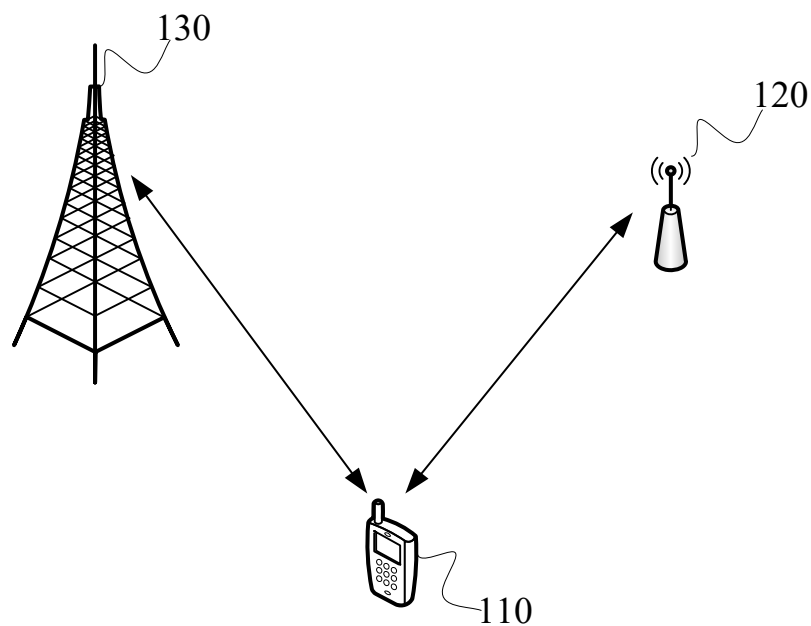
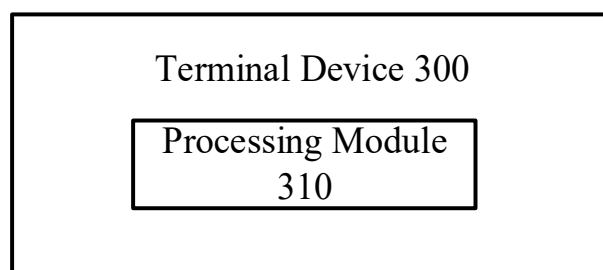
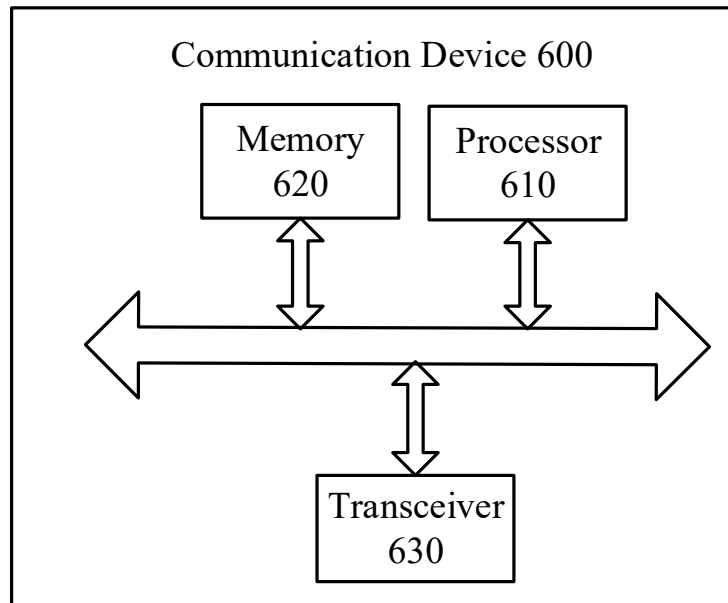
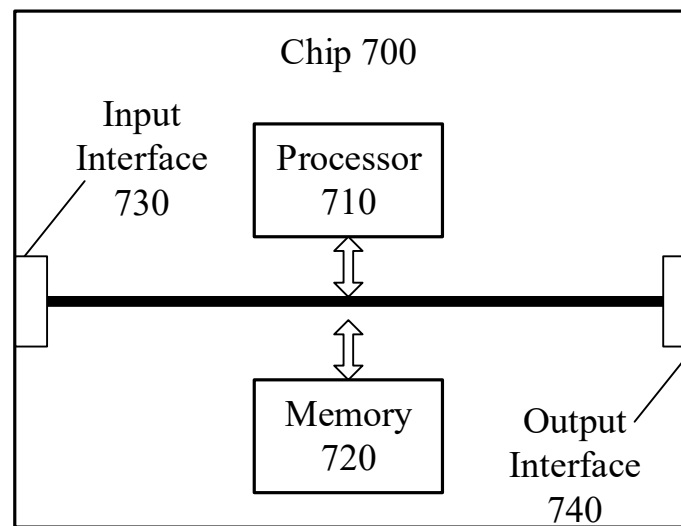


**FIG. 1**200

If the uplink duty ratio of a second network is greater than the maximum uplink duty ratio of the second network, the terminal device reduces the total transmit power of a first network and the second network, and/or the uplink duty ratio of the second network, so that the electromagnetic wave specific adsorption rate (SAR) of the terminal device is less than or equal to a preset value

S210

FIG. 2**FIG. 3**

**FIG. 4****FIG. 5**