WHAT IS CLAIMED IS:

1. An apparatus comprising:

a pusher having a distal end;

a needle having a distal portion, the needle slidably disposed within the pusher with the distal portion of the needle extending from the distal end of the pusher; and

a suture having

first and second coils, each coil being formed of multiple turns about an exterior of the needle, a distal end of the first coil being coupled to a proximal end of the second coil by a portion of the suture being routed internally through the first and second coils;

a first loop forming segment having a first end and a second end, the first end being coupled to a proximal end of the first coil, the first loop forming segment being routed proximally external to the second coil towards the proximal end of the second coil, and distally internal to the second coil to the distal end of the second coil;

a second loop forming segment having a first end and a second end, the first end being coupled to a distal end of the second coil, the second loop forming segment being routed distally external to the first coil to the distal end of the first coil, and proximally internal to the first coil to the proximal end of the first coil;

a first loop having a first end and a second end, the first end being coupled to the second end of the first loop forming segment, the first loop being routed proximally along the exterior of the second coil to the proximal end of the second coil, distally through the proximal end of the second coil, distally internal to the second coil, and out a portion of the second coil between the distal end and the proximal end of the second coil ;

a second loop having a first end and a second end, the first end being coupled to the second end of the second loop forming segment, the second loop being routed distally along the exterior of the first coil to the distal end of the first coil, proximally through

the distal end of the first coil, proximally internal to the first coil, and out a portion of the first coil between the distal end and the proximal end of the first coil;

the second end of the first loop and the second end of the second loop being crossed with each other;

the second end of the first loop being routed through the second loop; and

the second end of the second loop being routed through the first loop.

2. The apparatus of claim 1, wherein the suture is configured for the first coil and the second coil to be formed into a flattened loop by withdrawing the needle proximally through the first coil and the second coil such that the pusher separates the first coil and the second coil from the needle.

3. The apparatus of claim 2, wherein the apparatus is further configured to form the flattened loop by withdrawing the second end of the second loop relative to the distal end of the pusher to draw the second end of the second loop forming segment proximally from the proximal end of the first coil to deflect the distal end of the first coil laterally with respect to the proximal end of the first coil and to draw the proximal end and the distal end of the first coil towards each other to form a portion of the flattened loop.

4. The apparatus of claim 3, wherein the apparatus is further configured to form the flattened loop by withdrawing the second end of the first loop relative to the distal end of the pusher to draw the second end of the first loop forming segment proximally from the proximal end of the second coil to deflect the distal end of the second coil laterally with respect to the proximal end of the second coil and to draw the proximal end and the distal end of the second coil towards each other to form a portion of the flattened loop.

5. The apparatus of any of claims 1–4, wherein the needle defines an interior lumen and a distal portion of the needle includes a slot in communication with the lumen.

6. A method for manufacturing a suture with a distal anchor, the method comprising:

forming first and second coils on a distal portion of a needle, each coil being formed of multiple turns of the suture about an exterior of the needle, a distal end of

the first coil being coupled to a proximal end of the second coil by a portion of the suture being routed internally through the first and second coils;

forming a first loop forming segment having a first end and a second end, the first end being coupled to a proximal end of the first coil, the first loop forming segment being formed by being routed proximally from the proximal end of the first coil, external to the first coil and the second coil, towards the proximal end of the second coil and extending distally through the interior of the second coil to the distal end of the second coil;

forming a second loop forming segment having a first end and a second end, the first end being coupled to a distal end of the second coil, the second loop forming segment being formed by being routed distally from the distal end of the second coil, external to the first coil and the second coil, towards the distal end of the first coil and extending proximally through the interior of the first coil to the proximal end of the first coil;

forming a first loop having a first end and a second end, the first end being coupled to the second end of the first loop forming segment, the first loop being formed by being routed proximally along the exterior of the second coil to the proximal end of the second coil, and then distally and internally through the proximal end of the second coil and out a portion of the second coil between the distal end and the proximal end of the second coil;

forming a second loop having a first end and a second end, the first end being coupled to the second end of the second loop forming segment, the second loop being formed by being routed distally along the exterior of the first coil to the distal end of the first coil, and then proximally and internally through the distal end of the first coil and out a portion of the first coil between the distal end and the proximal end of the first coil;

crossing the second end of the first loop and the second end of the second loop with each other;

routing the second end of the second loop through the first loop; and

routing the second end of the first loop through the second loop.

7. The method of claim 6 further comprising shortening the first loop forming segment and the second loop forming segment by pulling the second end of the first loop and the second end of the second loop.

8. The method of any of claims 6–7 further comprising shortening the first loop and the second loop by pulling the second end of the first loop and the second end of the second loop.

9. The method of any of claims 6–8, wherein forming the first coil and the second coil comprises rotating the needle such that portions of the suture form multiple turns about the exterior of the needle.

10. The method of any of claims 6–9 further comprising disposing knot rings about the suture and the needle to secure the suture to the needle.

11. The method of claim 10 further comprising removing the knot rings after forming the first loop forming segment and the second loop forming segment.

12. The method of any of claims 6–11, wherein the needle defines an interior lumen and a distal portion of the needle includes a slot in communication with the lumen.

13. The method of claim 12 further comprising routing proximally the second end to the first loop and the second end to the second loop into a distal end of the interior lumen of the needle.

14. The method of any of claims 12–13, wherein routing the first loop forming segment through the interior of the second coil includes routing the first loop forming segment within the slot of the needle.

15. The method of any of claims 12–14, wherein routing the second loop forming segment through the interior of the first coil includes routing the second loop forming segment within the slot of the needle.

16. The method of any of claims 12–15, wherein routing the second end of the first loop through the second loop includes routing the second end of the first loop into the slot of the needle.

17. The method of any of claims 12–16, wherein routing the second end of the second loop through the first loop includes routing the second end of the second loop into the slot of the needle.