavenger required will depend on the effect being treated. For many applications larger pack sizes are required and, for a King Size mattress (and depending on the scavenger used) as much as 3Kg of scavenger material  
5 may be required.

It may be appropriate to provide a plurality of smaller packs, which can be positioned in different parts of the container, e.g. for a King size mattress three 500g packs may be positioned along the length of the mattress (top, middle, and  
10 bottom) on both sides.

The container (usually a flexible bag) may be adapted, by for example, the inclusion of pouches, to facilitate the positioning of packs evenly throughout the container.

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In a preferred embodiment the container is produced "in situ" from, for example a flexible material such as laminated sheet or film. A preferred material is a laminated aluminum film or bag which can be heat and hermetically sealed around its edges. The scavenger packs can, for example, be positioned, or stuck  
20 with tape onto the sheet and the mattress or other effect to be treated positioned over it, and the sheet folded over the mattress or other effect before its two edges and top are sealed.

According to a second aspect of the present invention there is a kit of parts for  
25 use in decontaminating a mattress or other effect comprising:

- a sealable container, or a sheet like material for forming a container, of a size and shape commensurate with that of the mattress or other effect;  
and
- one or a plurality of oxygen scavenger packs.

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The kit may additionally comprise one or more of an instruction sheet, a heat sealer, an oxygen monitor and labels. A transit bag may also be provided.

The various aspects of the invention will be described further, by way of example, with reference to the following figures in which:

Fig 1 is a diagrammatic representation of a mattress sealed in a container  
5 with a plurality of oxygen scavenger packs;

Fig 2 is a graph showing the temperature and relative humidity profile during treatment of a mattress inside the bag; and

Fig 3 is a graph showing the temperature and relative humidity profile generated from the used activators after they are taken from the bag (10 days  
10 later).

## DETAILED DESCRIPTION

Referring to Fig 1, there is illustrated a container (10) of the type used in the  
15 method of the invention. The container is made of a flexible laminated aluminium sheet (12) or any other suitable oxygen impermeable material and can be manufacture "in situ" so as to snugly surround a mattress (14) or other effect (hereafter mattress) which is to be decontaminated. By forming the container snugly around the mattress the amount of oxygen present in the container is  
20 minimised. The use of a flexible material is also beneficial in this regard. Additionally air can be drawn from the container as it is formed using e.g. a vacuum pump.

To manufacture the container in situ a suitable sized sheet is utilized. A plurality  
25 of oxygen scavenging packs (16a; 16b) may be opened, to activate them, and placed on the sheet. The mattress may then be placed on the sheet over the oxygen scavenging packs (16a) and further oxygen scavenging packs (16b) placed on the top of the mattress. The sheet is then folded over the mattress along bottom edge (18) and the container is then hermetically sealed using a  
30 heat sealer along edges (20), (22a, 22b) (shown unsealed) and top edge (24).

Of course it is possible to use an open bag like container such that only a top edge need be sealed.

The oxygen scavenger pack or packs (16) are much simpler to use than methods which might flush out oxygen using an inert gas such as nitrogen and avoid issues which can arise because of the restrictions of diffusion and interstitial oxygen.

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For the method to work, sufficient oxygen scavenging material must be present. Using a ferrous oxygen scavenger, as described in Example 1 below, it has been found that about 3Kg of materials are required to remove the oxygen to effective insecticidal levels (below about 0.2% oxygen). By using a plurality of packs the available surface area is increased which, together with their placement throughout the container, improves efficiency.

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**Example 1– (Scavenger pack – 3Kg for a King sized bed)**

|    |                  |     |
|----|------------------|-----|
| 15 | Iron powder      | 50% |
|    | Activated Carbon | 25% |
|    | Sodium Chloride  | 5%  |
|    | Water            | 20% |

20 The applicant has found that using scavenger packs of the material indicated, at the quantities indicated, oxygen levels are reduced to below 0.2% in around 3 days and that by keeping the mattresses sealed in the containers for a period of at least 10 days and preferably a few weeks, depending on temperature, will kill all forms of bed bugs.

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The actual period will depend on temperature and thus at about 20°C a period of about 10 days is required whereas at 15°C a much longer period of 30 days has been found necessary. Much below this temperature the process is ineffective.

30 The methodology and kit described simplify use of a methodology (removal of oxygen) which has to date only been used in limited situations, such as in the food industry.

Once treated the effects can be cleaned or vacuumed to remove dead insects.

## **Example 2 - Use of Anoxia to control the common bedbug *Cimex lectularius*.**

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In this example the effect of anoxia on bed bugs was determined.

### **1. Objective**

The laboratory trial was carried out to determine the effect of Anoxia on common bedbug - *Cimex lectularius*.

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### **2. Methodology adopted**

A king sized FlexiBag (8 x 8 ft) was placed in an area which was free from sharp projections. A large mattress (Sleepwell® 6 1/2 X 3 1/2 x 1/2 ft) made out of coir and sponge had four slits made into the fabric, at four locations (corners). Four Cardboard boxes (12 x 12x 12 cm) were infested with bedbugs @ 40 bugs per box including eggs, different instars of nymphs and adults. Then, these infested boxes were introduced deep inside the mattress at each of the four openings. Three packs of activators were placed on the mattress, each 1 meter apart. The mattress and activator was introduced into the FlexiBag. The probe of an Oxygen meter and a Tinytag meter were placed on top of the mattress. Finally, the bag was sealed carefully with the hand held sealer.

The time, ambient temperature, and relative humidity were recorded. The oxygen readings were recorded every 4 hours during day time (only between 9.00 to 17.00 hrs) on a daily basis.

After 10 days, the FlexiBag was opened and the mattress was removed. The bedbugs were extracted and the survival recorded.

### **Results**

Table 1 shows the total mortality of bedbugs including eggs, different nymphal instars and adults in all the four cardboard boxes, after a 10 day exposure period.

Table I: Effect of Anoxia on Common bedbug, *Cimex lectularius*, under laboratory conditions

| Card board boxes   | Number & stages of bedbugs released |                              |        |        |       | Number & stages of bedbugs dead |                              |        |        |       |
|--------------------|-------------------------------------|------------------------------|--------|--------|-------|---------------------------------|------------------------------|--------|--------|-------|
|                    | Eggs                                | Nymphs<br>(different stages) | Adults |        | Total | Eggs                            | Nymphs<br>(different stages) | Adults |        | Total |
|                    |                                     |                              | Male   | Female |       |                                 |                              | Male   | Female |       |
| Box 1              | 5                                   | 25                           | 5      | 5      | 40    | # 0                             | 25                           | 5      | 5      | 40    |
| Box 2              | 5                                   | 25                           | 5      | 5      | 40    | # 0                             | 25                           | 5      | 5      | 40    |
| Box 3              | 5                                   | 25                           | 5      | 5      | 40    | 3                               | 25                           | 5      | 5      | 40    |
| Box 4              | 5                                   | 25                           | 5      | 5      | 40    | 4                               | 25                           | 5      | 5      | 40    |
| * Box 5<br>Control | 5                                   | 25                           | 5      | 5      | 40    | 0                               | 5 (4 of them were first      | 0      | 0      | 5     |

5 \* Control box kept in the same lab where trial was conducted

# All the eggs were hatched, but, none of the hatched ones survived

Note: All the eggs in the control were hatched and young ones are normal

Table 2 shows oxygen depletion with time.

Table 2: Observations on rate of Oxygen depletion across the time line

| Date     | Hours/ Days after activation | % Oxygen inside the bag (reading from Oxygen Analyzer) | % Oxygen depletion across the time line |
|----------|------------------------------|--------------------------------------------------------|-----------------------------------------|
| 20/01/10 | Initial reading              | 20.9                                                   | -                                       |
|          | within 2 min                 | 17.1                                                   | 18.18                                   |
| 21/01/10 | After 4 hrs                  | 12.7                                                   | 39.23                                   |
|          | After 8 hrs                  | 6.4                                                    | 69.37                                   |
|          | After 12 hrs                 | 3.9                                                    | 81.33                                   |
|          | After 16 hrs                 | 2.5                                                    | 88.03                                   |
|          | After 20 hrs                 | 1.7                                                    | 91.86                                   |

|          |         |     |       |
|----------|---------|-----|-------|
| 22/01/10 | 2 days  | 0.8 | 96.17 |
|          |         | 0.8 | 96.17 |
|          |         | 0.8 | 96.17 |
| 23/01/10 | 3 days  | 0.3 | 98.56 |
|          |         | 0.1 | 99.52 |
|          |         | 0.1 | 99.52 |
| 24/01/10 | 4 days  | 0.1 | 99.52 |
|          |         | 0.1 | 99.52 |
|          |         | 0.1 | 99.52 |
| 25/01/10 | 5 days  | 0.1 | 99.52 |
|          |         | 0.1 | 99.52 |
|          |         | 0.1 | 99.52 |
| 26/01/10 | 6 days  | 0.1 | 99.52 |
|          |         | 0.1 | 99.52 |
|          |         | 0.1 | 99.52 |
| 27/01/10 | 7 days  | 0.1 | 99.52 |
|          |         | 0.1 | 99.52 |
|          |         | 0.1 | 99.52 |
| 28/01/10 | 8 days  | 0.1 | 99.52 |
|          |         | 0.1 | 99.52 |
|          |         | 0.1 | 99.52 |
| 29/01/10 | 9 days  | 0.1 | 99.52 |
|          |         | 0.1 | 99.52 |
|          |         | 0.1 | 99.52 |
| 30/01/10 | 10 days | 0.1 | 99.52 |
|          |         | 0.1 | 99.52 |
|          |         | 0.1 | 99.52 |

Further observations on the temperature and relative humidity generated by the oxygen scavengers, were made.

Figure 2 shows the temperature/relative humidity profile inside the bag. It shows the generation of heat and humidity on activation but as the oxygen is depleted these drop.

Figure 3 shows how the temperature and relative humidity generated by the activators after they were removed from the bag. It demonstrates an “excess” of activators were used.

## CLAIMS

1. A method for decontaminating a mattress (14) or other effect of bed bugs comprising the steps of:
  - Placing the mattress or other effect in a hermetically sealable container (10) of a size and shape commensurate with that of the mattress or other effect;
  - Inserting an appropriate quantity of an oxygen scavenger (16) which in addition to utilizing oxygen on activation, generates heat and moisture into the container;
  - Hermetically sealing the container so as to prevent ingress of oxygen; and
  - Leaving it for a time sufficient for the oxygen levels to be depleted to less than 0.2% and the bed bugs and their eggs and larvae to be destroyed.
2. A method for decontaminating a mattress as claimed in claim 1 wherein the oxygen scavenger is provided in a pack.
3. A method for decontaminating a mattress as claimed in claim 2 wherein a plurality of packs are placed in the container.
4. A method as claimed in any of the preceding claims wherein the oxygen scavenger comprises a ferrous material.
5. A method as claimed in any of the preceding claims wherein the container comprises a flexible material (12).
6. A method as claimed in claim 5 wherein the material is a laminated sheet material.
7. A method as claimed in claim 6 which is laminated aluminium.
8. A method as claimed in any of the preceding claims wherein the container is hermetically sealed using a heat sealing method.
9. A kit of parts for use in decontaminating a mattress (14) or other effect comprising:

a sealable container (10), or a sheet like material (12) for forming a container, of a size and shape commensurate with that of the mattress or other effect; and

one or a plurality of oxygen scavenger packs (16)

characterized in that, which in addition to utilizing oxygen on activation, generates heat and moisture.

10. A kit as claimed in claim 9 further comprising one or more of an instruction sheet, a heat sealer and a label.