

ABSTRACT

Embodiments of this application provide a sensing method and an apparatus, to implement sensing through frequency stitching. A second device sends a first message, and a first device receives the first message. The first message includes first information, the first information
5 indicates a feedback policy for a sensing result corresponding to a plurality of frequency bands, and the plurality of frequency bands are used for frequency stitching. The first device sends a second message to the second device based on the first message. The second message includes a sensing result corresponding to at least one of the plurality of frequency bands. In this solution, reliability of implementing sensing through frequency stitching can be improved, and sensing
10 performance of a UWB system can be improved.